

## COUNTY OF BERGEN

Department of Human Services  
Division of Family Guidance

### MISSION STATEMENT

Bergen County's Division of Family Guidance provides clinical, residential, educational, correctional, case management and monitoring services to at-risk children, adolescents, and families, particularly those who are otherwise unable to receive needed services.

### VISION

The Division of Family Guidance is Bergen County's resource for youth & families in need.

### VALUES

- Collaborative, Creative, and Empirically Driven Programming
- Safe, Respectful, Dependable and Therapeutic Environments
- Developmentally Appropriate Expectations
- Empowerment through Opportunity
- Community Safety

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### SHELTER PLUS CARE

125 Essex Street  
Hackensack, NJ 07601

Phone: (201) 336-7378

Fax: (201) 646-2729

## COUNTY OF BERGEN



**James J. Tedesco III**  
*County Executive*

### BOARD OF CHOSEN FREEHOLDERS

DEPARTMENT OF HUMAN SERVICES

DIVISION OF FAMILY GUIDANCE

**BERGEN**  
NEW JERSEY *County*

## SHELTER PLUS CARE

*Permanent Supportive Housing*



County of Bergen  
Department of Human Services  
**Division of Family Guidance**  
**SHELTER PLUS CARE**  
125 Essex Street  
Hackensack, NJ 07601

[www.co.bergen.nj.us/bcdhs/divisions/family.htm](http://www.co.bergen.nj.us/bcdhs/divisions/family.htm)

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### OVERVIEW

**S**helter Plus Care is a permanent supportive housing program that provides HUD housing vouchers and support services to assist young people in acquiring sustainable housing and functioning in an independent living setting. Shelter Plus Care is a collaboration between the Housing Authority of Bergen County, which determines eligibility and administers the vouchers, and the Bergen County Division of Family Guidance, which provides ongoing case management services.

### WHAT ARE THE GOALS?

- ❖ To help young adults with mental health, substance abuse, learning, and/or behavioral difficulties acquire and sustain affordable housing.
- ❖ To facilitate participants' job retention, apartment upkeep, budgeting, and access to medical and psychiatric services.
- ❖ To reduce homelessness.

### SERVICES

- ❖ Help young adults find apartments and live independently in unsupervised residences.
- ❖ Provide monthly case management services.
- ❖ Link participants to community resources such as food banks, Medicaid, and mental health services.
- ❖ Provide crisis counseling.
- ❖ Facilitate access to the Division of Family Guidance continuum of services including:
  - Psychiatric evaluation
  - Medication monitoring
  - Psychotherapy
  - Substance abuse treatment
  - Vocational testing
  - GED preparation
  - Vocational, job & college coaching
  - Recreational activities

### REQUIREMENTS

- ❖ Must be a resident of Bergen County.
- ❖ Must be between the ages of 18 and 21 at time of initial eligibility.
- ❖ On an annual basis, must meet HUD eligibility requirements and need continued supportive services.

### WHO REFERS?

- ❖ Self-referral
- ❖ Visions Transitional Living Program
- ❖ Bergen's Place Youth Shelter
- ❖ Community referrals
- ❖ The Division of Child Protection and Permanency (DCP&P)