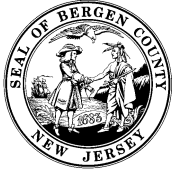


COUNTY OF BERGEN



James J. Tedesco III
County Executive

**BOARD OF
COMMISSIONERS**

Department of Human Services

Division of Senior Services

HOME DELIVERED MEAL PROGRAMS IN BERGEN COUNTY

County of Bergen
Department of Human Services
Division of Senior Services
One Bergen County Plaza
2nd Floor
Hackensack, NJ 07601

Tel. 201-336-7420
Toll free: 1-877-222-3737
Fax: 201-336-7424
TTY: 1-800-852-7897
www.co.bergen.nj.us

jc/SS/Brochures/MOWbrochure/12-30-18

Home Delivered Meal Programs

The goal of a home delivered meal program is to enable homebound adults to remain in their community with independence and dignity.

A nutritionally balanced meal is delivered to eligible individuals who are unable to prepare their own meals or shop for food, and do not have anyone to prepare meals or shop for them.

There are a number of home delivered meal programs in Bergen County.

Residents are served through government or non-profit agencies.

This brochure provides you with the information necessary to contact the program serving your community.

BERGEN COUNTY MEALS ON WHEELS PROGRAM

One Bergen County Plaza, 2nd Floor
Hackensack, NJ 07601-7076
(201) 336-7420
Office hours: 8:00 a.m. – 4:00 p.m.
seniors@co.bergen.nj.us

Serves persons age 60 years and older who are homebound, unable to prepare their own meals, have no one to assist with meal preparation during the day, and not a Medicaid recipient of Managed Long Term Support Services (MLTSS).

Hot Meal Plan

One meal a day delivered between 9:00 a.m. – 2:00 p.m., Monday- Friday.

Frozen Meal Plan

One week supply of meals delivered on a scheduled day each week between 9:00 a.m. – 3:30 p.m.

Frozen meals are fully cooked and can be reheated in the microwave or conventional oven.

Suggested donation is \$1.25 per meal. Donations are voluntary and confidential; service will not be denied if you are unable to donate.

Weekend meals are available for nutritionally high-risk clients only.

Special diet meals are **not** available.

A copy of this brochure or an application can be accessed at: www.co.bergen.nj.us

BERGEN COUNTY MEALS ON WHEELS PROGRAM

Serving:

Bergenfield	Garfield	No Arlington
Bogota	Hackensack	Palisades Pk
Carlstadt	Hasbrouck	Ridgefield
Cliffside Pk	Hgts	Ridgefield Pk
E. Rutherford	Leonia	Rochelle Pk
Edgewater	Little Ferry	Rutherford
Elmwood Pk	Lodi	Saddle Brook
Englewood	Lyndhurst	S. Hackensack
Engl. Cliffs	Maywood	Teaneck
Fair Lawn	Moonachie	Teterboro
Fairview	New Milford	Wallington
Ft Lee		Wood Ridge

An application can be completed online at www.co.bergen.nj.us , or a copy of the application can be printed and faxed to 201-336-7424.

BERGEN COUNTY MEALS ON WHEELS SERVING THE DISABLED

One Bergen County Plaza, 2ndFlr
Hackensack, NJ 07601
(201) 336-6501
bacosta@co.bergen.nj.us

Assists eligible adults age 18 to 59, whether disabled permanently or temporarily, either through physical or mental illness, who are living alone and unable to prepare their own meals.

Serving: Same areas and options as Bergen County Meals on Wheels program.

COMMUNITY MEALS INC.

c/o Community Church of Glen Rock
354 Rock Rd. Glen Rock, NJ 07452
Penny Schildkraut, Executive Director
Karen Hoy, Associate Director

(201) 447-8295
Office hours: 10:00 a.m. – 2:00 p.m.

communitymealsonwheels@gmail.com
www.communitymealsonwheels.org

Serving homebound persons who are ill or disabled and unable to prepare or obtain meals for themselves.

Delivery Monday-Friday
Two meals per day \$47.00 per week
Hot meal \$4.90 per day
Cold Meal \$4.50 per day

Invoice sent each month; payment by check only.

Special diet meals are available.

Serving: Allendale, Glen Rock, Ho-Ho-Kus, Midland Park, Ridgewood, Waldwick, and part of Saddle River.

PASCACK VALLEY MEALS ON WHEELS a/n/a MEALS ON WHEELS NORTH JERSEY

100 Madison Ave, Suite 3
Westwood, NJ 07675
Jeanne Martin, Director
(201) 358-0050
www.mealsonwheelsnorthjersey.org

Office Hours: 9:00 a.m. – 4:00 p.m.

Serves homebound persons of all ages.

Hot lunch & sandwich delivered Monday-Friday for \$7.35 per day; or based upon availability, one hot meal for a voluntary donation.

Special diet meals are available.

Serving: Alpine, Closter, Cresskill, Demarest, Dumont, Emerson, Franklin Lakes, Harrington Park, Haworth, Hillsdale, Mahwah, Montvale, New Milford, Northvale, Norwood, Oakland, Old Tappan, Oradell, Paramus, Park Ridge, Ramsey, River Edge, River Vale, Rockleigh, part of Saddle River, Tenafly, Upper Saddle River, Washington Township, Westwood, Woodcliff Lake.

WYCKOFF MEALS ON WHEELS

Town Hall, Franklin Avenue
Wyckoff, NJ 07481

Alma Mader, (201) 891-4840
Leave message on answering machine.

Serves homebound persons of all ages.
Hot meal: \$15.00 per week;
Hot meal & sandwich: \$17.50 per week, sliding scale.

Meals delivered Monday- Friday including holidays.

Special diet meals are available.

Serving: Wyckoff only

KOSHER MEALS ON WHEELS

Jewish Family & Children's Services of North Jersey

1485 Teaneck Road
Teaneck, NJ 07666
(201) 837-9090
ira@jfsbergen.org

Serves homebound persons of all ages.

One week supply of frozen meals delivered once a week on a scheduled day, Monday – Friday;

Donation suggested.

Low sodium kosher meals only.

Serving: All of Bergen County