

Bergen County Parks Guide

BERGEN COUNTY DEPARTMENT OF PARKS Bergen County Division of Parks & Recreation Bergen County Division of Cultural & Historical Affairs Bergen County Division of Golf

COUNTY OF BERGEN Parks Guide



James J. Tedesco, III County Executive

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Editor Derek Sands

Art Director Touray Holland

Maps/CAD Tom LoPiccolo and Sean Zhang

> Photography Carmen Baca Pete Both Janet Strom Derek Sands Donna Brennan

FRONT COVER:

First opened on August 1, 1963, the Bergen County Railroad is a miniature railroad replica of an 1866 locomotive. The train ride circles the Bergen County Zoo in Van Saun County Park. It is widely known as one of the Bergen County Parks system's most popular attractions. Hours of operation are from 10am to 5pm Sunday-Saturday with the exception of Monday. Tickets for the train ride are \$1.50 per person. For more information please call 201-262-3771.



Dear Residents,

Bergen County is home to one of the most beautiful park systems in the state, region and country. Whether you enjoy hiking, golf, horseback riding, camping, skiing, softball, picnicking or any of the many other activities available in our parks, there are countless opportunities for you and your family to enjoy our 9,000 acres of grounds.

Some of the features of the Bergen County Parks System include nine historic sites, an environmental center, five golf courses, and a nationally accredited zoo. There are also numerous locations available for those seeking the peace and quiet of solitude.

I welcome you to our parks and encourage you to enjoy the many festivities we have available for you and your family. For more information on our parks, please feel free to call 201.336.PARK (7275) or visit our website at www.co.bergen.nj.us.

Sincerely, James J. Tedesco, III COUNTY EXECUTIVE

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DEPARTMENT OF PARKS

DIVISION OF PARKS AND RECREATION James G. Koth, Director Ron Subramaniam, Assistant Director

DIVISION OF CULTURAL AND HISTORIC AFFAIRS Cynthia L. Forster, Director

> **DIVISION OF GOLF Tom McGovern,** *Director*

This guide created in cooperation with the Bergen County Department of Health Services

->-> Our Mission

The Bergen County Parks Department is dedicated to providing recreational opportunities for all, preserving open space, enhancing environmental health and protecting significant cultural and historic sites for current and future generations.

General Information Quick Reference for County Parks

Most parks open at 10am and close ½ hour after sunset.

Exceptions are made for facilities with lighting. Information about hours, rates, directions, schedule of events and permits may be obtained from the Bergen County Department of Parks by calling 201-336-7275, or visiting our website www.co.bergen.nj.us/parks.

Bergen County Parks Card

Do you swim, ski or use the archery range? Then the Bergen County Parks Card might be for you! Registering for a "Parks Card" will give you discounts at the Darlington County Park Lake, the Darlington Archery Range, and lift tickets for Campgaw Mountain. The "Parks Card" costs \$12 per year, and must be renewed annually. For more information call (201) 327-3500.

Bergen County Golf ID Card

The Bergen County Division of Golf offers a "County Golf ID Card" which will allow you to play at any of our five courses for a discounted rate.

- Adult Resident \$40
- Senior Resident \$25
- Junior Resident \$25
- Non-Resident \$60

New registrations must be done in person at the Division of Golf office, located on the 4th Floor of One Bergen County Plaza, Hackensack. However, you can find the application for the "County Golf ID Card" at www.golfbergencounty.com. For questions, please call the Division of Golf at 201-336-7259.

Permitting

Permits are required for many activities in the County Parks System. Examples include:

- Filming in the park
- Hosting a large picnic
- Reserving an athletic field
- Renting our showmobile (mobile stage)
- Holding a special event
- The boat launch in Overpeck County Park and Riverside County Park
- Model boating
- Flying model planes

These applications are available online on the County website at www.co.bergen.nj.us/Parks. Applications should be emailed to Parkpermits@co.bergen.nj.us or submitted in person at One Bergen County Plaza. Please note that certificates of insurance may also be required for certain permits. For additional information, please contact the Permit Hotline at 201-336-7261.

Hosting a special event

Nearly every weekend, Bergen County Parks host special events both large and small. These include but are not limited to cultural fairs, 5K walks, musical entertainment, car shows, athletic tournaments, and seasonal festivals.

If interested in hosting a special event, please visit the county website at www.co.bergen.nj.us/parks and download the Special Events Application found under the Permits & Fees section. Read through the application to determine the scope of your event request and then inquire with the parks permits department by phone at 201-336-7261 or by email at parkpermits@co.bergen.nj.us. Given that no two events are alike, pricing varies depending on the scale of your request.



How to reserve an athletic field?

Do you coach baseball, soccer, or another youth sport? Have your practices and games here in a Bergen County Park!

A Field Permit is required to reserve an athletic field in any county park. Applications are available online at www.co.bergen.nj.us/parks. To submit an application mail or drop off two separate checks (permit fee and security deposit) and a Waiver of Liability and Hold Harmless Agreement in person at:

Department of Parks One Bergen County Plaza Hackensack, NJ 07601 Attn: Office of Permits and Special Events

The designated time slots for field use are:

- 8:30am-11:30am
- 12:00pm-3:00pm
- 3:30pm-6:30pm
- 7:00pm-10:00pm*

*Only the specialty fields have this time slot since they are the only fields with lights.

Please note that the Bergen County Department of Parks reserves the right to prioritize the distribution of permits in the event of a scheduling conflict.

Activities

Camping

Bergen County offers two unique locations to go camping - the Campgaw Mountain Reservation and Camp Glen Gray.

Campgaw Mountain is the ideal location for families and small groups. To camp at the Campgaw Mountain Reservation you must have a permit which is available at Darlington County Park Monday to Friday, 9am-4pm. The permit costs \$10 per night, per site. Each site allows up to six people. Camp Glen Gray is an independently managed camping destination located on county land in Mahwah. An overnight weekend only (Friday night to Sunday morning) facility, reservations for Camp Glen Gray can be made online at www.glengray.org or by phone at 201-327-7234. Campsites and cabins are both available to rent. For pricing and more information, please visit www.glengray.org.

Fishing

Fishing is permitted at designated ponds, lakes, and streams in the Bergen County Parks System. The following parks have at least one site for fishing: Campgaw Mountain, Ramapo Reservation, Dahnert's Lake, Baylor Massacre Burial Site, Pascack Brook County Park, Darlington County Park, Camp Glen Gray, Overpeck County Park, and Saddle River County Park.

The State of New Jersey requires anyone age 16 and older to have a valid license to fish at fresh water locations with a handline, rod and line, or longbow and arrow. Fishing licenses must be worn in a conspicuous place on the outer clothing while engaged in fishing and must be exhibited to law enforcement personnel on request.

Model Boating

Radio controlled Model Boating is allowing in designated areas of the Bergen County Parks System with the proper county issued permit. Currently there are six locations that allow Model Boats: Dahnert's Lake (Garfield), Van Saun County Park, Saddle River County Park, Wood Dale County Park, Pascack Brook County Park, Overpeck County Park (Palisades Park section).

To obtain a Model Boating Permit, please visit the county website at www.co.bergen.nj.us/parks and download the Model Boat Application found under the Permits & Fees section. New permits cost \$50 for Bergen County residents and \$100 for non-residents. Fill out the form and submit with a certificate of insurance by email at parkpermits@ co.bergen.nj.us or in person at One Bergen County Plaza.



Model Boating (cont.)

Fueled water crafts are not allowed and their use may result in the termination of a Model Boat Permit.

Model Planes

Flying model airplanes is permitted in the Bergen County Aerodrome located in the Henry Hoebel area of Overpeck County Park. Only electric planes are allowed and pilots must have a valid Academy of Model Aeronautics license and a Model Plane permit from the Bergen County Parks Department. To obtain a permit, please visit www. co.bergen.nj.us/parks.

Horseback Riding

Interested in learning how to ride or honing your equestrian skills? The Bergen County Parks System is home to both the Bergen Equestrian Center and the Saddle Ridge Riding Center. For more information please visit page 22 for the Bergen Equestrian Center and page 68 for the Saddle Ridge Riding Center.

Group Picnics

A Picnic Permit is required for group picnics of 10 or more people in any county park. The Picnic Permit Application may be obtained online at www.co.bergen.nj.us/parks under the Permits & Fees section. Forms may be submitted by email at parkpermits@co.bergen.nj.us or in person. Picnic fees vary based on size of the party and county residency status. For a full breakdown of pricing, please visit the county website or call the Permit Hotline at 201-336-7261. Payment must be mailed or submitted in person.

Please note, applications may take up to three weeks to process so be sure to plan accordingly. Also remember that groups of 100 or more must also submit a certificate of insurance.

Rowing

The Bergen County Parks System has two rowing launch locations for crew team use in Overpeck County Park and Riverside County Park. The Overpeck County Park launch is located on Overpeck Creek and the Riverside County Park launch is located on the Passaic River. If you are interested in learning how to row, please check out the county's two rowing partners, the Bergen County Rowing Academy on page 27 and the Passaic River Rowing Association on page 74.

If your organization is interested in reserving the rowing launch, please visit www.co.bergen.nj.us/parks and download the Rowing Application found under the Fees and Permits section. Fill out the form and email to parkpermits@co.bergen.nj.us. Then submit certificate of insurance, application (if not emailed), and a check made out to "Bergen County Department of Parks" to:

Department of Parks One Bergen County Plaza Hackensack, NJ 07601 Attn: Office of Permits and Special Events

Bring your dog to the park!

Bergen County Parks are the perfect place to bring your furry companion! Currently there are six Off-The-Leash Dog Parks located in every corner of Bergen County. We encourage you to explore them all:

- Overpeck County Park Henry Hoebel area
- Riverside County Park North Arlington area
- Saddle River County Park Wild Duck Pond area
- Van Saun County Park
- Wood Dale County Park
- Samuel Nelkin County Park

Please remember to follow posted signage.

Winter Activities

Bergen County Parks are year round destinations. Bergen County is home to the ski slope Campgaw Mountain which offers five trails at a 276-foot drop and a tubing run (please turn to page 61 for more information). Better on flat terrain? The Ramapo Reservation is a popular spot for Cross-County Skiing.



Winter Activities (cont.)

After any given snowfall, several Bergen County Parks become sledding hotspots. When it is cold enough for the ponds to freeze over, winter enthusiasts can break out their ice skates at Samuel Nelkin County Park and the Ridgewood Wild Duck Pond and Glen Rock areas of Saddle River County Park, when the conditions are just right.

Also, Bergen County is proud to announce that Van Saun County Park will be the site of the first ever "Bergen County Winter Wonderland" festival in 2016. Visit Van Saun County Park this December through mid-January for holiday activities including ice-skating, holiday concerts, a tree-lighting, Santa's Workshop, and a ride on the Bergen County Winter Express!

Hiking

It's amazing that just 30 miles from Manhattan a hiker can hike into areas of our Parks system that are quite remote. If you are a novice hiker stick with easier hikes of a few hours. More experienced hikers may want to pursue longer hikes so please remember that a park permit is required for overnight camping. All hikers should let a friend or family member know where they are going and when they expect to return.

Hiking essentials: Comfortable hiking shoes or boots, dress for the weather- include a jacket/rain gear, Trail map, flashlight or headlamp, food, water, first aid kit, sun protection, insect repellent, space blanket, and a whistle to alert rangers to your location if you become lost or disoriented.

Safety Precautions

Park-goers can rest assured that Bergen County Parks are routinely patrolled by security officers and animal control officers. For life threatening emergencies, please dial 911. If you witness unlawful or unsafe activities, please call Bergen County Security at 201-336-2831.

Do not feed or approach wildlife or unfamiliar domesticated animals like dogs or cats.

If you see an animal behaving strangely or aggressively, calmly move to a safe location and alert park staff. If you are scratched or bitten, alert park staff and contact a healthcare provider immediately.

Avoid insect borne diseases like West Nile and Chikungunya by wearing insect repellent and avoid damp or boggy areas. When hiking and camping wear pants, longer socks and long sleeves as a precaution against deer ticks which can carry Lyme's disease. Check pets regularly for ticks.

Important Phone Numbers and Links

Bergen County Parks Department Numbers

Bergen County Parks Department: 201-336-7275 Division of Historic & Cultural Affairs: 201-336-7267 Division of Golf: 201-336-7259 Park Permitting Office: 201-336-7261 Bergen County Zoo: 201-262-3771 McFaul Environmental Center: 201-891-5571 Darlington County Park: 201-327-3500

Golf Phone Numbers

Golf Course Information Line: 201-336-7280 Tee Time Hotline: 201-336-7277 Darlington Golf Course: 201-327-8778 Orchard Hills Golf Course: 201-447-3782 Overpeck Golf Course: 201-837-3029 Rockleigh Golf Course: 201-768-6354 Valley Brook Golf Course: 201-664-5890

Recreation Partner Numbers

The Bergen Equestrian Center: 201-336-3370 Overpeck Park Kayak Center: 201-957-3085 Campgaw Mountain Ski Area: 201-327-7800 New York/New Jersey Trail Conference: 201-512-9348 Camp Glen Gray: 201-327-7234 Saddle Ridge Riding Center: 201-847-9999 Teaneck Creek Conservancy: 201-836-2403

Bergen County Parks Website www.co.bergen.nj.us/parks

Bergen County Division of Golf Website www.golfbergencounty.com

Recreation Partner Websites Bergen County Rowing Academy www.bcrowingacademy.org

Passaic River Rowing Association www.prra.org

Campgaw Mountain www.skicampgaw.com

New York/New Jersey Trail Conference www.nynjtc.org

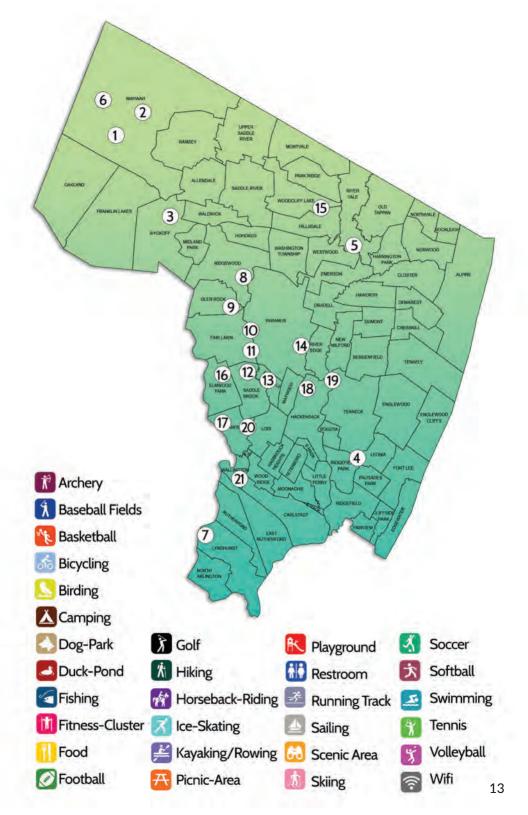
Camp Glen Gray www.glengray.org

Saddle Ridge Riding Center www.saddleridgeridingcenter.com

Hackensack Riverkeeper www.Hackensackriverkeeper.org



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	10 Dunkerhook Area Paramus Road, Paramus 🥻 🕅 📹 🕂 🚲 🕅 🤼 🞁
	1 Fair Lawn Area Saddle River Road, Saddlebrook
	12 Otto C. Pehle Area Saddle River Road, Saddle Brook 🕺 🕅 📹 🚲 🂦 💁
	13 Rochelle Park Area Railroad Avenue, Rochelle Park 🕺 🥂 🥂 🦝 📶
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(6 Artesian Fields Boulevard, Elmwood Park
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0	2) Samuel Nelkin County Park 👔 🕅 🕂 🔐 🥂 🕼



COUNTY PARK

Covering 644 acres, Overpeck County Park provides a multitude of recreational opportunities for the whole family to enjoy.

01/20





From picnics and playgrounds to the state-of-the-art Overpeck Sportsplex at Palisades Park, Overpeck County Park is a fun-filled getaway in the heart of bustling eastern Bergen County. Spanning four towns, the park provides numerous facilities for athletics of every kind.

> Visit our website for info on directions, hours, special events and more! www.co.bergen.nj.us/parks



Overpeck County Park, named for Overpeck Creek which flows through the park, spans across four Bergen County municipalities – Leonia, Palisades Park, Ridgefield Park and Teaneck.

Overpeck County Park covers 644 acres of land and stands as Bergen County's largest recreational venue, encompassing the Overpeck Sportsplex at Palisades Park, the Bergen Equestrian Center, Bergen County's 9/11 Memorial, athletic track and fields, picnic and fishing areas, children's playground, canoe and kayak launch into Overpeck Creek, grass amphitheater, observation decks and five miles of walking and jogging trails providing



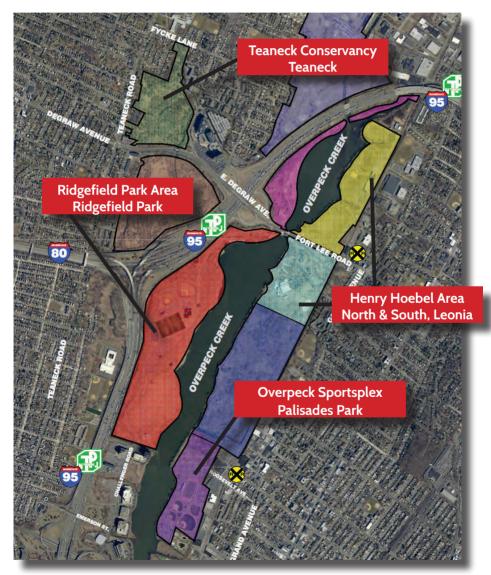
visitors with a variety of recreational activities. Always growing, Overpeck County Park is now the home of the fun and educational attraction, Field Station: Dinosaurs.

Overpeck has become a place where the residents of Bergen County have come to relax, play, enjoy time with family and friends, remember those lost, and come together as a community.



Overpeck County Park is divided into four open sections:

- Henry Hoebel Area North & South, Leonia
- Overpeck Sportsplex at Palisades Park, Palisades Park
- Ridgefield Park Area, Ridgefield Park
- Teaneck Creek Conservancy, Teaneck



HENRY HOEBEL AREA North

Fort Lee Road, Leonia



Baseball Field
Softball Field
Football Field
All-weather running track
Tennis Courts
Off-leash Dog-park area
Basketball Courts
Fitness Center
Volleyball Courts
Aerodrome
Field Station: Dinosaurs

The Henry Hoebel North Area located in Leonia has a wide variety of amenities for our residents. This section is also home to the Bergen County Aerodrome where flying model electric airplanes are allowed with the proper license.

FAST FACTS

The Henry Hoebel Area in Leonia features a double-looped paved pathway. It has become extremely popular with joggers, in-line skaters and fitness walkers.



Henry Hoebel North

World Trade Center Memorial Fort Lee Road, Leonia



Bergen County Remembers...

Overpeck County Park is also home to the Bergen County World Trade Center Memorial, which honors each county resident lost during the terrorist attacks of September 11, 2001.

The county holds a ceremony at the memorial on September 11th every year to memorialize those lost on that tragic day.



Field Station: Dinosaurs

Field Station: Dinosaurs 40 Fort Lee Rd, Leonia • Henry Hoebel Area North

Overpeck County Park is also home to the world class family attraction Field Station: Dinosaurs. The destination combines cutting-edge science with the creative minds of great artists and teachers to create a one-of-a-kind experience that's thrilling, educational and fun.



The Field Station is an oasis of natural wonder just right here in Bergen County, minutes from New York City. Over thirty life-sized, realistic dinosaurs come to life thanks to the brilliant engineering of the world's leading roboticists and the imagination of our artists.



The story of the dinosaurs is vividly presented on twenty acres of wild, unpredictable woods, mysterious pathways, and mountain trails. Scientists from the New Jersey State Museum have worked to ensure that the exhibition encompasses the latest theories and discoveries in the fields of paleontology, geology, and environmental studies.

Workshops, games and activities connect the story of the dinosaurs to our world today, giving new relevance to their lives and power to the tale of their extinction.

For tickets, hours, and pricing please visit www.FieldStationDinosaurs.com or call 855-999-9010.





Henry Hoebel South

HENRY HOEBEL AREA South

Fort Lee Road, Leonia



BC Equestrian Center

- Fishing Pier
- Kayak/Canoe Boat Launches
- 🔇 Bird Watching
- 🖰 Picnic Area
- Ҟ Nature Trails
- Ҟ Playground

The Henry Hoebel South Area in Leonia is home to picnic areas, a playground, a basketball court, a fishing pier, nature trails, bird watching and a boat launch.



The South Area is home to the Bergen County Equestrian Center. This Bergen County Recreation Partner provides indoor/outdoor riding areas, boarding and lessons. See Page 22 for further information.



Bergen County Equestrian Center Fort lee Road, Leonia



Contact Information:

40 Fort Lee Rd. Leonia, NJ 07605 • Ph: 201-336-3370 Fax: 201-242-1921 Email: bergenequestriancenter@gmail.com • www.bergenequestrian.com

Hours of Operation:

Monday: Closed Tuesday - Friday: 9am - 8pm Saturday - Sunday: 9am - 5pm

Fees:

Please call 201-336-3370 for current fee schedule. Bergen County residents receive a discount on riding lessons, summer camp, and boarding.

The Bergen Equestrian Center is a premier 22 acre facility that was renovated in 2009 and reopened to the public in 2012. The complex features a grass



riding field, three outdoor riding rings with automatic sprinkler systems and a scenic riding path. There are two indoor riding areas for all seasons.

Programs are designed for any type of equestrian, from a first time rider to someone interested in showing their own horse at top level competitions. Clients may board their own horse or they may book a riding lesson on one of the facility's school horses. Programs include 10 weeks of summer camp, specialized classes for the Girl Scouts and local recreation departments, horse 101 for adults and kids, and therapeutic horsemanship programs for at risk youth, young women's empowerment, recovering addicts, and veterans affected by PTSD.

Overpeck Sportsplex

Overpeck Sportsplex at Palisades Park 200 Roosevelt Ave, Palisades Park



Football Field
Soccer Stadium
Tennis Courts
Concession Stand
All-weather running track
ADA Accessible Playground
Baseball Field
Softball Field
Pedestrian Paths
Model boating



The state-of-the-art Overpeck Sportsplex features a football and track stadium, a softball specific field, a little league field, a collegiate specific baseball field, a challenger A.D.A. ball field, a concession stand, four tennis courts, and a playground.

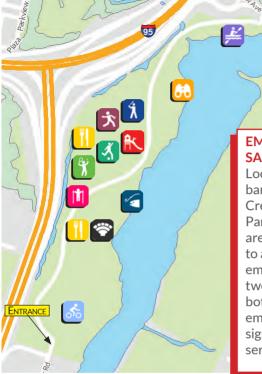
The Sportsplex's football field is named for famed coach Vince Lombardi and has hosted

several local high school football games. Many recreation competitive soccer teams also call Lombardi Field home as well. When Lombardi Field is not in use for sporting events, the outside three track lanes are open to the public, providing the perfect outlet for runners and walkers. The four ball fields together host over 250 baseball and softball games per season.

The A.D.A. – specific Challenger Field is an amazing ballpark that provides Bergen County's special needs community with an excellent facility.



Ridgefield Park Area 40 Fort Lee Road, Leonia



EMERGENCY SAFETY SIGNS

ENTRANCI

Located on the banks of Overpeck Creek in Ridgefield Park and Teaneck are signs designed to assist you in an emergency. These



two sided signs can be seen from both the walkway and water. In an emergency use the number on the sign as a landmark for emergency services.

FortLeeRd



Ridgefield Park Area

- Overpeck County Park Amphitheater
- 💦 A large children's playground

Five miles of paths for pedestrian and so bicycle use

- 🕅 🕅 Softball and baseball fields
 - Konstificial turf soccer fields

- 💡 Six tennis courts
- 👖 Concession stands
- Canoe and kayak launch
- 🗲 Fishing pier
- An observation deck and nature overlook

Ridgefield Park Area of Overpeck County Park opened in 2010 and has quickly become the most utilized section of the park.

The Ridgefield Park Area features state of the art baseball and soccer fields, tennis courts, climbing rope playgrounds, concession stands, a large amphitheater overlooking Overpeck Creek, clean and convenient comfort stations, two boat launches, fishing docks, and miles of walking path.

The amphitheater is the ideal destination for premier events. The Ridgefield Park Area hosts several county events, 5K's, benefit walks, cultural festivals, car shows, and concerts every year.

Additionally, it is the site of Bergen County's Summer Concert Series "Terrific Thursdays."

Kayak Center

Overpeck Park Kayak Center

Ridgefield Park Area



Phone: 201-957-3085

Web: www.hackensackriverkeeper.org

Hours: Wed. through Fri. Noon to 8:00pm (last boat at 6:00pm) – Sat. & Sun. 9:00am to 6:00pm (last boat at 4:00pm) Season: Late April through October^{*}

Donation: Two hours: \$15.00 per paddler / \$10.00 per paddler each additional hour

The Overpeck Kayak Center is located in the Ridgefield Park Area of Overpeck Park. The center is operated by our Bergen County Recreational Partner, the Hackensack Riverkeeper. Please see the following guidelines from the Riverkeeper:

- We use the buddy system- NO SOLO PADDLERS except for special open group paddles.
- Children 5-8 years old can ride as a passenger in a canoe with TWO adult paddlers.
- Children 8-12 years old can paddle in a tandem kayak with one adult in the rear.
- Children 12 & up can paddle a single kayak, but must be accompanied on the water by a parent or guardian over 18 at all times.

BC Rowing Academy

Bergen County Rowing Academy 40 Fort Lee Road, Leonia • Henry Hoebel Area South



The Bergen County Rowing Academy's mission is to promote the sport of rowing to anyone who is interested by offering rowing programs for all levels and ages. Whether you want to try it out, learn, come out occasionally to enjoy rowing on Overpeck Lake, or are interested in competing there is a program for you. We are offering Learn-to-Row, recreational, and competitive rowing programs for youth, collegiate rowers, and adults on any level of ability. The Rowing Academy also hosts two annual competitions on Overpeck Lake, the Overpeck Regional Youth Regatta in the spring, and the Overpeck Summer Sprints Regatta in the summer. BCRA is recognized by the IRS as a 501(c)(3) Not-for-Profit incorporation.

For more information please visit www.bcrowingacademy.org.



Teaneck Creek Conservancy

Teaneck Creek Conservancy 20 Puffin Way, Teaneck



Phone: (201) 836-2403

Hours: Office Hours 9am – 5pm. Teaneck Creek Park is open, free-of-charge, 365 days a year from dawn to dusk.

Teaneck Creek Park, also identified as Area I of Overpeck County Park, is a 46 acre urban forested wetland park managed in partnership with

the nonprofit Teaneck Creek Conservancy.

Through the work of hundreds of volunteers this once forgotten area was transformed in 2006 into eco-art parkland. Artwork can be found around the park such as the beautiful 5 Pipes Mural, Peace Labyrinth or the Migration Milestones; all created using reclaimed construction



materials. The park has 1.3 miles of trails that travel through forest and wetlands, creating ideal habitats for wildlife including deer, fox, and eastern box turtles!



Many birds also call Teaneck Creek Park home at some point during their migratory trips across the Atlantic Flyway, making for world-class bird watching opportunities year round. Information about upcoming events at Conservancy can be found at **www.teaneckcreek.org** or on Facebook.



Get Fit Bergen - Overpeck



Utilizing the parks for exercise is an affordable and fun way to get fit, stay fit and improve your health. Before you start an exercise program, especially if you have a chronic disease like diabetes, heart disease or asthma talk with your healthcare professional about your specific exercise and nutritional needs.



Two laps around the track (or 2.5 miles) for someone who weighs 150-160 pounds will burn approximately 179 calories. That's equivalent to two slices of bologna. Compare that portion size to one cup or 5.4 ounces of tuna packed in water, also 179 calories.



Football combines periods of slow and fast movements with bursts of sprinting. This mimics interval training, which is an effective way of controlling body fat and increasing overall fitness. So get some friends together for a game of two-hand touch for fitness and fun.



Kayaking is a great activity to relax and enjoy the outdoors while improving your cardiovascular fitness with minimal stress on your joints.



You can burn an average of 400 calories an hour playing singles tennis. The longest match in history lasted for about 11 hours between Nicolas Mahut and John Isner. That is a lot of calories burned!



Utilizating Bergen County outdoor fitness equipment is much cheaper than joining a gym and doesn't take up room in your home. Don't overdo it, better to start with fewer reps and work up to more vigorous exercise than get injured the first day out. Help avoid injury with a warm-up; do some easy stretches before and after exercise and allow your muscles to cool down.



I TE #BCParks #VanSaunPark



A favorite with families, Van Saun Park is home to our nationally accredited zoo, our Harmony Spray Park and multiple playgrounds. For more tranquil outtings take a stroll around Walden Pond.

> Visit our website for info on directions, hours, special events and morel www.co.bergen.nj.us/parks



Van Saun County Park

VAN SAUN COUNTY PARK

216 Forest Avenue, Paramus and Continental Avenue, River Edge









Van Saun County Park

With over 138 acres of land, Van Saun County Park offers a wide-range of activities for visitors of all ages year round.

Winding through the park is a multiuse pedestrian/bike trail that takes you past the carousel and pony rides; the historic Washington Spring Garden (page128) and the nationally accredited Bergen County Zoological Park where zoo-goers can travel through a variety of animal habitats on a miniature train.



Other popular attractions include Walden Pond and the ADA accessible Harmony Playground with water sprinkler feature (open seasonally - from 10am-4pm daily). More traditional amenities include covered pavilions for picnicking, several age-appropriate playgrounds, twelve tennis courts, three athletic fields (soccer, baseball, softball), fishing docks, and a dog park.

Van Saun County Park is the home to Zoo-Flix After Dark, a summer movie-in-the-park series which plays on Thursdays and Fridays in August.

Also starting in winter 2016, Van Saun County Park will host Bergen County's Winter Wonderland Festival!



Van Saun County Park

Rutgers Cooperative Extension/4-H

216 Forest Avenue, Paramus and Continental Avenue, River Edge



Rutgers Cooperative Extension (RCE) is a partnership that began in May 1914 when county, state and federal governments agreed that by joining together they could provide all citizens with access to the wealth of knowledge generated by public universities. The RCE has served New Jersey residents for over 100 years in the areas of agriculture, resource management, horticulture, nutrition, and 4-H Youth Development.

Agriculture Rutgers trains professionals in all the green industries and provides recertification for pesticide applicators. Over 315 acres of farmland has been preserved thanks to the Farmland Preservation program, ensuring that Bergen's agricultural legacy will endure.

The Master Gardener Program is popular and productive. Dedicated volunteers, trained by Rutgers, work throughout the County Park system, installing and maintaining important plantings. They are also at work in municipalities, hospitals, nursing homes, mental health facilities and schools. Since 1985, the Master Gardener Helpline operates from April through September, giving valuable advice on solving garden and landscape problems with minimum use of pesticides (Integrated Pest Management).

Rutgers / 4-H

The Bergen County 4-H office provides youth the opportunity to participate in educational and social activities over the course of the year including various educational workshops, the Annual 4-H Awards Night, Pot Luck Holiday Dinner,



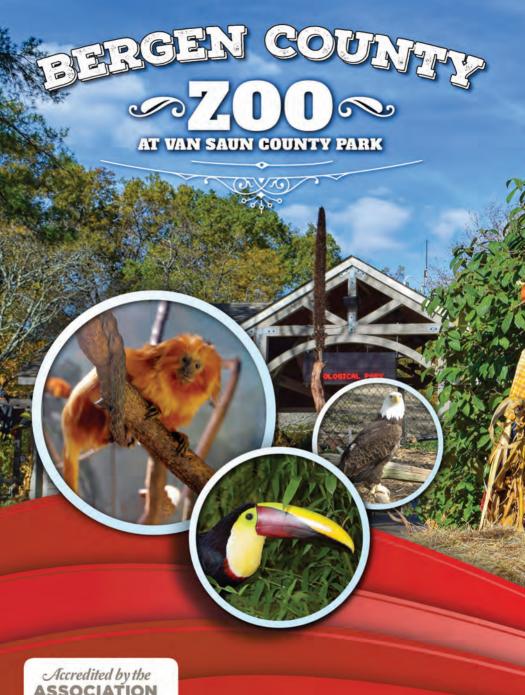
Winter Camp, and Favorite Foods. Another highlight is the 4-H and Master Gardener Fair; part of the Bergen Fall Harvest Festival at Van Saun County Park. Project areas include gardening, rocketry, robotics, equine science, pet therapy, and nature, to name a few. All of our 4-H clubs participate in community service opportunities throughout the year.

NJ SNAP-Ed (NJ Supplemental Nutrition Assistance Program-Education) is a program operated collaboratively with the New Jersey Agricultural Experiment Station (NJAES), Rutgers Cooperative Extension, Rutgers, the State University of New Jersey and Rutgers Cooperative Extension of Bergen County. They assist limited-resource families in making behavior changes and acquiring the skills, knowledge and attitudes necessary for them to achieve nutritionally sound diets, and to contribute to the participants' food security and their ability to improve their families' and their own diets and nutritional welfare. SNAP-Ed brings nutrition education to people who are eligible for & receiving SNAP benefits.

MAIN PHONE NUMBERS:

Agriculture Horticulture Consultant Master Gardener Hotline 4-H Youth Development SNAP-Ed 201-336-6780 201-336-6788 201-336-6783/6784 201-336-6785 201-336-6782

Email: bergen4h@rce.rutgers.edu







Bergen County Zoological Pa

Visit our website for info on directions, hours, special events and more! www.co.bergen.nj.us/parks



The Bergen County Zoo Van Saun County Park, Paramus

Opening in 1960 as a nursery rhyme-themed children's zoo, the Bergen County Zoo evolved over time and in 1986 became the first zoological institution in New Jersey to become accredited by the American Zoo and Aquarium Association. The Bergen County Zoo continues to move



in a professional direction, establishing staff training programs, an education department, animal nutrition programs, and a more diverse animal collection. It participates in conservation programs and work with endangered species. Highlights include the hatching of an Andean condor chick and its subsequent release in the Andes Mountains of Columbia as part of an international conservation program. Additionally, numerous rare and endangered species were added to the collection as part of multi-institutional captive breeding programs.

As the new millennium unfolded, the zoo has continued its efforts in conservation. In 2000, the Bergen County Zoo Field Conservation Grant Program was established to provide funding for field conservation projects in North and South America, and in 2003 the zoo became a founding member of the Brazilian Ocelot Consortium in an effort to preserve the rapidly declining populations of this species.

Operating Hours and Admission Fees

10:00 am – 4:30 pm daily (Last admission is at 4:00 pm, those within the zoo can remain until 4:30pm)

Admission*: Spring through Fall

*Call zoo for current prices or visit the Bergen County Zoo's Official webpage

Bergen County Zoo

Contact

Main Number: 201-262-3771 General information & brochure request: ext.110 Birthday party information/reservations: ext. 110 Education Programs: Ext. 125

The Animal Collection

The Bergen County Zoo features species of wildlife that occur in North, Central and South America. Examples of the animal collection include:

Mammals

Mountain Lions American Bison American Flk Spider Monkeys **Golden Lion Tamarins Cotton Top Tamarins** Goeldi's Monkey Sloth Ocelot **Baird's Tapir Bobcat Giant Anteater Prairie Dogs Belgian Draft Horse Belted Galloway Cow** Sheep Goats **Ossobaw Island Hogs** Sardinian Donkevs Guanacos North American Porcupine Capybaras

Birds

Birds **Bald Eagles** Andean Condors **Roseate Spoonbills Black Crowned Night** Heron Scarlet Ibis **Snowy Egret** Wood Ducks Whistling Ducks Spectacled Owl **Snowy Owls** Screech Owls **Greater Rhea** Toucan Scarlet Macaw **Hvacinth Macaw** Blue & Gold Macaw

Reptiles/Amphibians

American Alligator Boa Constrictor Aquatic Turtles Desert Lizards Poison Dart Frogs Chuckwalla Ball Python Box Turtle Yellow-Footed Tortoise Red-Footed Tortoise Spiny Lizard

Amenities

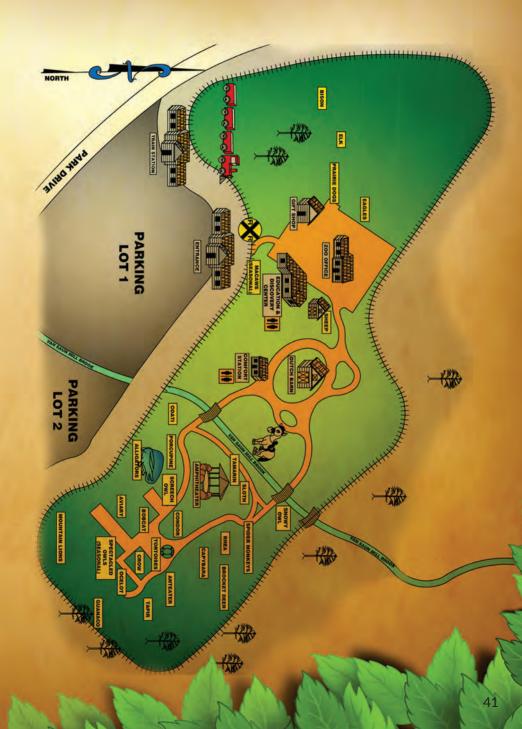
- Millennium Carousel (fee)
- Miniature Train Ride (fee)
- Walk-through Aviary
- Great Plains Exhibit
- Education/Discovery Center
- Spider Monkey Pavilion
- 19th Century Dutch Farmyard
- Picnic Setting
- Newly Renovated Playground

Special Rules

- •No pets of any kind permitted in the zoo
- •No feeding of any animals within the zoo
- No smoking within the zoo
- •No bicycles, skateboards, v or scooters permitted in the zoo
- Children under the age of 12 must be accompanied by an adult to enter the zoo



Bergen County Zoo



Bergen County Zoo

Education Opportunities

The Bergen County Zoo offers a wide variety of education programs throughout the year. Programs are available to public, private and home school groups; scouts, recreation groups, and playgroups; local nursing homes and public libraries; and individuals and families.

School and Scout Groups

From September through June, school and scout groups can reserve programs offered either in the zoo's Education/Discovery Center classroom or at their own facility. There are many programs to choose



from, including those based on standards and badges. Playgroups, home school groups, and other organized groups of 10 or more may also schedule an education program. All of these programs are hands-on, and include a live animal demonstration. To request a program brochure, call the zoo or visit our website.

Bergen County Libraries

Zoo educators also present programs to children at public libraries throughout Bergen County. These programs also include a live animal guest. If you have not seen a zoo program at your library lately, ask your librarian to give us a call!

Nursing Homes

For our senior citizens unable to visit the zoo on their own, the zoo created the Animal Encounters Program. Each month, a team of zoo volunteers visits



a nursing home. The team goes room-to-room to visit each resident with one of the zoo's small animals. There are currently 22 facilities enrolled in this program; each facility receives a visit each month, as an on-going enrichment program for the residents. If you are interested in seeing the Animal Encounters program at your nursing home, have your Activities Director call our education department!

Children & Family Programs

There are many ways children can have an exciting learning experience at the zoo, both with and without their parents.

Zoo Camp is a week-long summer program for children ages 5 – 15 years old. During camp, children learn to appreciate and respect animals and their habitats through fun, interactive, and hands-on experiences. Children 5 – 11 years old tour different parts of the zoo, observe the animals, play games, and make crafts. They also enjoy an up-close animal encounter each day. Children 12 – 15 years old, called "Junior Zookeepers", will explore different aspects of a career in zookeeping. Junior Zookeepers gain real hands-on experience as they learn about our animals, prepare their diets, and clean their enclosures.

Zoo Babies and Zoo Kids are our newest child-adult programs. Each series lasts several weeks, and encourages our youngest visitors (1 – 4 years old) to spend quality time with their favorite adult learning about the zoo's animals through songs, movement, activities, and special zoo "safaris".



Additional animal programs are offered during school breaks and occasional weekends throughout the year. These programs range from 1 – 3 hours in length, and may be offered on weekdays, weekends and evenings. Some are for children only, and some are for the entire family. Be sure to check in with the zoo to find out about upcoming programs.

Zoo Birthday Parties are available for children five years old and older; maximum of 20 children. Parties last 2 hours and include a live animal demonstration and animal-related activities. Pizza, juice boxes, cupcakes, and souvenir bags are included.

Volunteers

Volunteers are an important part of our Education Department. Our docents educate the 225,000 visitors in the zoo each year by sharing information about our animals. If you are 18 years old or older, and think you'd enjoy talking with our visitors and sharing your love for animals, call our education department to find out about our next training session.

SADDLE RIVER GOUNTY PARK

NON XX

Centrally located, this 586-acre linear park meanders along 10 miles of the picturesque ---- Saddle River and its tributary brooks.



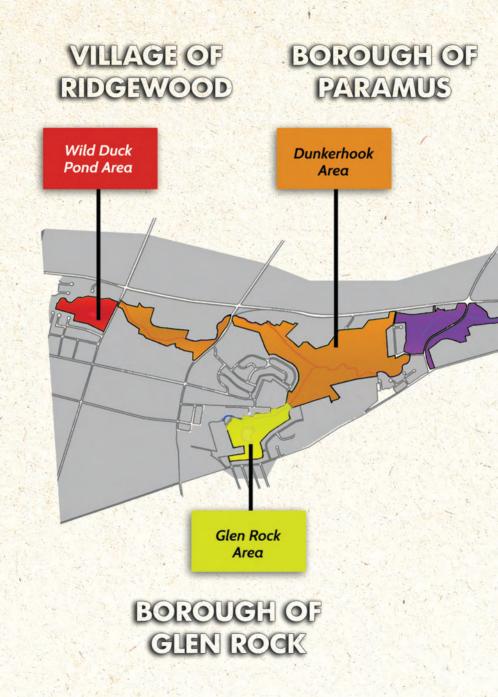


Perfect for a training run or a leisurely stroll, the five areas of this spectacular park are linked together by a multi-use path popular with bicyclists, joggers and pedestrians alike.

> Visit our website for info on directions, hours, special events and more! www.co.bergen.nj.us/parks

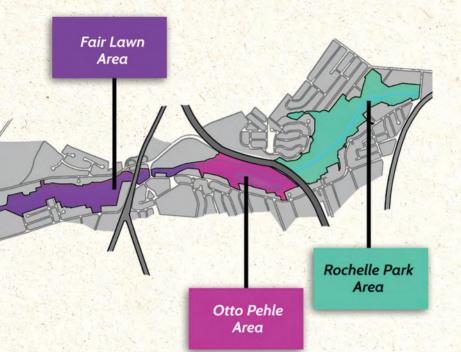


Saddle River County Park



Saddle River County Park





BOROUGH OF FAIR LAWN





Pedestrian Bike Path

Saddle River County Park Pedestrian Bike Path Ridgewood, Glen Rock, Fair Lawn, Paramus, Saddle Brook, and Rochelle Park

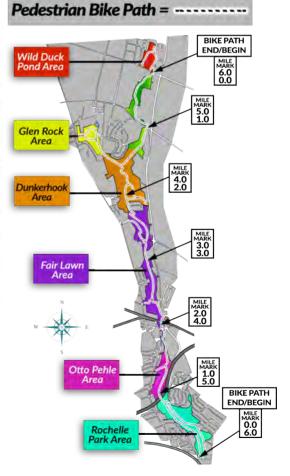


Saddle River County Park features a six mile bike and pedestrian path that runs

through Ridgewood, Glen Rock, Fair Lawn, Paramus, Saddle Brook, and ending in Rochelle Park. The path also follows the Saddle River and Ho-Ho-Kus Brook and passes by the Historic Easton Tower at Route 4. The path features a scenic waterfall at Dunkerhook Park, and there are three ponds, tree shaded picnic areas, pavilions, playgrounds, tennis courts and athletic fields accessible along the path.







Wild Duck Pond Area

Wild Duck Pond Area 1133 East Ridgewood Avenue, Ridgewood



The Wild Duck Pond area is the most northern section of Saddle River County Park. Located in Ridgewood, the Wild Duck Pond area can be reached from the south via the bike and pedestrian path along an invigorating 1.6 mile stretch that hugs the river or by car from the entrance on East Ridgewood Avenue. The park amenities include picnic areas, a pavilion for large groups, a playground, and a dog park. Available pond activities include fishing, model boating, and ice skating when weather conditions allow.



Dunkerhook Area

Dunkerhook Area 260 Dunkerhook Rd, Paramus



🕢 Fishing

- 🕂 Picnic areas
- 🕅 Pedestrian Paths
- 😹 Cycling Paths
- R Playground
- 🞁 Fitness Cluster
- 🏌 Tennis Court

Located in the northern region of Saddle River County Park, the Dunkerhook area has a picnic area with 74 tables, a playground, and three tennis courts. There is an area off the Saddle River reserved for fishing and a lovely waterfall for nature lovers to enjoy. The bike and pedestrian path will fork just beyond the falls which leads to either the Wild Duck Pond area in Ridgewood or the Glen Rock Area.





Glen Rock Area

Glen Rock Area 658 County Rte S79, Glen Rock





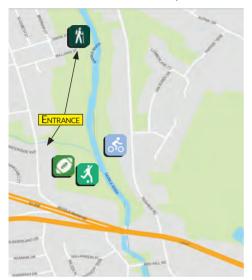
- Model Boating
- 🔀 Ice Skating

The Glen Rock area offers visitors a nice range of amenities including access to the bike and pedestrian path, two tennis courts, a playground, a picnic area, and two pavilions for large groups. Model boating and fishing can be enjoyed at the pond. When the pond freezes over in the winter, park-goers are permitted to ice skate under proper conditions.



Fair Lawn Area

Fair Lawn Area 2-66 Saddle River Road, Saddle Brook (for GPS)



S Football

🕺 Soccer

- 🟌 Pedestrian Paths
- \delta Cycling Paths



The Fair Lawn area is located in the southern third of Saddle River County Park. An all-purpose athletic field, known as the County Pitch, sits in the northern region. Follow the bike and pedestrian path under Route 4 to historic Easton Tower (more information on page 116) located in the southern region.





Rochelle Park Area

Rochelle Park Area Railroad Avenue, Rochelle Park



The Rochelle Park area is home to two tennis courts, a hockey rink, a basketball court, a playground, a softball field, picnicking areas and a pavilion for group gatherings. The multi-use path in this area begins at Railroad Avenue and winds along the river for approximately one mile, eventually linking to the footbridge. Visitors can loop back on the Saddle Brook side of the river or keep exploring by heading north under the Garden State Parkway.



Otto C. Phele Area

Otto C. Phele Area Saddle River Road, Saddle Brook



Named after a former Bergen County Parks Commissioner, the Otto Pehle area continues along the multi-use path, including a ¾ mile loop around the pond where visitors can fish. Traditional park amenities include a playground, one baseball and two softball diamonds, and a picnic area and a pavilion. Special features include the Yitzhak Rabin Tree Grove and model boating.





Located in the foothills of the Ramapo Mountains, Darlington County Park offers 127 acres of lakeside fun for the entire family

(NX10)





Visit our website for info on directions, hours, special events and more! www.co.bergen.nj.us/parks



Darlington

Darlington County Park 600 Darlington Avenue, Mahwah



Resting in the foothills of the Ramapo Mountain, the 127 acre Darlington County Park offers a unique afternoon getaway. The park contains three lakes; two of these lakes permit swimming with white sand beaches, while the third allows fishing.

Swimming is available from Memorial Day through Labor Day from 10 a.m. to 6 p.m. weather and conditions permitting. Fishing is



permitted all year, with the exception of when the pond is frozen.

Outdoor enthusiasts can enjoy walking the paved roadways. The park also includes wooded picnic areas (please bring your own grills), open lawns, a children's playground, basketball and handball courts, and a bird and wildlife observation area.

There is a small entrance fee during swimming season. Discounts are available to Bergen County residents with the purchase of a Bergen County Parks Card (for more info please see page 4). If you plan on camping at Campgaw Mountain or the Ramapo Reservation, permits can be obtained on location.

MEVO Farm

Mevo Fresh Roots Farm 200 Campgaw Rd, Mahwah • (201) 316-4888

Located beyond the cul-de-sac at the end of the Campgaw Mountain Reservation's campground is the Mahwah Environmental Volunteer Organization's (MEVO) Fresh Roots Farm.



Established in 2015, the MEVO Fresh Roots Farm is a community built and managed productive agricultural operation, which contains a permaculture food forest, sixteen bee hive apiary, one acre raised bed fruits and vegetable market garden, large scale compost space, and a reused and recycled bulk material storage and tool area.

MEVO (Mahwah Environmental Volunteers Organization, Inc.) is an environmental not-for-profit organization, which carries out sustainability projects in Northern New Jersey. MEVO was founded in 2008 with the purpose of engaging community members and volunteers in projects that transform suburban communities to be environmentally sustainable.

They offer affordable environmental education programs which teach students about sustainability and local food. They volunteer at the farm every Monday, Wednesday, and Thursday (9:00am – 5:00pm) and Sunday (10:00am – 4:00pm).



Campgaw

Campgaw Mountain Reservation 200 Campgaw Road, Mahwah, NJ 07430 • (201) 327-3500



Within its 1,194 acres of forest, Campgaw Mountain Reservation offers the ultimate outdoor adventure for all four seasons.



During the summer, spring, and fall, come visit Campgaw Mountain Reservation to hike 10 miles of marked trails, practice your aim at the archery range, pitch-a-tent in the campground, have a relaxing picnic in the woods, or play a round of disc golf! For more information on camping, please refer to page 6.

When the temperature dips in the winter, skiing, snowboarding and snow-tubing are offered by our recreation partner Campgaw Mountain.

Maps for Campgaw Mountain Reservation are available through the New York-New Jersey Trail Conference at www.nyjnjtc.org

Campgaw Ski Area



New Jersey's Premier Winter Sportscenter with Skiing, Snowboarding & Snow Tubing!

Located near highways 17, 202, 208 and 287, approximately 20 miles north of the George Washington Bridge, it's the closest ski area to New York City!



The 42-acre Campgaw Ski Area has a 276-foot vertical drop and 100% snowmaking capabilities. The main slope is serviced by two chairlifts. The teaching slopes use "Magic Carpet" lifts with specialized children's program for youngsters ages 3-6. There are five beginner/intermediate trails.

There are also ten jaw-dropping 800-foot snow-tubing runs with two surface lifts. Special features include night skiing and a

freestyle terrain park.

Rentals:

Seasonal & Daily Ski/Snowboard rentals Daily Helmet rental



Operating Hours:

Open from November 15th to March 15th, conditions permitting. Visit www.skicampgaw.com or call (201) 327-7800 for current conditions and operating hours.

Fees:

Visit www.skicampgaw.com or call (201) 327-7800 for current fee schedule. Discounts are available for Bergen County residents with the "Parks Card." Call or visit the website for details.





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Located on the edge of the Highlands Region, Ramapo Valley County Reservation has 3,268 acres of preserved parkland just 30 miles from Manhattan.

> Visit our website for info on directions, hours, special events and more! www.co.bergen.nj.us/parks



RAMAPO VALLEY COUNTY RESERVATION

608 Ramapo Valley Road (Route 202), Mahwah Main Trail-Head Access and Parking Lot



Located on the edge of the Highlands Region, Ramapo Valley County Reservation is Bergen County's largest park. With funds from the county, the New Jersey Green Acres Program, and generous donors Camp Glen Gray, the former Camp Tamarack and Camp Todd were acquired, resulting in 3,268 acres of preserved parkland just 30 miles from Manhattan.

Visitors can hike and camp along the reservation's trails that connect to Ringwood State Park, Skylands Manor, and Hawk Rock. There is canoe & kayak access to Ramapo River and several ponds to enjoy a calm day



of fishing. In the winter, the Ramapo Valley County Reservation is a cross-country skiing destination as well.

For camping details please turn to page 6.

Maps for Ramapo Valley County Reservation are available through the New York-New Jersey Trail Conference.

Ramapo Valley Reservation



. . . Right Next Door

New York New Jersey Trail Conference

156 Ramapo Valley Road, Mahwah, NJ 07430 201-512-9348 www.nynjtc.org

The New York-New Jersey Trail Conference is a volunteer, non-profit federation of over 10,000 members and 100 organizations working to protect open space and make it accessible to the public.

Since 1920, the New York-New Jersey Trail Conference has partnered with parks to create, protect, and promote a network of over 2,100 miles of



public trails in the New York-New Jersey metropolitan region. They work to protect land through advocacy and acquisition. In addition, they publish the best hiking maps and books for the region.

Trail Conference volunteers maintain over 80 miles of trails in Bergen County and publish the authoritative hiking map, North Jersey Trails.

To purchase maps and learn more, please visit www.nynjtc.org or call 201-512-9348.



Ramapo Valley Reservation





Camp Glen Gray 200 Midvale Mountain Road Mahwah, NJ 07430-2700 Phone: (201) 327-7234 Fax: (201) 327-0322 Email: CampGlenGray@aol.com

A rustic and remote retreat right here in Bergen County. . .

Camp Glen Gray is a weekend only overnight camping and hiking facility located on the border of Oakland and Mahwah, just off State Routes 202 and 208 and Interstate Route 287. Developed as a Boy Scout camp in 1917, it is named after one of its founders, Frank F. Gray. In January 2002, these 981 wooded acres of the Ramapo Mountains became part of Bergen County's park system and is managed by the Friends of Glen Gray on behalf of the County.



Camp Glen Grey

Surrounded by wonderful scenery, there's never a lack of things to do and see. Besides hiking trails, there is a lake to explore and fish, boat rentals, cabins, lean-tos, and tent sites for camping. In keeping with the camp's rustic mode, bathroom facilities at the campsites consist of latrines-flush toilets.

Your family or organization can play sports and games at Mary Post Field or



enjoy the campfire ring and amphitheater for an outdoor gathering or events. A dining hall (with a kitchen) may be used for indoor events and meals. In the winter, wood stoves in the cabins will keep you warm. Many of the cabins also have electricity.



Ramapo Valley Reservation



SADDLE RIDGE RIDING CENTER

The Saddle Ridge Riding Center, a county owned facility privately operated by Saddle Ridge Riding Center, Inc., is a full service equestrian facility set on over 28 acres of mountains, fields, and trails. The facility offers horse boarding, trail rides, English and Western lessons, summer camp, training, birthday parties, and horse shows.



The complex features fully lit indoor and outdoor arenas, hot water wash stalls, a round pen, a second working outdoor arena and numerous turnouts.

Private and group lessons are available for riders of all skill levels. To learn more about lessons please call 201-847-9999.

Trail rides are available 7 days a week, from March to the beginning of November by appointment only. Participants must be at least eight years old, and trail rides allow a maximum of six people per trip. All rides must be accompanied by an experienced trail guide.

Saddle Ridge Riding Center 900 Shadow Ridge Road, Franklin Lakes, NJ 07417 201-847-9999 http://www.saddleridgeridingcenter.com

J. A. MCFAUL Environmental Center

FOR FURTHER INFORMATION 201-891-5583

Easily accessible from rt. 208 and major highways!

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for the

ect

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For more information, visit www.co.bergen.nj.us/.parks

Backdirof





Ideal for a lazy afternoon with your family, friends, or furry companion, Riverside County Park spans 85 acres along the Passaic River in Lyndhurst and North Arlington





Visit our website for info on directions, hours, special events and more! www.co.bergen.nj.us/parks



Joseph Carucci Area

Joseph Carucci Area 401 Riverside Ave, Lyndhurst





🕅 Pedestrian Paths

The Joseph Carucci Area offers a number of athletic activities for enjoyment. Stop by to watch a baseball game at the 90-foot all-turf Breslin Field or enjoy a little slice of Italy at the bocce courts. In addition, there are tennis courts with a practice wall fitted with lights for evening matches, one softball field, outdoor fitness equipment, and a pedestrian walking path.

The Joseph Carucci Area is



ideal for a lazy afternoon in the park with friends, children, or your furry companion. The park is home to an off-the-leash fenced dog park, a playground, and a pavilion perfect for picnicking.

North Arlington Area

North Arlington Area 516 River Road, North Arlington



Similar to the Carucci Area in the North, the North Arlington Area hosts several different athletic events each year. The North Arlington Area includes four soccer fields, three baseball and two softball diamonds, five tennis courts including three with lighting for night matches, and a multi-use stadium for track & field, soccer, and football.

This section of Riverside County Park also includes a picnic pavilion, boating dock with storage for rowing in the Passaic, and a pedestrian walking path.



Rowing Center

Bergen County Rowing Center 779 Riverside Ave, Lyndhurst



The Bergen County Rowing Center, located in Riverside Park South, is operated by The Passaic River Rowing Association (PRRA). The Passaic River, a wide tidal river in northern New Jersey, offers a 12 mile stretch of rowable water south to Newark and north to Garfield. The dock is 120 feet long and is publicly accessible during park hours for small boat launching such as kayaks and canoes.

Established in 1999, PRRA is a community-based, not-for-profit rowing club that provides various programs for all ages and skill levels, including Learn-to-Row and competitive programs for youth and

adults; programs generally run from April to October. The club offers a wide variety of rowing shells for member's use in addition to private shell storage. Each October, PRRA hosts the "Head of the Passaic Regatta," one of the largest regattas in New Jersey, which attracts over 1,000 competitors from the tri-state area. Visit www.PRRA.org, or email programs@prra.org, for more information.



Bergen County Zoological Park



Van Saun County Park 216 Forest Avenue • Paramus, NJ 07652 COMC HANC

with US

#BCParks #BergenCountyZoo #VanSaunTrain #VanSaunPark

FFT



Uncrowded and off the beaten path, the 81 acres of Pascack Brook County Park provide park-goers with a variety of recreational activities.





Visit our website for info on directions, hours, special events and more! www.co.bergen.nj.us/parks



Pascack Brook

Pascack Brook County Park 150 Emerson Rd, Westwood



Pascack Brook County Park spans the two northern Bergen County towns of Westwood and River Vale. Located on Emerson Road, the park features two baseball diamonds, a playground, a picnic area, basketball court, a pond that is stocked for fishing and model boating, and three tennis courts.



Pascack Brook



The park has 45 picnic tables, two pavilions for larger events, and two walking paths. For additional information about model boating and fishing, please see the section on page 7.





TONY TO

The 118-acre Wood Dale County Park is a suburban gem spanning the boroughs of Park Ridge, Hillsdale and Woodcliff Lake. The lovely pond beckons visitors to take stroll along the pedestrian path.



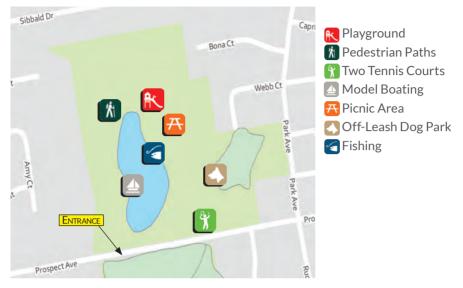


Visit our website for info on directions, hours, special events and more! www.co.bergen.nj.us/parks



Wood Dale

Wood Dale County Park Prospect Avenue, Hillsdale, Park Ridge and Woodcliff Lake



Wood Dale County Park provides an interesting array of activities within 118 acres. Around its pond, the park features shady picnic groves, a pavilion and a gazebo. It's also home to playground and for our four-legged friends, an off-the-leash dog park.



It's Always "Tee Time" Here ...

DARLINGTON • ORCHARD HILLS OVERPECK • ROCKLEIGH VALLEY BROOK

Bergen County offers tremendous opportunities for our region's 90,000+ golfers. Whether you're a novice out for a relaxing round or a seasoned veteran honing your skills,the Department of Parks has a course for you.



For more information call 201-336-7280 or visit: golfbergencounty.com







ARTESIAN FIELDS COUNTY PARK



Artesian Fields County Park is a rectangular park located in the middle of Elmwood Park. The heavily wooded park features two recreational fields for baseball and softball.



Amenities

☆ Softball Field





BELMONT HILL COUNTY PARK

79 Botany St, Garfield, NJ 07026



Belmont Hill County Park is a small 10 acre park atop Belmont Hill in Garfield with a playground and a sprawling lawn perfect for touch football, soccer, or a game of catch.

9

Amenities





Borg's Woods/Dahnert's Lake

Borg's woods NATURE PRESERVE

Fairmont Avenue, Hackensack

This 15-acre nature preserve with woodlands and wetlands is located within our county seat of Hackensack. An old growth remnant of deciduous forest. Borgs Woods was purchased with Green Acres funding. The preserve features old growth trees some of which are estimated to be 200 plus years old.





Trailheads can be found at the end of Byrne Street in Hackensack and at the end of Allen Street on Fairmount Avenue also in Hackensack, Limited street parking is available within these residential neighborhoods, local parking restrictions are enforced. Visitors should note the trail is short, encompassing 1/5 of a mile or 1056 feet.

Amenities

Hiking Trails

dahnert's lake COUNTY PARK

411 Midland Avenue, Garfield



Dahnert's Lake County Park provides an oasis of recreational activities on 10 acres of land in a busy urban center. Amenities include a playground; a pavilion and picnicking area, a half mile long pedestrian pathway that circles the lake where residents can fish, and a roller hockey enclosure.

Please be advised: street parking only, municipal parking regulations are enforced.

Amenities

Playground







Hackensack River County Park

HACKENSACK RIVER COUNTY PARK

Hackensack Avenue, Hackensack



Hackensack River County Park stretches over 28 acres of land along the Hackensack River in the northern section of Hackensack.

Amenities

Scenic Overlook

Bird Watching



Samuel Nelkin County Park

SAMUEL NELKIN COUNTY PARK

1 Parkview Drive, Wallington



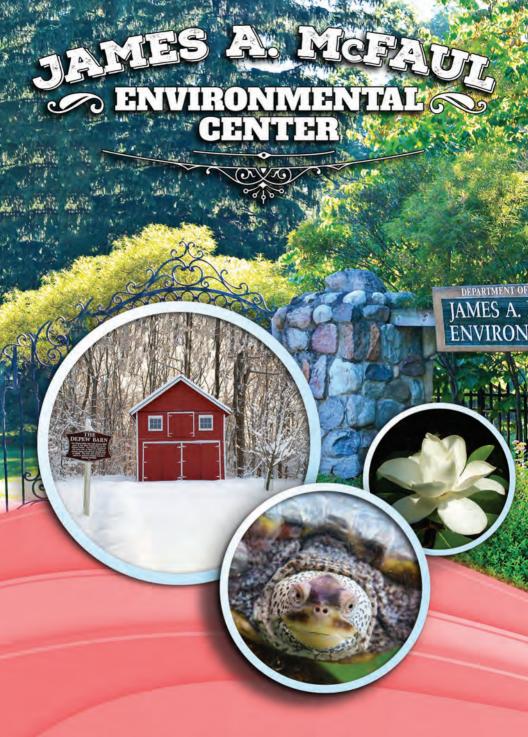
Tucked against a hillside and linked together by a pedestrian walkway, the 18 acres of Samuel Nelkin County Park provide a variety of activities for visitors, including a large new accessible playground, a picnicking area and pavilion, a fenced

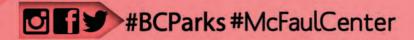


dog park, two tennis courts, a basketball court, a diamond for baseball and softball, and a pond where fishing is permitted. Ice skating on the pond and sledding are popular winter month activities.











parks bergen county MCFAUL MENTAL CENTER

> Much more than the typical wildlife preserve, the 82 acre McFaul Environmental Center is a destination all nature lovers will enjoy.

> > Visit our website for info on directions, hours, special events and more! www.co.bergen.nj.us/parks



J.A. McFaul Center

James A. McFaul Environmental Center 150 Crescent Avenue, Wyckoff









The Center was founded in 1967 and named after Bergen County Parks executive director, James A. McFaul, who was instrumental in the development of the site. Purchased in 1962, the property was originally an 81-acre pig farm. It began its transformation into a wildlife sanctuary in 1966 when the 2.5-acre waterfowl

pond was excavated. In 1990 the McFaul Wildlife Center name was changed to the James A. McFaul Environmental Center to better reflect the park's programs. Today the park includes bird shelters, an auditorium, a browsing library, memorial gazebo, and natural science exhibits. The indoor exhibit contains live native animals, freshwater

aquariums, natural history displays, and monthly art displays.

The renowned gardens have flowering displays throughout the warm-weather months, including specialties such as Daffodil Hill, rhododendrons, ornamental grasses, the herb



J.A. McFaul Center

garden and various memorial plantings. Visitors can enjoy the grounds on a 2/3-mile gravel-surfaced woodland nature trail or for visitors with limited mobility there is paved access to a 300 foot boardwalk that takes you along the edge of the pond to a two-story observation platform. The observatory overlooks a butterfly/ hummingbird garden and a pond which supports various species of waterfowl.

For schools and other groups, a large selection of nature education programs and

work-shops are conducted weekdays throughout the year by our staff. Highlights include our famous pancake breakfast and maple sugaring demonstrations from mid-February to mid-March, plus



the Haunted Hideaway of Horrors, Halloween Hayrides, Gingerbread Creations and Apple Cidering. There are also Tuesday afternoon movies shown with the topics ranging from travel to environmental subjects. The Center is available for weddings or wedding photos when reserved in advance.

Please visit www.co.bergen.nj.us for more information about all of our programs and fees.

Regulations

All groups of 10 or more must have a Park Use Permit. The 81-acre park is carry-in/carry-out so trash must be removed or placed in dumpsters located in each parking area. **THE PARK IS A WILDLIFE SANCTUARY; ALL PLANTS AND ANIMALS ARE**

PROTECTED BY LAW.

Golf Bergen County

Bergen County offers tremendous opportunities for our region's 90,000+ golfers. Whether you're a novice out for a relaxing round or a seasoned veteran boning your skills the Department of Parks bas a course for you.



#BCParks #GolfBergenCounty



Darlington Orchard Hills Overpeck Rockleigh Valley Brook

Course Information Line: 201-336-7280 Tee Time Hotline: 201-336-7277 Golf Office: 201-336-7259 www.golfbergencounty.com

Information

Book a Tee Time

Registered golfers can book a tee time over the phone (201-336-7277) or online at www.golfbergencounty.com through the automated tee time reservation system. Registered golfers may make a reservation seven days in advance.



Same day reservations may be secured in person at the golf courses or by calling the course.

Group Golf

The Group Golf program is available for small groups (maximum 28 players) Monday thru Friday beginning at 11am.

Group Golf is not available on weekends or holidays.

A Group Golf application can be found online at our website www.golfbergencounty.com and should be submitted to the Division of Golf office well in advance of the desired day of play.

Outings

Any organization can reserve a Bergen County golf course for an outing. Darlington, Overpeck, and Rockleigh golf courses are available for outings on Mondays and Valley Brook golf course is



available Mondays and Wednesdays. Outings are available for groups of more than 28 players with Shot Gun Outings requiring a minimum of 80. An Outing Application can be found online at www.golfbergencounty. com and must be submitted to the Division of Golf office well in advance of the desired day of play; requests are processed on a first come basis.

For groups of 28 players or less, see under the Group Golf Program.

Outings and Group Golf are not allowed on weekends or holidays.

Tournament Schedules

Applications and complete yearly schedules are available online at www.golfbergencounty.com

All Par Golf Program

The All Par Program brings the enjoyment of golf to young boys and girls with developmental disabilities. The program teaches an introduction to the game emphasizing basic information and instruction. The fundamentals are presented by the instructors and reinforced by the teaching assistants in both a classroom setting and on



the practice tee. The use of Snag golf equipment, large-face plastic clubs and tennis balls provides the first step in the learning process. The instructors present the grip and stance for a putting stroke and practice these concepts on the practice tee. Targets, placed a short distance from the golfer, are used to convey the importance of distance control and alignment. Once these skills have had a chance to sink in, chipping is introduced. The full swing is only discussed after the development of the shorter swings of putting and chipping.

FAST FACTS

The All Par Program teaches students ages 8-18 with developmental disabilities the fundamentals of Golf at the Valley Brook Golf Course

While the practice tee and green serve as home base for the program, participants are exposed to short holes or a make-shift hole on the practice range as they progress.

The lesson plan provides a path of instruction but the pace of the program depends on the development of the individual participant.

Entire families are encouraged to participate so the interest created at the program continues during family recreational opportunities.

Contact Bergenfield Public Schools Special Services at 201-385-8600 for further information.

Golf Courses



Darlington Golf Course (18 Holes) 277 Campgaw Road, Mahwah 201-327-8778

Maintenance Day: Tuesday (Nine holes only)



Darlington

The Darlington Golf Course is a 6,547-yard par 71 in the foothills of the Ramapo Mountain Range. Treelined fairways and frequent changes in elevation ensure a challenging and pleasurable golf experience. The course begins and ends on the lowest



part of the course. Holes 1-3 and 15-17 are on relatively flat terrain where bunkers and water hazards create the challenge. The stretch of five par 4's, beginning with #6, are routed through rolling hills where accuracy and distance control are at a premium. The long #9, at 476 yards, tests even the most accomplished golfer.

Darlington also has a 40-tee concession operated driving range.



BLACK TEE	531	220	379	369	195	385	401	403	493	3376	434	527	198	385	503	317	189	422	458	3433	6809	73.7/138
WHITE TEE	487	178	357	344	165	353	367	376	507	3134	404	490	177	337	475	295	179	373	446	3176	6310	70.5/132
GOLD TEE	450	151	347	323	147	319	347	292	447	2823	373	454	146	331	436	271	144	355	364	2874	5697	68.2/126
PAR	5	3	4	4	3	4	4	4	4/5	35/36	4	5	3	4	5	4	3	4	4	36	72	
HANDICAP	9	17	11	13	15	3	7	5	1		2	8	18	12	10	14	16	4	6			
HOLE NO.	-1	2	3	4	5	6	7	8	9		10	11	12	13	14	15	16	17	18	-	-	
+/-												_				-						-
RED TEE	415	124	286	311	191	250	335	282	420	2614	367	444	140	297	379	256	121	331	334	2664	5278	70.7/125

Golf Courses



Orchard Hills Golf Course (9 Holes)

Paramus Road, Paramus 201-447-3782 Closed Mondays for Maintenance



Orchard Hills

Conveniently located in central Bergen County, Orchard Hills was originally designed in 1925 as the Orchard Hills Country Club. In the late 1960's, in conjunction with the development of Bergen Community College, the course was rerouted to a 9-hole track and opened to the public. The layout has a comfortable mix of short par 4's and challenging par 3's, allowing for an enjoyable round for players of all caliber.



WHITE TEE	280	325	465	180	268	325	347	199	387	2776		280	325	465	180	268	325	347	199	387	2776	2776	5552	67.0	/115
PAR	4	4	5	3	4	4	4	3	4	35	- 1	4	4	5	3	4	4	4	3	4	35	35	70	-	
HANDICAP	9	5	7	4	8	2	6	3	1			9	5	7	4	8	2	6	3	1					
HOLE NO.	1	2	3	4	5	6	7	8	9	OUT	NET	10	11	12	13	14	15	16	17	18	IN	OUT	TOT	нср	NET
+/-										-															
RED TEE	269	310	461	164	254	313	330	187	376	2664	-	269	310	461	164	254	313	330	187	376	2664	2664	5328	71.B	/119

Golf Courses



Overpeck Golf Course (18 Holes)

East Cedar Lane, Teaneck 201-837-3029 Maintenance Day: Wednesday (Nine holes only)



Overpeck

The Overpeck Golf Course sits on 140 acres at the top of New Jersey's Meadowlands. The course is located in a natural wet setting with a number of ponds, lakes and creeks to test the most skilled golfer. The predominant water feature on the front nine is the Overpeck Creek, which presents a strong strategic element on several holes. Overpeck Creek bisects holes 5, 6, 7 and 9, challenging golfers from tee to green.

The back nine also has its share of water. Holes 13-16 circle the banks of a large lake. The 217 yard 14th and the 392-yard 15th can be monsters if the wind is blowing out of the south. The course finishes with a short par three designed to end the round on a high note.



																	-							
HOLE NO. +/-	1	2	3	4	5	6	7	8	9	OUT	NET	10	11	12	13	14	15	16	17	18	IN	OUT	тот	HCP NET
												-					1							
HANDICAP	7	13	15	11	3	1	5	17	9			4	10	8	12	6	2	16	14	18				
PAR	5	4	3	4	4	4	5	3	4	36		4	4	5	4	3	4	4	5	3	36	36	72	
GOLD TEE	470	335	137	305	401	374	429	105	314	2870		350	368	440	319	167	392	354	473	123	2986	2870	5856	
WHITE TEE	486	350	155	318	418	415	454	122	325	3043		368	381	458	354	192	413	366	489	131	3152	3043	6195	70.7/121
BLACK TEE	528	362	188	330	430	441	479	130	342	3230	-	410	392	489	371	217	434	379	506	156	3354	3230	6584	72.2/125

Golf Courses



Rockleigh Golf Course (Red & White 18 holes, Blue 9 Holes)

15 Paris Avenue, Rockleigh 201-768-6354 Maintenance Day: Thursday (9 holes only)



Rockleigh

The rolling hills and natural beauty of this facility provides a fitting test of golf at the base of the Palisade Mountain Range. Rockleigh offers open fairways with strategically placed bunkers to challenge golfers of all skill levels. The variety of short and long holes creates a well balanced round of golf.



The front nine (red) opens with two short par 4's, a simple start that eases the player into the round. The third hole begins to catch the player's attention and the forth hole, a 179 par 3 over water, reminds the player why he came. Holes seven through nine stretches from the far end of the property to the clubhouse providing challenge for even the longest of hitters.



On the back the par 4, 11th plays 453 yards up hill to a well-guarded green. The par 4 14th, once a straight 340 yards with a drainage ditch at the left, now plays to 372 yards with a drainage swale meandering down the center of the fairway, creating options to play the hole on either side. The courses

finishes with the 493 yard 17, which plays as a par 4 in tournament play, and the 344 yard 18th.

RED																							BLUE															
BLACK TEE	37.	4 34	2 42	2 1	79	\$40	\$25	479	232	430	3529		30	453	41	1 216	377	53	4 18	1 464	344	3285		72/124		T						1-						
WHITE TEE	35	8 32	8 39	51	61	459	485	453	202	403	3244	-	289	403	3 36	5 188	34	48	3 16	5 493	323	3054		64.6/123	163	521	362	332	156	412	536	345	129	3156	1		1	
PAR	4	4	4	1	3	5	5	4	3	4	36		4	4	4	3	4	5	3	4/5	4	35/3	36	71/72	3	5	4	4	3	4	5	4	4	36				
HANDICAP	6	9	2		8	5	4	1	.7	3			7	1	4	8	5	2	9	3	6		-	1	9	3	4	7	8	1	2	b	5					
	+	-		+	-					-					-	-	-		-											-								
HOLE NO.	1	2	3		4	2	6	7	8	9	IN	OUT	10	11	12	2 13	14	15	16	17	18	IN	out	тот	1	2	3	4	5	6	7	8	9	IN	OUT	TOT	нср	NE
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	ł	t	t	t						-	-	1		-		-		-	+	+	-				-								-		-			
GOLD THE	12	9 29	1 38	10	46 -	438	418	440	175	386	3003		268	385	32	6 154	328	45	5 14	5 428	303	2793		673/112											-			
RED TEE	32	0 27	6 36	0 1	95	430	416	352	145	275	2669	-	255	344	31	0 122	316	39	8 13	0 416	29.	258	-	70.6/122	136	474	321	290	144	355	496	301	277	2794	-			-
PAR	-4	4	4		3	5	5	4	3	4	36	1	4	4	4	3	4	5	3	5	4	36	36	72	3	5	-4	4	3	4	5	4	4	36				-

Golf Courses



Valley Brook Golf Course (18 holes) 15 River Vale Road, River Vale 201-664-5890

Maintenance Day: Monday (Nine holes only)



Valley Brook

Acquired by the County of Bergen in 2006, this Bill Boswell design boasts superb playing conditions and tranquil beauty. Set amidst the banks of Pascack Brook, the course offers unique golf experience for the county residents. Originally named for the brook that creates its western border, the course and clubhouse were renovated in 2001 and renamed Valley Brook Golf Club. Further renovations were complete in 2014.



Designed to take advantage of the property's rolling terrain and natural beauty, the result is a classic golf course with an impressive blend of gentle elevation changes and imaginative landscaping on every hole. Valley Brook is a true test of golf for players of all skill levels.

The property is highlighted by a handsome clubhouse that combines comfort and convenience with elegance and old-world charm. Nestled perfectly behind the 9th and 18th greens, the New England style clubhouse provides the ideal setting to cap off a round of golf.



HOLE	1	2	3	4	5	6	7	8	9	OUT		10	11	12	13	14	15	16	17	18	IN	TOT	
GREEN	330	495	193	395	580	384	223	422	166	3188	-	314	315	198	488	337	396	437	178	360	3023	6211	70.2/125
GOLD	310	480	153	370	552	361	188	396	140	2950		300	294	161	464	319	357	402	167	337	2801	5751	68.9/119
HANDICAP	13	3	17	7	1	11	9	5	15			12	14	18	2	10	6	4	16	8		1	
PAR	4	5	3	4	5	4	3	4	3	35	_	4	4	3	5	4	4	4	3	4	35	70	
				-	-		-	-		-	-					-				_	-	-	
	-	-			-						-	-	-	-	-	-	-	-		-	-	-	
							-				11							1					
																						-	
BURGUNDY	240	420	116	280	440	281	146	325	110	2358	-	246	260	119	421	293	307	349	137	300	2432	4790	68.4/121

The Pioneer Tour

The Pioneer Tour has three junior golf programs that bring instruction and competition to young golfers ages eight to 18. This award-winning program combines the efforts of the Parks Department staff, area golf professionals, local high school golf coaches and volunteer amateur golfers. It introduces the youth of Bergen County to the enjoyment and challenge of the sport of golf emphasizing the honor, etiquette and traditions of the game.

It began in 1993, when Bergen Community College Golf Coach Doug Yennie and his wife Linda approached the Department of Parks with an idea to invigorate junior golf in Bergen County. When former Director of Parks, Wolfgang Albrecht, Jr. heard the plan, he wholeheartedly supported it and offered the county golf courses for the tournaments and the county golf staff as program administrators. Over 100 young participants played in those first two golf events. The enthusiasm was overwhelming and each successive year more tournaments were added to the schedule.



FÁST FÁCTS

In the summer of 2000, the editors of Golf Digest recognized The Pioneer Junior Tour as the best junior golf program across the United States in the municipal category.



The Pioneer Tour

The Pioneer Clinic began in 1995. It was developed to provide beginners with a sound foundation in both golf mechanics and golf etiquette. The program consists of two-hour sessions, once a week for six weeks. Local volunteers, coaches and PGA professionals teach the finer points of the grip, stance and swing.

The Pioneer Q-Tour was added in 1998 for the intermediate golfer who understands the basics of the game. It provides access to a golf course for those not yet ready to play on their own. Groups of four play as many holes as they can in the two-hour session, held once a week for five weeks. An adult walks with each group to help the



players get around the course. Participants 12 and under must first play this qualifying tour before joining The Pioneer Junior Tour.

The Pioneer Junior Tour brings the challenge of competitive golf to the youth of Bergen County. Young golfers gain tournament experience from a variety of golf formats. Competitors are separated into four divisions according to age and play in professionally organized events. Each year, eight tournaments are played on the Bergen County public courses and local private facilities. The season culminates with the Pioneer Banquet.

Junior golfers under the age of 12 receive a Pioneer Tour Card granting them access to Bergen County golf courses after 4:00 p.m. weekdays and Sundays when accompanied by a parent.

Over 800 young golfers participate in The Pioneer Tour every year. The Executive, the Board of Chosen Freeholders and the Parks Department continue to commit the necessary resources for this extraordinary program. Their unwavering support and the dedication of the countless volunteers guarantee the success of the program and the growth of junior golf in Bergen County.

For more information, please visit www.golfbergencounty.com.

Bergen County Historic & Cultural Sites

History in your own backyard



f f #bergenhistory

The Baylor Massacre Burial Site Camp Merritt Memorial Monument Campbell-Christie House Easton Tower Garretson Forge & Farm Gethsemane Cemetery Wortendyke Barn

The Circle of Honor War Memorial Martin Luther King, Jr. Monument Washington Spring Garden





Baylor Massacre Burial Site

A County Historic Site

Location: Rivervale Road & Red Oak Drive, River Vale, NJ

Hours: Open year-round from dawn until dusk.

Contact:

201-336-7267 Call for accessibility information



Baylor Massacre Burial Site

On September 28, 1778, during America's Revolutionary War, there was a brutal surprise attack by British forces on the 3rd Continental Light Dragoons. It is known today as the Baylor Massacre. Now a county-owned historic park and burial ground, the Baylor Massacre Site is located in River Vale in northern Bergen County.

The 3rd Continental Light Dragoons, under Lt. Colonel George Baylor's command, was one of four regiments of dragoons authorized by the Continental Congress. On the 27th of September, they were dispatched to watch the bridge over the Hackensack River at the intersection of modern Rivervale and Old Tappan Roads.

The British forces were led by General Charles "No-Flint" Grey. His men used their muskets to club and their bayonets to stab the sleeping dragoons. Eleven were killed immediately. More died of their wounds the following day. Records indicate that as many as 22 men died, some several weeks later. Two officers and 37 soldiers, most of whom were wounded, escaped into the night.

The next day, a detachment of the Bergen County Militia was dispatched to this area to look for survivors. Finding six dead at the bridge, and fearing the possible return of British troops, they hurriedly buried the men in three abandoned leather tanning vats located next to the river.

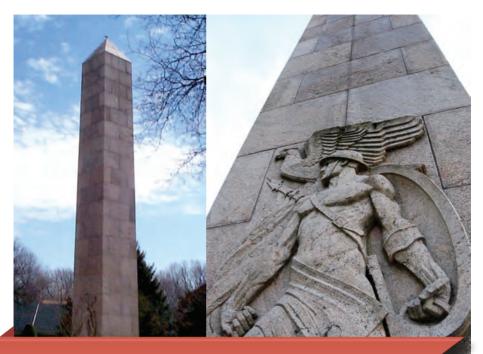
The burial location was passed on by word of mouth for many generations. The only physical marker was the abandoned millstone from the tannery. In 1967, when the site was threatened with

development, the county was contacted. In 1970, the patriots' remains were reinterred in the park and the original millstone was donated to serve as their gravestone. A



subsequent archaeological dig located six sets of remains. The site was acquired and dedicated as a public county park in 1972.

In 2003, new historic interpretive signs, sitting walls, and accessible pathways were dedicated.



Camp Merritt Memorial Monument

A County Historic Site

Location:

Traffic circle at intersection of Knickerbocker Road & Madison Avenue, Cresskill, NJ

Hours:

Can be viewed daily and is brightly lit at night.

Contact:

201-336-7267 Call for accessibility information. Visitors are urged to use caution if crossing the circle to enter the monument area.

Camp Merritt Memorial Monument

Camp Merritt Memorial Monument marks the center of an important World War I embarkation camp, where more than one million U.S. soldiers passed through on their way to and from the battlefields of Europe.

Originally called "Camp Tenafly," and covering an area that included Cresskill, Demarest, Dumont, Haworth, and Tenafly, it was eventually named for Civil War General Wesley Merritt. The soldiers would march with their heavy packs and supplies to the trains or over the Palisades to the Hudson River to boats that would take them to their European-bound ships docked in Hoboken.



The camp was 770 acres in size and had a capacity of 42,000 men. It contained 1,300 buildings of all varieties. 8,000 men representing 40 different countries were nationalized in the Camp and made citizens of the U.S. The camp received its first soldiers in October 1917, and the last soldier passed through in the beginning of 1920.

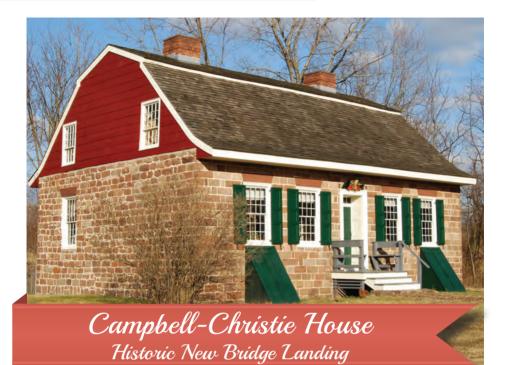
In August 1919, Bergen County purchased land for the monument at the intersection of Madison Avenue and Knickerbocker Road in Cresskill. Modeled on the Washington Monument, the memorial is a



65' high granite obelisk. On the base are the names of the 578 people who died in the camp, mostly as a result of the 1918 worldwide influenza epidemic. A large carved relief by the sculptor Robert Ingersoll Aitkin (1878-1949) shows a striding "doughboy" with an eagle flying

overhead. Set into a large boulder is a copper plaque, designed by the artist Katharine Lamb Tait, with a relief of the Palisades illustrating that Camp Merritt was used as an area for embarkation. In the ground is a three-dimensional stone carving of the map of Camp Merritt.

The Camp Merritt Memorial Monument was dedicated on May 30, 1924. General John J. "Black Jack" Pershing gave the dedicatory address to a crowd of 20,000 people.



A County Historic Site

Location: Historic New Bridge Landing 1201-1209 Main Street, River Edge, NJ

Hours:

Open year-round during Bergen County Historical Society events.

Contact:

201-336-7267 Call for accessibility information.

Bergen County Historical Society: 201-343-9492 www.bergencountyhistory.org



Campbell-Christie House

The Campbell-Christie House, an 18th century sandstone house, is located in Historic New Bridge Landing, River Edge. Now on the New Jersey and National Registers of Historic Places, the house was originally built north of here in New Milford. In 1977, in order to save the house from demolition, Bergen County purchased and moved it to this site on the Hackensack River.

In 1774, Jacob Campbell built this



house in which he also ran a public tavern. The house was sold in 1795 to John Christie, a blacksmith, who continued as tavern-keeper.

The Campbell-Christie House is an outstanding example of Dutch Sandstone houses built during 18th century. This example of early regional architecture is a 5-bay, 4-room center hall building with two interior chimneys. Owned and maintained by Bergen County, it serves as the headquarters of the Bergen County Historical Society.

New Bridge Landing is located at the narrows of the Hackensack River, a strategic, tidal waterway site that has been an active area of settlement, trade, and commercial activities for centuries. Around 1765, Jan Zabriskie doubled the size of his 1752 sandstone house. This created what has been called one of the five "great houses" of Colonial Bergen County. Now called the Steuben House, it is owned by the New Jersey Division of Parks and Forestry.

During America's Revolutionary War, this site's nearness to Manhattan made it a principal base of military operation. The New Bridge was a strategic route, guarded by troops from both sides at different times. General George Washington led his soldiers in retreat across here on Nov. 20, 1776, saving his army from entrapment by advancing British troops.

This site also contains the County-owned historic 1888-89 Pratt-type, "pony" truss, iron swing-bridge, now used by walkers and cyclists. The third stone house on site is the 18th century Demarest House. It was moved here from New Milford in 1955 and is owned by the Blauvelt-Demarest Foundation.



Easton Tower

A County Historic Site

Location: Red Mill Road, Route 4 & Saddle River Road, Paramus, NJ

Hours: Can be viewed from dawn until sunset from the road and the Saddle River Bikeway.

Contact: 201-336-7267 Call for accessibility information.

Easton Tower



Easton Tower, designed by architect George Ihnen, is a unique stone and wood frame structure along the Saddle River. This rubble stone tower is topped with a wood-frame structure and gabled roof and has a large wood waterwheel. Built in 1899-1900 to pump water to the landscaped park of

the Edward Easton estate, it is now surrounded by busy roadways but is protected within the Saddle River Park Bikeway.

Jacob Zabriskie leased this extensive site around 1766 and in 1771 acquired a large mill that had been built nearby in the 1740s. In the early 1800's, it was painted red by its owner Albert Westervelt, acquiring the "Red Mill" name often mistakenly applied to Easton Tower. It was demolished circa 1894. In 1899, Easton bought the 48-acre site.

Edward D. Easton (1856-1915) was a reporter and court stenographer in Washington, D.C. After the 1886 patent was granted for the engraving of sound by incising wax cylinders, Easton went on to make his fortune in the recording industry as a founder and eventually president of the Columbia Phonograph Company.

Easton relocated his family to Arcola, an area of modern-day Paramus, and commissioned the design of a landscaped park. The tower became a favorite of photographers, and visitors came from miles around to take boat rides and walks and ice-skate. It was also used in early silent films. This is the only structure that remains from Easton's estate.

The 1931 connection of Route 208 with Route 4 provided access to the recently opened George Washington Bridge but destroyed most

of the landscaped park and isolated the tower. The County acquired the tower in 1956, and in 1967 the Park Commission dedicated it after restoration. Easton Tower is on the State and National Registers of Historic Places and was completely restored by the County in 2008.





A County Historic Site

Location: 4-02 River Road, Fair Lawn, NJ

Hours: Open Sundays 1-4 pm Spring to Fall and for special events.

Contact: 201-336-7267 Call for accessibility information. www.garretsonfarm.org

FAST

FACTS

Archaeologists believe that the property was once occupied by Native Americans due to the numerous artifacts found along the Passaic River.

Garretson Farm

Garretson Farm, near the Passaic River in Fair Lawn, is one of the oldest sandstone houses in Bergen County and reflects over 200 years of architectural changes. The stone homestead and farm were occupied by six generations of the Garretson family, from 1720 through the middle of the 20th century.



Gerrit Garretson arrived in the colonies in 1660. His grandson Peter (1684-1766) was most likely the builder of the oldest wing of this stone house, around 1720. A later large addition to the house was completed before 1750. This was altered from a steep gable to a gambrel roof structure with dormers in 1900. The house continued to be occupied by Garretson descendants up until the death of Mary Garretson Brocker in 1950.

In 1974, the Garretson homestead was threatened with demolition. Hearing this, local citizens founded the Garretson Forge & Farm Restoration, Inc. (GFF) in order to raise funds to purchase the house. This goal was realized with the assistance of the Bergen County Board of Chosen Freeholders, and in 1977 the County of Bergen acquired the 1.84-acre property.

Today it is a furnished historic house museum containing a reconstructed jambless fireplace and brick beehive oven. The Garretson Forge & Farm Society's volunteers conduct house tours and special events throughout the year. The grounds behind the house continue to be cultivated by the Master Gardeners of Bergen County and volunteers who grow specimen, heirloom crops, and over 50 varieties of medicinal and culinary herbs. It is also a certified Monarch Butterfly Waystation habitat.



The County completed extensive restoration of the house and farm buildings in 2012. Because of its historic significance, the house is listed on the New Jersey and National Registers of Historic Places.



Gethsemane Cemetery

A County Historic Site

Location:

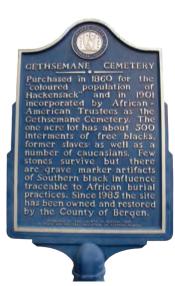
Between Summit Place & Liberty Street, (with entrance on Summit Place north of Rt. 46), Little Ferry, NJ

Hours: Secured Historic Site: Open by appointment only.

Contact:

201-336-7267 Call for accessibility information.





Gethsemane Cemetery



Gethsemane Cemetery is located west of the Hackensack River in southwest Bergen County. The 1860 deed of sale identifies it as a "burial ground for the colored population of the Village of Hackensack." In 1901 it was turned over to seven African-American trustees and incorporated as Gethsemane Cemetery.

Although there are only 50 grave stones, the graves of over 500 people have been documented, including that of Elizabeth Dulfer who was born a slave c. 1790, freed in 1822, and died in 1880. She became one

of the wealthiest business owners and landholders in Bergen County. Three Civil War veterans, Peter Billings, Silas M. Carpenter, and William Robinson are also buried here.

Gethsemane Cemetery figured the center of controversy surrounding the burial of Samuel Bass, sexton of Hackensack's First Baptist Church. When he died on January 22, 1884, his family wanted to bury him in the Hackensack Cemetery but was refused due to his race. Mr. Bass was then buried in Gethsemane Cemetery. New Jersey Governor Leon Abbett protested the denial:

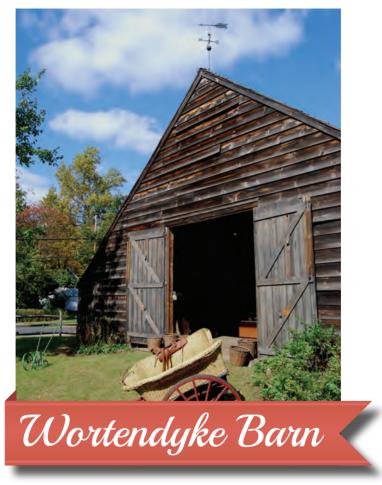


"The Legislature should see that the civil and political rights of all men, whether white or black are protected...It ought not be tolerated in this State that a corporation whose existence depends on the Legislature's will...should be permitted to make a distinction between a white man and a black man." Two months later in March 1884, New Jersey's "Negro Burial Bill" was passed desegregating cemeteries in New Jersey.

In 1985 Bergen County acquired the neglected cemetery and dedicated it as a County Historic Site. It was entered into the New Jersey and National Registers of Historic Places in 1994 for the historical significance it played in the enactment of N.J.'s early civil rights legislation and for containing evidence of West African burial customs.



In 2003, the county celebrated the dedication of new meditation areas and historic interpretive panels that tell Gethsemane's story and lists the names of 515 people known to be buried here. It is open by appointment and for special events including the county's annual Juneteenth Celebration.



A County Historic Site

Location: 13 Pascack Road, Park Ridge, NJ

Hours: May – October, Sundays, Noon – 4 pm and by appointment.

Contact: 201-336-7267 201-930-0124 (Barn in season) Call for accessibility information.

Wortendyke Barn

The Wortendyke Barn Museum, a National Register landmark, is all that remains of the original 460-acre Wortendyke family farm. The barn, built in 1760, is an outstanding example of the vernacular architecture, referred to as a "New World Dutch Barn", found throughout 18th and 19th century Bergen County. Today there are probably fewer than 100 of these barns left, six in Bergen County.



The barn is made completely of local wood, down to the nails called trunnels. Massive tulip poplar anchor beams, supported by posts creating an H-frame, support the entire structure. These barns were wider than long with very steep, sloping roofs allowing for the large storage area. Side bays housed a variety of animals, and the hay was stored above in a roomy hayloft. The large entrances on both gable ends allowed for the efficient unloading of the wagons. Because the floors were raised off the ground on a sill, the wood plank floors could last for decades.



The Wortendyke Barn's exhibits include handmade 18th and 19th century farm implements and tools, the history of the Wortendyke family farm, and exhibits showing the agricultural history of Bergen County from the first settlers through the 20th century.

The Wortendyke family settled in this area in 1735. The land was maintained as a working farm for over 115 years from before the French and Indian War until nine years before the start of the Civil War. After 1851, the land was sold several times, but the barn remained in use until well into the 20th century. After initial restoration was completed

in 1997, Bergen County opened it as a museum and historic site with exhibits from the collection of the Pascack Historical Society. In 2014, the County completed a major restoration of the barn building.



Circle of Honor War Memorial

A County Historic Site

Location: Bergen County Court House 10 Main Street, Hackensack, NJ

Hours: Available for viewing year-round

Contact:

201-336-7267 Call for accessibility information.



Circle of Honor War Memorial

In May of 1993, the six marble slabs that make up the Circle of Honor War Memorial were dedicated at the Bergen County Courthouse in Hackensack.

The memorials, set in a semicircle and overlooking a red neon eternal flame housed in granite, commemorate veterans who fought bravely in defending our



nation during World War I, World War II, the Korean War, the Vietnam War, the Beirut conflict, and Operation Desert Storm.

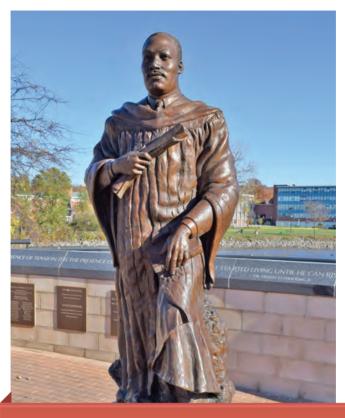
On the back of each monument are precision carvings of warfare aircraft. The Thunderbolt represents Desert Storm; a Stealth, Beirut; a Huey Helicopter, the Vietnam War; a Sabre, Korea; the Flying Fortress, World War II; and a Jenny from World War I.

The memorial serves as a constant reminder of the sacrifice these veterans made for our great nation.

Bergen County Remembers

Near the Circle of Honor, Bergen County and its cultural partners have installed monuments dedicated to remembering tragic events in history. The goal is to keep the memory alive so that future generations never repeat those mistakes. Circling the flag pole at the Court House are monuments to The Holocaust, Slavery, The Great Hunger, The Armenian Genocide, and The World War II Comfort Women.





Martin Luther King, Jr. Monument <

A County Cultural Site

Location: Fairleigh-Dickinson University University Plaza Drive, Hackensack, NJ

Hours:

Available for viewing year-round



Martin Luther King, Jr. Monument

In a ceremony on October 12, 2014, after several years of planning, members of the Bergen County Martin Luther King, Jr. Monument Committee were joined by elected officials, dignitaries and Fairleigh-Dickinson University President



Sheldon Drucker for the unveiling of the Martin Luther King, Jr. statue. The bronze statue was sculpted by Richard Blake and is located on the Hackensack River Pathway as it crosses FDU's Metropolitan Campus from the Hackensack side over the river leading to the Teaneck side.

At the unveiling, President Drucker spoke the following words in honor of Dr. King and his importance to FDU:



"We are honored and proud to be selected as the site for this lasting memorial to this extraordinary leader. Our mission at FDU is to educate world citizens and to empower students to make a difference in their world. They can look to no greater example of a world citizen than Dr. Martin Luther King, Jr. I want to thank Bergen County and its many outstanding representatives for all that they have done to create this incredible tribute. Dr. King's legacy is so long-lasting and so profound

that he will continue to inspire generations to come, and they will continue his work and hopefully realize his greatest dreams."

FAST FACTS

King visited FDU twice. He visited the Metropolitan Campus on October 29, 1966 three years after his landmark "I Have a Dream" speech. The following year, he visited the Rutherford Campus.



Washington Spring

A County Historic Site

Location: Van Saun County Park, Forest Avenue, Paramus, NJ

Hours: Open from 9am to dusk.

Contact: 201-336-7267 Bergen County Zoo: 201-262-3771 Call for accessibility information.



Washington Spring

Washington Spring, located in Van Saun County Park, is associated with General George Washington and the movement of his Continental Army through Bergen County during the Revolutionary War.

This hollow between hills was known as "Slukup," until it was changed to "Spring Valley" in 1832. The local Banta family, one of the region's earliest settlers, were from Friesland in northern Holland. In the Dutch Frisian language "slukup" described a boggy area. The park's land was part of 300 acres owned by Albert Zabriskie in 1686. In 1695, he sold 224 acres to Jacob Van Saun of New York City.





On September 4, 1780, General Washington moved Continental Army troops of approximately 14,000 into a strategic encampment west of the Hackensack River between New Bridge in the south and Kinderkamack to the north in Steenrapie (River Edge).

Hendrick Banta reportedly sold a barrel of cider to these troops "every other day." His 10-year old son Cornelius reportedly saw Washington on his horse three times. During one of these sightings the General was watering his horse at the spring, giving rise to the name "Washington Spring."

On September 17, Washington and the Marquis de Lafayette, headquartered at the northern end of the encampment in the "Soldier Hill" area in Oradell, left for Connecticut to meet the recently arrived

French commanding officers. The rest of the Continental Army decamped on September 20.

Van Saun County Park, whose 138 acres include Washington Spring, was created in 1957.

