

## OTHER

### Conjunctivitis

- Pink conjunctivae with discharge
- Matted eyelids
- Redness of eyelid or skin
- Eye pain

Report: **Outbreaks only: immediately**

Exclude: Until approved by physician

### Head Lice

- Head scratching

Report: **Outbreaks only: immediately**

Exclude: Refer to your school policy

### Impetigo

- Red pimples or fluid filled blisters

Report: **Outbreaks only: immediately**

Exclude: 24 hours after treatment has been initiated

### MRSA

- Red bumps that progress to pus filled boils or abscesses.

Report: **Outbreaks only: immediately**

Exclude: None (bandage wounds)

### Ringworm

- Hair loss
- Circular lesion
- Itching

Report: **Outbreaks only: immediately**

Exclude: After treatment has been initiated

### Scabies

- Rash
- Extensive Itching
- Tiny burrows seen on the skin

Report: **Outbreaks only: immediately**

Exclude: Until treated

## REQUIREMENTS

According to the New Jersey Administrative Code Title 8, Chapter 57, Section 1.4; a person having control or supervision over a hospital, or other health care institution, correctional facility, school, summer camp, child care center, preschool, or institution of higher education is required to report any person who is ill or infected with any disease listed in N.J.A.C. 8:57-1.3. These facilities must also immediately report by telephone any outbreak\* or suspected outbreak of illness, including but not limited to, foodborne, waterborne or hospital-acquired disease or a suspected act of bioterrorism.

*\*An outbreak is defined as an increase in cases of a disease above what is normally expected in that population in that area.*

New Jersey Minimum Immunization

## IMMUNIZATIONS

Requirements for Grades K—12

Children entering Kindergarten should be up-to-date with the following: DTAP, Polio, MMR, Varicella, Hep B

Children entering 6th grade and higher should be up-to-date with those listed above **and:**

Tdap, Meningococcal

<https://nj.gov/health/cd/documents/k12-parents.pdf>

## REPORTING

### Bergen County Department of Health Services

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## Bergen County Department of Health Services

### COMMUNICABLE DISEASE REPORTING GUIDE

**James J. Tedesco III**  
*Bergen County Executive*

**Board of Chosen Freeholders**  
*Germaine M. Ortiz, Chairwoman*  
*Mary J. Amoroso, Vice Chairwoman*  
*Dr. Joan M. Voss*  
*David L. Ganz*  
*Thomas J. Sullivan*  
*Steven A. Tanelli*  
*Tracy S. Zur*

To Report a Communicable Disease or Outbreak

201-634-2600

## BACTERIAL ILLNESS

### Campylobacteriosis, Salmonellosis

- Fever
- Nausea/Vomiting/Diarrhea

Report: Within 24 hours

Exclude: Until symptom free

### Cryptosporidiosis, Giardiasis

- Gas
- Abdominal cramps
- Nausea/Vomiting/Diarrhea

Report: Within 24 hours

Exclude: Until symptom free

### E. coli, Shigellosis

- Fever
- Nausea/Vomiting/Diarrhea
- Abdominal cramps

Report: Within 24 hours

Exclude: Daycare—Symptom free **and**  
2 negative stool lab reports  
School—Symptom free

### Strep Throat

- Fever
- Sore throat/swollen lymph nodes

Report: **Outbreaks only: immediately**

Exclude: Until 24 hours after treatment  
has been initiated

### Typhoid Fever

- Headache, Fever
- Anorexia
- Lethargy, malaise

Report: Within 24 hours

Exclude: Daycare—Symptom free **and**  
3 negative stool lab reports  
School—Symptom free

## VACCINE PREVENTABLE

### Bacterial Meningitis

- High fever
- Headache and body aches
- Stiff neck
- Confusion
- Increased sensitivity to light

Report: **Immediately**

Exclude: Until 24 hours after initiation of  
antimicrobial therapy

### Hepatitis A

- Fever
- Nausea/Vomiting/Diarrhea
- Dark Urine
- Clay colored stool
- Jaundice

Report: **Immediately**

Exclude: Until afebrile and 1 week after  
onset of jaundice

### Measles

- High fever
- Cough
- Coryza (runny nose)
- Conjunctivitis (red, watery eyes)
- Rash (from face to feet)

Report: **Immediately**

Exclude: Until 4 days after onset of rash

### Mumps

- Fever
- Headache and muscle aches
- Swollen/tender salivary gland(s)

Report: Within 24 hours

Exclude: Until 5 days after onset of  
parotitis

## VPD's Cont'd

### Pertussis (Whooping Cough)

- Cold-like symptoms
- Paroxysms (coughing fits)
- Post-tussive vomiting
- “Whooping” may not always occur

Report: **Immediately**

Exclude: Until day 5 of antimicrobial  
treatment or 21 days from  
onset of cough without treatment

### Rubella (German Measles)

- Low fever
- Cough
- Coryza (runny nose)
- Mild pink eye
- Rash (from face to feet)

Report: Within 24 hours

Exclude: Until 7 days after onset of rash

### Varicella (Chickenpox)

- Cold-like symptoms
- Rash of itchy, fluid-filled blisters

Report: Within 24 hours

Exclude: Until all lesions have dried and  
crusted, or no new lesions  
appear within a 24-hour period

## VIRAL ILLNESS

### Coxsackievirus (Hand, Foot, Mouth)

- Fever
- Sore throat and mouth ulcers
- Blisters on hands and feet

Report: **Outbreaks only: immediately**

Exclude: Until fever free for 24 hours  
w/o fever reducing medication  
and not drooling.

### Influenza and Influenza-like illness

- Possibility of fever
- Cough
- Sore throat

Report: **Outbreaks only: immediately**

Exclude: Until fever free for 24 hours  
w/o fever reducing medication

### Mononucleosis

- Fever
- Sore throat/Swollen lymph nodes

Report: **Outbreaks only: immediately**

Exclude: Until fever free for 24 hours  
w/o fever reducing medication

### Norovirus (& other diarrheal illness)

- Nausea/Vomiting/Diarrhea
- Low grade fever
- Chills and aches

Report: **Outbreaks only: immediately**

Exclude: 24—48 hours after symptoms  
Resolve

### Viral meningitis

- High fever
- Headache and body aches
- Stiff neck

Report: **Outbreaks only: immediately**

Exclude: Until fever free for 24 hours  
w/o fever reducing medication