

The Human Services Institute is affiliated with the Bergen County Department of Human Services.

The Institute is committed to the professional development of county employees and the communities we serve.

The cost of each session is \$40.00 per person (except where noted). Free for employees of the Departments and Offices located at One Bergen County Plaza, the Department of Health Services, and Constitutional Officers.

Participation is limited. No refunds are available. You must submit the attached form to register.

Make check payable to: "County of Bergen"

Send registration to: Terry Cannon
Department of Human Services
One Bergen County Plaza, 2nd Floor
Hackensack, NJ 07601
Call 201-336-7425 with questions or concerns about course content, references, evaluation, registration, facilities, or course administration.

To receive a certificate (for CEs):
Participant must pay the fee, attend entire workshop, sign in, sign out, and complete an evaluation. Certificates will be distributed at the end of the workshop.

All workshops will be held at:
One Bergen County Plaza
Hackensack, NJ 07601
(see schedule for room number)

Parking at One Bergen County Plaza Hackensack, NJ

Parking lot entrance for visitors is between One Bergen County Plaza and the Justice Center, off Hudson Street. The guard at the security booth will direct you to the proper area. Handicapped parking is on the piazza in front of the main lobby entrance to One Bergen County Plaza.

Directions

From Route 4 East or 4 West - Exit at Hackensack Avenue, Business District. Hackensack Avenue becomes River Street. From River Street make a right onto Kansas Street then right onto Hudson Street. Building is on your right. Turn right immediately after building into parking lot.

From Route 17 North - Exit at Polifly Road. Four lights later, make a right onto Essex Street, cross over railroad tracks. See Courthouse ahead. (Road curves and splits). Make a right onto Hudson Street and your first left between the Justice Center and One Bergen County Plaza.

From Route 17 South - Exit at Essex Street (Maywood - Paterson). Make a left at the stop sign onto Essex Street. Stay on Essex over Route 17, past Hackensack University Medical Center, over railroad tracks. Proceed as above from Route 17 North.

From Route 80 West or 80 East - Exit at #66 (Hudson Street, Hackensack, Little Ferry). Go to light. Make a left onto Hudson Street. As Hudson Street starts to curve, see Courthouse ahead. Make a right between Justice Center and One Bergen County Plaza.

Please call two weeks in advance to request special accommodations



BERGEN
NEW JERSEY *County*



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County Executive

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BERGEN
NEW JERSEY *County*

Human Services Institute Spring/Summer 2020 Professional Development Seminars



Department of Human Services
One Bergen County Plaza
Hackensack, NJ 07601

Phone: (201) 336-7425
Fax: (201) 336-7450



SPRING/SUMMER 2020 WORKSHOPS

Implementing an Afrocentric Approach in Therapy

Wednesday, February 19, 2020
 9:30 a.m.—3:30 p.m.
 Presenter: Dr. Yolanda Hawkins-Rogers
 5 Social Work CE's
 Location: Room 460 **Price: \$60.00**

The importance of understanding how to implement an Afrocentric approach in therapy cannot be underscored enough when working with an African-American clientele. The Afrocentric approach was developed as a response to a strictly Eurocentric approach to therapy, which may not distinguish the risks, dilemmas, and historical trauma that are unique to the African-American population. The Afrocentric approach will be introduced and be described as to how it can be incorporated into a therapist's clinical work.

Implementing an Afrocentric Approach In Therapy, Course # 2358, is approved by the Association of Social Work Boards (ASWB) as an Approved Continuing Education (ACE) program to be offered by Bergen County Dept. of Human Services, Human Services Institute, as an individual course. Individual courses, not providers, are approved at the course level. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. ACE course approval period: 05/08/2019 - 05/08/2021. Social workers completing this course will receive five (5) Clinical Practice continuing education credits.

Eating Psychology: Dimensions and the Energy of Food and Thought

Thursday, April 16, 2020
 9:30 a.m. –12:30 p.m.
 Presenter: Nicolette Cothron, MA, CEPC
 3 Social Work CE's
 Location: Room 460 **Price: \$40.00**

This workshop will examine the complex relationship that many people experience with food, and teach principles to help those heal their disordered eating habits. Class participants will be taught a holistic approach toward establishing a healthy relationship with food.

This course is approved by the Association of Social Work Boards - ASWB NJ CE Course Approval Program Provider #40 Course #1792 from 05/03/2018 to 05/03/2020. Social workers completing this course will receive three (3) General Social Work Practice continuing education credits.

Understanding Sexuality and Gender Identification

Thursday, June 18, 2020
 9:30 a.m.-12:30 p.m.
 Presenter: Eboni Gadson, MSW, LSW
 TLP Counseling
 3 Social Work CE's
 Location: Room 460 **Price: \$40.00**

What determines a person's sex? What determines a person's gender? This session will explore the spectrum of sexual identity and differentiate sexual orientation, gender identity and gender expression. We will also cover what healthcare providers need to know to provide the best care to LGBTQI clients and avoid perpetuating harm or trauma. We will explore federal and New Jersey legislation, how these regulations provide protections for LGBTQI clients, and review what this means for our work. Topics include: basic terminology, an overview of the layers of sexual identity, legislation, and techniques to create a welcoming and affirming environment.

NJ Social Workers: An application has been made for consideration for three (3) Clinical continuing education credits for this course

Disability Awareness and Americans with Disabilities Act Updates for Social Workers

Wednesday, July 15, 2020
 9:30 a.m.—12:30 p.m.
 Presenter: James Thebery, M.A., CSW ,
 Former Director, Bergen County Division on Disability Services
 3 Social Work CE's
 Location: Room 460 **Price: \$40.00**

An interactive session that will provide social workers with background information regarding the Americans with Disabilities Act, its impact, recent changes and adaptations, and enhance awareness of the various forms of disability. Class participants will learn the importance of focusing on a person's abilities and needed support, rather than on labels.

This course is approved by the Association of Social Work Boards - ASWB NJ CE Course Approval Program Provider #40, Course #917 from 7/8/2016 to 7/8/2018. Social workers will receive the following type and number of credits: 3 General Social Work Practice.

Note: Cell phone use is not permitted during workshops



For more information about Human Services Institute workshops, please visit www.co.bergen.nj.us/hsi

Human Services Institute
 Spring/Summer 2020

Registration Form

One Form Per Person Please!

Name: _____

Agency: _____

Address: _____

City / Zip Code: _____

Daytime Phone: _____

E-mail Address: _____

Supervisor's Initials: _____

Please check:

_____ February 19 Afrocentric Approach in Therapy \$40.00

_____ April 16 Eating Psychology \$40.00

_____ June 18 Understanding Sexuality and Gender \$40.00

_____ July 15 Disability Awareness \$40.00

_____ workshop(s) x \$40.00

_____ workshop(s) x \$60.00

= _____ (total enclosed)

Make check payable to: "County of Bergen"