

BERGEN NEW JERSEY *County*

James J. Tedesco III
County Executive

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DEPARTMENT OF HUMAN SERVICES
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Director

DIVISION OF SENIOR SERVICES
Lorraine Joewono
Director



For Your Information...

KEY TELEPHONE NUMBERS

Division of Senior Services
Bergen ADRC (formerly NJ EASE)
(201) 336-7400
1-(877) 222-3737

Meals on Wheels
(201) 336-7420

Bergen County Housing Authority
(201) 336-7600

Community Transportation
(201) 368-5955

Division of Disability Services
(201) 336-6500

Bergen County
Board of Social Services
(201) 368-4200

WALLINGTON SENIOR ACTIVITY CENTER

Agata Dressler , Director
24 Union Blvd
Wallington, NJ, 07057
Phone: (973) 777-5815 • Fax (973) 777-5134

wallingtoncenter@bergencountynj.gov

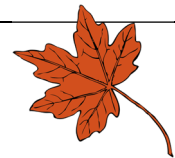
Open: Monday - Friday, 8:00AM - 3:30PM

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WALLINGTON SENIOR ACTIVITY CENTER
Bergen County Department of Human Services
Division of Senior Services/ADRC
November 2024

November 4th	Total Brain Health w/ Agata	12:00PM
November 5th	Election Day - Center Closed	Closed
November 6th	National Saxophone Day <i>Special Performance by Wallington High School Band</i>	11:15AM
November 11th	Center Closed	Closed
November 13th	Vegan Day Special Cooking Presentation by our seniors Niru and Kokila	12:00PM
November 18th	National Princess Day - There is a Princess In All of Us. <i>Spend Time With Someone Who Has Made it Their Life's Work - Presentation By Queen Astraea</i>	12:15PM
November 27th	National French Toast Day <i>French Toast Breakfast</i>	10:00AM- 11:00AM
November 28th	Thanksgiving- Center Closed	Closed
November 29th	Center Closed	Closed



Thanksgiving Luncheon

Garfield Senior Activity Center
480 Midland Ave
Garfield, New Jersey, 07026

Thursday, November 28, 2024
10:00 AM - 2:00 PM

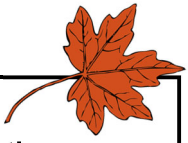
To RSVP call 973-478-0502 or email seniors@co.bergen.nj.us



The Senior Activity Center activities and programs are funded by the Bergen County, Division of Senior Services through the Older Americans Act, and are available at no charge for Bergen County residents 60 years old and over.



Bergen County Division of Senior Services supports and promotes diverse and inclusive communities, and does not discriminate based on age, color, creed, gender, gender identity, mental or physical disability, national origin, political affiliation, race or sexual orientation in its provision of services or employment practices.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Suggested Lunch Donation: \$1.25 Per Meal Please reserve lunch by 11:30 AM the day before</p> <p>Lunch will Be Served at 11:30 Daily</p>				<p>10:00 Senior Fitness 10:00 Knitting & Crocheting 10:30 Informal Art-Painting 11:30 Lunch Served 12:00 Bingo</p> <p>Turkey And Cheddar w/ Romaine</p>
<p>4 10:00 Knitting & Crocheting 10:30 Zumba Gold 11:30 Lunch Served 12:00 <u>Total Brain Health</u></p> <p>Cheeseburger</p>	<p>5 VOTE</p> <p>Center Closed</p>	<p>6 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Active Adult Exercise 11:15 <u>National Saxophone Day</u> 11:30 Lunch Served 12:15 Arts & Crafts</p> <p>Chicken Salad Platter w/ Romaine</p>	<p>7 8:00 ShopRite Shopping 10:30 Chair Yoga 11:30 Lunch Served 12:00 Chair Flow Exercise</p> <p>Roast Pork Loin w/ Gravy</p>	<p>8 10:00 Senior Fitness 10:00 Knitting & Crocheting 10:30 Informal Art-Painting 11:30 Lunch Served 12:00 Bingo</p> <p>Herbed Chicken Leg</p>
<p>11 veterans Day</p> <p>Center Closed</p>	<p>12 10:30 Chair Yoga 11:30 Lunch Served 12:00 Line Dancing 12:00 Diamond Art</p> <p>Homestyle Meatloaf w/</p>	<p>13 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Active Adult Exercise 11:30 Lunch Served 12:00 <u>Vegan Day</u> 12:15 Arts & Crafts</p> <p>Stuffed Peppers</p>	<p>14 8:00 ShopRite Shopping 10:30 Chair Yoga 11:30 Lunch Served 12:00 Chair Flow Exercise</p> <p>Swedish Meatballs w/ Gravy</p>	<p>15 10:00 Senior Fitness 10:00 Knitting & Crocheting 10:30 Informal Art-Painting 11:30 Lunch Served 12:00 Bingo</p> <p>Broccoli Stuffed Chicken</p>
<p>18 10:00 Knitting & Crocheting 10:30 Zumba Gold 11:30 Lunch Served 12:15 <u>National Princess Day</u></p> <p>Italian Meatballs w/ Marinara Sauce</p>	<p>19 10:30 Chair Yoga 11:30 Lunch Served 12:00 Line Dancing 12:00 Diamond Art</p> <p>Cheese Omelet</p>	<p>20 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:00 <u>French Toast Day till 11:00</u> 10:30 Active Adult Exercise 11:30 Lunch Served 12:15 Arts & Crafts</p> <p>Korean BBQ Leg</p>	<p>21 8:00 ShopRite Shopping 10:30 Chair Yoga 11:30 Lunch Served 12:00 Chair Flow Exercise</p> <p>LS Ham and Swiss w/ Romaine</p>	<p>22 10:00 Senior Fitness 10:00 Knitting & Crocheting 10:30 Informal Art-Painting 11:30 Lunch Served 12:00 Bingo</p> <p>Stuffed Cabbage</p>
<p>25 10:00 Knitting & Crocheting 10:30 Zumba Gold 11:30 Lunch Served</p> <p>Chicken Marsala</p>	<p>26 10:30 Chair Yoga 11:30 Lunch Served 12:00 Line Dancing 12:00 Diamond Art</p> <p>Tuna Salad Platter w/ Romaine</p>	<p>27 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Active Adult Exercise 11:30 Lunch Served 12:15 Arts & Crafts</p> <p>Turkey w/ Gravy</p>	<p>28 Happy Thanksgiving</p> <p>Thanksgiving Luncheon at Garfield Senior Center Please RSVP</p>	<p>Center Closed</p>