#### The Human Services Institute

is affiliated with the Bergen County Department of Human Services.

#### The Institute is committed

to the professional development of county employees and the communities we serve.

# The cost of each session is \$38.00 per person (except where noted).

Free for employees of the Departments and Offices located at One Bergen County Plaza, the Department of Health Services, and Constitutional Officers.

### Participation is limited.

No refunds are available. You must submit the attached form to register.

Make check payable to: "County of Bergen"

Send registration to: Terry Cannon
Department of Human Services
One Bergen County Plaza, 2nd Floor
Hackensack, NJ 07601
Call 201-336-7425 with questions or
concerns about course content, references,
evaluation, registration, facilities, or
course administration.

### To receive a certificate (for CEs):

Participant must pay the fee, attend entire workshop, sign in, sign out, and complete an evaluation.

Certificates will be distributed at the end of the workshop.

## All workshops will be held at:

One Bergen County Plaza
Hackensack, NJ 07601
(see schedule for room number)

# Parking at One Bergen County Plaza Hackensack, NJ

Parking lot entrance for visitors is between One Bergen County Plaza and the Justice Center, off Hudson Street. The guard at the security booth will direct you to the proper area. Handicapped parking is on the piazza in front of the main lobby entrance to One Bergen County Plaza.

### **Directions**

From Route 4 East or 4 West - Exit at Hackensack Avenue, Business District. Hackensack Avenue becomes River Street. From River Street make a right onto Kansas Street then right onto Hudson Street. Building is on your right. Turn right immediately after building into parking lot.

From Route 17 North - Exit at Polifly Road. Four lights later, make a right onto Essex Street, cross over railroad tracks. See Courthouse ahead. (Road curves and splits). Make a right onto Hudson Street and your first left between the Justice Center and One Bergen County Plaza.

**From Route 17 South** - Exit at Essex Street (Maywood - Paterson). Make a left at the stop sign onto Essex Street. Stay on Essex over Route 17, past Hackensack University Medical Center, over railroad tracks. Proceed as above from Route 17 North.

From Route 80 West or 80 East - Exit at #66 (Hudson Street, Hackensack, Little Ferry). Go to light. Make a left onto Hudson Street. As Hudson Street starts to curve, see Courthouse ahead. Make a right between Justice Center and One Bergen County Plaza.

Please call two weeks in advance to request special accommodations







James J. Tedesco III
County Executive

## **BOARD OF CHOSEN FREEHOLDERS**

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### **DEPARTMENT OF HUMAN SERVICES**

Jane C. Linter
Director



# Human Services Institute

**Spring/Summer 2018** 

Professional Development
Seminars



Department of Human Services One Bergen County Plaza Hackensack, NJ 07601

> Phone: (201) 336-7425 Fax: (201) 336-7450



#### SPRING/SUMMER 2018 WORKSHOPS

### **Identifying and Understanding Elder Abuse**

Wednesday, March 14, 2018

9:30 a.m.—12:30 p.m.

Presenter: Maria Aberasturi, LSW

3 Social Work CE's

Location: Room 460 Price: \$38.00

Through the use of case studies, this workshop will identify the indicators of abuse, neglect, and financial exploitation of vulnerable adults. Participants will be introduced to the Power and Control Wheel for Elder Abuse and learn to use the wheel to identify and understand the tactics used by those that abuse the elderly.

This course is approved by the Association of Social Work Boards - ASWB NJ CE Course Approval Program Provider #40, Course 715, from 3/24/2016 to 3/24/2018. Social workers will receive the following credits: 3 General Social Work Practice.

## **Cultural Competency**

Thursday, April 19, 2018 9:30 a.m.—3:30 p.m.

Presenter: Paula Rodriguez-Rust, Ph.D.

Spectrum Diversity 5 Social Work CE's\*

Location: Room 460 Price: \$55.00 This workshop examines what constitutes the ethnic and cultural differences in the assessment and treatment of individuals. Being culturally competent is crucial in providing an effective diagnosis.

This course is approved by the Association of Social Work Boards - ASWB NJ CE Course Approval Program Provider #40, Course #1791 from 4/10/2018 to 4/10/2020. Social workers will receive the following type and number of credits: 5 Social and Cultural Competence

For more information about Human Services Institute workshops, please visit www.co.bergen.nj.us/hsi

# Eating Psychology: Dimensions and the Energy of Food and Thought

Thursday, May 17, 2018 9:30 a.m.—12:30 p.m.

Presenter: Nicolette Cothron, MA, CEPC

3 Social Work CE's\*

Location: Room 460 Price: \$38.00 This workshop will examine the complex relationship that we have with food and teach principles that support healing disordered eating.

Participants will learn to identify disordered eating habits and take a holistic approach toward

This course is approved by the Association of Social Work Boards – ASWB NJ CE Course Approval Program Provider #40, Course #1792 from 5/3/2018 to 5/3/2020. Social workers will receive the following type and number of credits: 3 General Social Work Practice

establishing a healthy relationship with food.

# Disability Awareness and Americans with Disabilities Act Updates for Social Workers

Thursday, June 21, 2018 9:30 a.m.—12:30 p.m.

Presenter: James Thebery, M.A., CSW, Director, Bergen County Division on Disability Services

3 Social Work CEs

Location: Room 460 Price: \$38.00

An interactive session that will provide social workers with background on the Americans with Disabilities Act, its impact, recent changes and adaptations, and enhance awareness of various forms of disability. Participants will learn the importance of focusing on the abilities and support needs rather than on labels.

This course is approved by the Association of Social Work Boards - ASWB NJ CE Course Approval Program Provider #40, Course #917 from 7/8/2016 to 7/8/2018. Social workers will receive the following type and number of credits: 3 General Social Work Practice

Note: Cell phone use is not permitted during workshops

# Professional Fatigue: Leading With Balance

Wednesday, July 11, 2018 9:30 a.m.—12:30 p.m.

Presenter: Sheila Robinson-Kiss, MSW, LCSW

Fair Lawn, NJ 3 Social Work CEs

Location: Room 460 Price: \$38.00

This workshop offers an unusual combination of cutting edge information on coping with professional fatigue and stress reduction, as well as cognitive, behavioral and relaxation techniques.

This course is approved by the Association of Social Work Boards—ASWB Provider #40, Course #1092 from 11/18/2016 to 11/18/2018. Social Workers will receive the following credits: 3 General Social Work.

#### **Social Work Ethics**

Tuesday, August 7, 2018 9:30 a.m.—3:30 p.m.

Presenter: Michael Tozzoli, LCSW, CEO,

West Bergen Mental Healthcare

5 Social Work CEs

Location: Room 460 Price: \$55.00

This workshop will cover the main components of ethical practice, from both an agency and practitioner perspective, as well as from the licensing point of view. Designed to be interactive, examples will be used to take apart the various issues and explore the strategies that will illustrate how the real world can be complex and, at times, challenge the black and white many would hope for when real human beings are involved.

This course is approved by the Association of Social Work Boards - ASWB NJ CE Course Approval Program Provider #40, Course #1662 from 12/4/2017 to 12/4/2019. Social workers will receive the following type and number of credits: 5 Ethics

Human Services Institute Spring/Summer 2018

# **Registration Form**

One Form Per Person Please!

Name:
Agency:
Address:
City / Zip Code:
Daytime Phone:
E-mail Address:
Supervisor's Initials:
Please check:
Elder Abuse (March 14) \$38.00
Cultural Competency (April 19) \$55.00
Healthy Eating (May 17) \$38.00
Disability Awareness (June 21) \$38.00
Professional Fatigue (July 11) \$38.00
Social Work Ethics (August 7) \$55.00
workshop(s) x \$38.00 workshop(s) x \$55.00
= (total enclosed)

Make check payable to: "County of Bergen"