

BERGEN NEW JERSEY *County*

James J. Tedesco III
County Executive

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DEPARTMENT OF HUMAN SERVICES

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Director

DIVISION OF SENIOR SERVICES

Lorraine Joewono
Director



For Your Information...

KEY TELEPHONE NUMBERS

Division of Senior Services
Bergen ADRC (formerly NJ EASE)
(201) 336-7400
1-(877) 222-3737

Meals on Wheels
(201) 336-7420

Bergen County Housing Authority
(201) 336-7600

Community Transportation
(201) 368-5955

Division of Disability Services
(201) 336-6500

Bergen County
Board of Social Services
(201) 368-4200

WALLINGTON SENIOR ACTIVITY CENTER

24 Union Boulevard
Wallington, NJ 07057
Phone: (973) 777-5815 • Fax (973) 777-5134

WallingtonCenter@co.bergen.nj.us

Open: Monday - Friday 8:00AM - 3:30PM

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WALLINGTON ACTIVITY CENTER Bergen County Department of Human Services Division of Senior Services/ADRC

NOVEMBER 2021

Every Monday	Stretch & Flex	10:30 a.m.
Every Tuesday	Arts & Crafts	10:30 a.m.
Every Tuesday & Friday	Bingo	12:00 p.m.
Every Wednesday	Zumba Gold	10:30 a.m.
Every Wednesday & Friday	Knitting & crocheting	10:00 a.m.
Every Friday	Informal Art - Painting	10:30 a.m.
November 2	Election Day - Center Closed	
November 7	Daylight Savings Ends	
November 11	Veterans Day - Center Closed	
November 25	Thanksgiving Day - Center Closed	
November 26	Center Closed	

The Wallington Senior Activity Center activities and programs are funded by the Bergen County, Division of Senior Services through the Older Americans Act, and are available at no charge for Bergen County residents 60 years old and over.

Thank you for your patience and understanding as we continue to navigate necessary COVID-19 protocols and preventative measures at our Senior Activity Centers. These protocols are intended to further ensure the health and safety of everyone at the center. Our senior activity center staff are diligently working to bring safe, but fun and enjoyable activities and programming to our centers. At this time, we ask that you please continue to pre-register for morning or afternoon sessions, as well as, for to-go lunches. Please know that your cooperation during these challenging times is very much appreciated. If you have any questions, kindly contact your center directly at (973) 777-5815 .



Bergen County Division of Senior Services supports and promotes diverse and inclusive communities, and does not discriminate based on age, color, creed, gender, gender identity, mental or physical disability, national origin, political affiliation, race or sexual orientation in its provision of services or employment practices.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>¹ 10:30 STRETCH & FLEX 11:30 GRAB & GO LUNCH</p> <p>Turkey & Swiss Sandwich With Arugula on Multigrain</p>	<p>²</p> <p>Election Day</p> <p>Center Closed</p>	<p>³ 8:00 WALMART 10:00 KNITTING & CROCHETING 10:30 ZUMBA GOLD 11:30 GRAB & GO LUNCH</p> <p>Breaded Chicken Cutlet</p>	<p>⁴ 8:00 FOOD SHOPPING 11:30 GRAB & GO LUNCH</p> <p>Shaved Beef Stroganoff with</p>	<p>⁵ 10:00 KNITTING & CROCHETING 11:30 GRAB & GO LUNCH 12:00 BINGO</p> <p>Broccoli Stuffed Chicken</p>
<p>⁸ 10:30 STRETCH & FLEX 11:30 GRAB & GO LUNCH</p> <p>Chicken Salad Sandwich with Lettuce on Kaiser Roll</p>	<p>⁹ 11:30 GRAB & GO LUNCH 12:00 BINGO</p> <p>BBQ Pulled Pork</p>	<p>¹⁰ 8:00 WALMART 10:00 KNITTING & CROCHETING 10:30 ZUMBA GOLD 11:30 GRAB & GO LUNCH</p> <p>Hamburger Plate</p>	<p>¹¹</p> <p>Veterans' Day</p> <p>Center Closed</p>	<p>¹² 10:00 KNITTING & CROCHETING 11:30 GRAB & GO LUNCH 12:00 BINGO</p> <p>Roast Turkey with Brown Gravy</p>
<p>¹⁵ 10:30 STRETCH & FLEX 11:30 GRAB & GO LUNCH</p> <p>Black Forest Ham & Swiss with Lettuce & Tomato on Long Roll</p>	<p>¹⁶ 11:30 GRAB & GO LUNCH 12:00 BINGO</p> <p>Chicken Teriyaki with White Rice & Green Peas</p>	<p>¹⁷ 8:00 WALMART 10:00 KNITTING & CROCHETING 10:30 ZUMBA GOLD 11:30 GRAB & GO LUNCH</p> <p>Salisbury Steak with</p>	<p>¹⁸ 8:00 FOOD SHOPPING 11:30 GRAB & GO LUNCH</p> <p>Italian Meatballs with Tomato</p>	<p>¹⁹ 10:00 KNITTING & CROCHETING 11:30 GRAB & GO LUNCH 12:00 BINGO</p> <p>Shaved Chicken on</p>
<p>²² 10:30 STRETCH & FLEX 11:30 GRAB & GO LUNCH</p> <p>Egg Salad with Lettuce & Tomato on Multigrain Roll</p>	<p>²³ 11:30 GRAB & GO LUNCH 12:00 BINGO</p> <p>Korean BBQ Chicken Leg</p>	<p>²⁴ 8:00 WALMART 10:00 KNITTING & CROCHETING 10:30 ZUMBA GOLD 11:30 GRAB & GO LUNCH</p> <p>Stuffed Cabbage</p>	<p>Thanksgiving Day</p> <p>Center Closed</p>	<p>Day After Thanksgiving</p> <p>Center Closed</p>
<p>²⁹ 10:30 STRETCH & FLEX 11:30 GRAB & GO LUNCH</p> <p>Breaded Chicken Cutlet & Provolone w/ Lettuce & Herb</p>	<p>³⁰ 11:30 GRAB & GO LUNCH 12:00 BINGO</p> <p>Home-Style Meatloaf with Brown Gravy</p>	<p>SUGGESTED DONATION</p> <p>\$1.25</p>		