



**COUNTY OF BERGEN**  
**DEPARTMENT OF HUMAN SERVICES**  
**DIVISION OF DISABILITY SERVICES**  
One Bergen County Plaza • 2nd Floor • Hackensack, NJ 07601-7076  
(201) 336-6500 • TTY (201) 336-6505 • FAX (201) 336-6510

**James J. Tedesco III**  
County Executive

**Melissa H. DeBartolo, Esq.**  
Department Director

**Anika S. Davis, Ed.S.**  
Division Director

## **IN-HOME CAREGIVER EDUCATION & SUPPORT PROGRAM**

*\*Funding provided by the Bergen County Division of Senior Services. Services are available at no cost to the participant.*

*This Program is a free service designed for people currently caring for family members & loved ones.*

A Registered Nurse first meets with the caregiver in the home to conduct an initial assessment. Based on the assessment, a teaching plan is prepared. The plan identifies the needs of the caregiver and will enable caregivers to identify and develop goals for learning skills necessary to provide care.

The caregiver may receive a limited number of home visits from the following disciplines:

- Physical Therapist
- Speech Therapist
- Occupational Therapist
- Registered Dietician

*\*A Licensed Clinical Social Worker is also available to offer short-term counseling to the caregiver for stress management*

THE CAREGIVER MUST BE:

- Unpaid & eighteen years of age or older
- He/she must be actively engaged in the recipient's care.

THE CARE-RECIPIENT MUST BE:

- A Bergen County resident sixty years of age or older **OR**
- A Bergen County resident who is under sixty years of age and has a diagnosis of early onset dementia or disability.

**FOR FURTHER INFORMATION CONTACT:**  
Daniel S. Kotkin, Program Manager at: 201-336-6504  
TTY #: 201-336-6505 Fax #: 201-336-6510  
Email: [dkotkin@co.bergen.nj.us](mailto:dkotkin@co.bergen.nj.us)

