

## **WE ARE EAGER TO HEAR FROM YOU**

The Coalition is a group of supportive and caring individuals who share a commitment to improving the lives of caregivers in Bergen County.

Anyone with an interest in caregiving is welcome to join!

If you are a caregiver - your voice, and your story can help guide the Coalition's work!

## **CCBC**

Caregivers Coalition of Bergen County

## **ADVOCACY**

The coalition works with state and local legislators and organizations on caregiving issues, advocating for policies that will improve the quality of life for caregivers.

## **CAREGIVERS: THE HEART OF THE COALITION**

While caregivers are often very busy caregiving, communication via email or phone is easy and keeps everyone "in the loop".

All interested caregivers are invited to participate in the Coalition at whatever level of involvement is best for them.

## **BERGEN COUNTY RESOURCES**

### **ADRC**

Aging & Disability Resource Connection

#### **Division on Senior Services**

- Phone: 201-336-7400
- TTY: 201-336-6505
- Fax: 201-336-7424

#### **Division on Disability Services**

- Phone: 201-336-6500
- TTY: 201-336-6505
- Fax: 201-336-6510
  
- Respite Care: 201-336-6511
- In-Home Caregiver Education and Support: 201-336-6504



## **JOIN US!**

***EVERYONE IS A CAREGIVER  
OR KNOWS SOMEONE  
WHO IS***



## **MISSION OF THE CAREGIVERS COALITION OF BERGEN COUNTY**

**TO BE A CAREGIVER-CENTRIC GROUP  
PROMOTING KNOWLEDGE OF,  
SENSITIVITY TO AND ACTION AROUND  
CAREGIVERS ISSUES**



# Caregivers Coalition of Bergen County.

WORKING TO EMPOWER CAREGIVERS WITH CURRENT INFORMATION,  
EASY ACCESS TO RESOURCES AND AVAILABLE SERVICES

contact: Linda Cross (201)336-7427,  
or [lcross@co.bergen.nj.us](mailto:lcross@co.bergen.nj.us)

## CAREGIVING A VITAL ROLE

Caregivers are found in every city and town around the world, caring for loved ones of all ages with chronic illnesses or disabilities. Family, friends, or neighbors may care for an aging parent, a sibling with mental illness, or a child or spouse with a disability. Caregivers may care for their loved one full-time, part-time, or long distance.



## THE CAREGIVERS COALITION IS BORN

There are an estimated 100,000 caregivers in Bergen County caring for children, adults, or seniors with chronic, disabling health conditions. This number is growing each year.

The Caregivers Coalition of Bergen County was formed in 2008 to help improve the lives of caregivers.

The Coalition is open to anyone concerned about caregiving, including (and especially) caregivers, representatives from non-profit and for-profit organizations, government agencies, faith-based groups, corporations, as well as the community-at-large.

*Over 100,000 caregivers in Bergen County care for a parent, a spouse, a child, or a sibling, who is aging, living with a disability, a chronic condition, or mental illness.*

## THE COALITION IN ACTION

The Coalition works on many fronts to strengthen services, resources, and access to information for caregivers, and reaches out to the public about caregiving issues in a variety of ways.

The Caregiver Coalition is a network of caregiving folk, both informal family caregivers and professional agency staff. Everyone is welcome. We will not share contact information, but we do ask you to share ours with your own personal affiliations and professional networks. Please like us on facebook.

## ANNUAL CAREGIVERS CONFERENCE

The Coalition sponsors a free caregiver's conference with a variety of caregiver topics. Exhibits and service providers are also present.

## CCBC

Caregivers Coalition of Bergen County

For more information about the Coalition and upcoming meetings visit us on facebook or call one of our professional partners at: **Bergen County Division of Senior Services (201)336-7400**