



DIRECTLY OBSERVED THERAPY

TB germs are strong, so the TB pills take a long time to work. We know it can be hard to take so many pills each day for many months, so we are here to help you through your treatment.

A Bergen County Health Worker will bring your pills to you each day, Monday through Friday. They will ask you how you are feeling and watch you take your pills. This is called "Directly Observed Therapy," On Fridays they will give you extra TB pills for the weekend.

The Health Worker can also help you contact your nurse case manager if you have questions.