

BERGEN NEW JERSEY *County*

James J. Tedesco III
County Executive

BOARD OF COUNTY COMMISSIONERS

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DEPARTMENT OF HUMAN SERVICES

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Director

DIVISION OF SENIOR SERVICES
Lorraine Joewono
Director



For Your Information...

KEY TELEPHONE NUMBERS

Division of Senior Services
Bergen ADRC (formerly NJ EASE)
(201) 336-7400
1-(877) 222-3737

Meals on Wheels
(201) 336-7420

Bergen County Housing Authority
(201) 336-7600

Community Transportation
(201) 368-5955

Division of Disability Services
(201) 336-6500

Bergen County
Board of Social Services
(201) 368-4200

WALLINGTON SENIOR ACTIVITY CENTER

24 Union Boulevard
Wallington, NJ 07057
Phone: (973) 777-5815 • Fax (973) 777-5134

WallingtonCenter@co.bergen.nj.us

Open: Monday - Friday 8:00AM - 3:30PM

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WALLINGTON ACTIVITY CENTER
Bergen County Department of Human Services
Division of Senior Services/ADRC

JANUARY 2022

Every Monday	Stretch & Flex	10:30 a.m.
Every Wednesday	Arts & Crafts	11:15 a.m.
Every Wednesday	Zumba Gold	10:30 a.m.
Every Wednesday & Friday	Knitting & crocheting	10:00 a.m.
Every Friday	Bingo	12:00 p.m.
Every Friday	Informal Art - Painting	10:30 a.m.
January 17	Martin Luther King Day Center Closed	

Thank you for your patience and understanding as we continue to navigate necessary COVID-19 protocols and preventative measures at our Senior Activity Centers. These protocols are intended to further ensure the health and safety of everyone at the center. Our senior activity center staff are diligently working to bring safe, but fun and enjoyable activities and programming to our centers. At this time, we ask that you please continue to pre-register for morning or afternoon sessions, as well as, for to-go lunches. Please know that your cooperation during these challenging times is very much appreciated. If you have any questions, kindly contact your center directly at (973) 777-5815 .

The Wallington Senior Activity Center activities and programs are funded by the Bergen County, Division of Senior Services through the Older Americans Act, and are available at no charge for Bergen County residents 60 years old and over.



Bergen County Division of Senior Services supports and promotes diverse and inclusive communities, and does not discriminate based on age, color, creed, gender, gender identity, mental or physical disability, national origin, political affiliation, race or sexual orientation in its provision of services or employment practices.


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>⁶ 10:30 STRETCH & FLEX 11:30 GRAB & GO LUNCH</p> <p>Tuna Salad w/Lettuce & Tomato on Croissant</p>	<p>⁷ 11:30 GRAB & GO LUNCH 12:00 BINGO</p> <p>Cheese & Spinach Lasagna</p>	<p>¹ 8:00 WALMART 10:00 KNITTING & CROCHETING 10:30 ZUMBA GOLD 11:30 GRAB & GO LUNCH</p> <p>Meatloaf with Brown Gravy</p>	<p>² 8:00 FOOD SHOPPING 11:30 GRAB & GO LUNCH</p> <p>Stuffed Flounder With Spinach & Broccoli</p>	<p>³ 10:00 KNITTING & CROCHETING 11:30 GRAB & GO LUNCH 12:00 BINGO</p> <p>Beef Stroganoff with Mushroom Onion Gravy</p>
<p>⁶ 10:30 STRETCH & FLEX 11:30 GRAB & GO LUNCH</p> <p>Roast Beef with Provolone On Roll</p>	<p>⁷ 11:30 GRAB & GO LUNCH 12:00 BINGO</p> <p>Chicken Teriyaki</p>	<p>⁸ 8:00 WALMART 10:00 KNITTING & CROCHETING 10:30 ZUMBA GOLD 11:30 GRAB & GO LUNCH</p> <p>Meat Lasagna</p>	<p>⁹ 8:00 FOOD SHOPPING 11:30 GRAB & GO LUNCH</p> <p>Swedish Meatballs</p>	<p>¹⁰ 10:00 KNITTING & CROCHETING 11:30 GRAB & GO LUNCH 12:00 BINGO</p> <p>Salisbury Steak with Mushroom Gravy</p>
<p>¹³</p> <p>CLOSED</p> <p>MARTIN LUTHER KING DAY</p>	<p>¹⁴ 11:30 GRAB & GO LUNCH 12:00 BINGO</p> <p>Sliced Turkey & Provolone Sandwich</p>	<p>¹⁵ 8:00 WALMART 10:00 KNITTING & CROCHETING 10:30 ZUMBA GOLD 11:30 GRAB & GO LUNCH</p> <p>Baked Penne with Ricotta</p>	<p>¹⁶ 8:00 FOOD SHOPPING 11:30 GRAB & GO LUNCH</p> <p>Orange Chicken</p>	<p>¹⁷ 10:00 KNITTING & CROCHETING 11:30 GRAB & GO LUNCH 12:00 BINGO</p> <p>Beef & Macaroni Casserole</p>
<p>²⁰ 10:30 STRETCH & FLEX 11:30 GRAB & GO LUNCH</p> <p>Breaded Chicken Cutlet w/ Lettuce & Mozzarella</p>	<p>²¹ 11:30 GRAB & GO LUNCH 12:00 BINGO</p> <p>Rotini w/Crumbled Sausage Peppers, Onions with Marinara Sauce</p>	<p>²² 8:00 WALMART 10:00 KNITTING & CROCHETING 10:30 ZUMBA GOLD 11:30 GRAB & GO LUNCH</p> <p>Marinated Pork Loin With Lemon Butter</p>	<p>²³ 8:00 FOOD SHOPPING 11:30 GRAB & GO LUNCH</p> <p>Chicken Filet with Honey Dijon Sauce</p>	<p>¹⁷ 10:00 KNITTING & CROCHETING 11:30 GRAB & GO LUNCH 12:00 BINGO</p> <p>Open Turkey Sandwich w/ Gravy on the side</p>
<p>²⁷ 10:30 STRETCH & FLEX 11:30 GRAB & GO LUNCH</p> <p>Egg Salad w/Lettuce & Tomato On Pita</p>	 <p>HAPPY NEW YEAR</p>		<p>MENU</p> <p>SUBJECT TO CHANGE</p>	<p>973-777-5815</p> <p>SUGGESTED DONATION</p> <p>\$1.25</p>