



BERGEN NEW JERSEY *County*

Bergen County Executive
James J. Tedesco III
and the
Board of Chosen Freeholders

Cordially invite you to

GET FIT
Bergen

FREE FITNESS CLASSES

ALL-INCLUSIVE RECREATION PROGRAMS



Free classes sponsored by the Bergen County Departments of Health Services and Human Services and the Community Health Improvement Partnership

THE FELICIAN 21 AND OVER PROGRAM

EVERY WEDNESDAY FROM SEPT. 16 - NOV. 20, 2019

Times: 9:45am-10:45am & 11:00am-12:00pm

Registration is required (*Space is Limited*).

Lodi Boys and Girls Club

460 Passaic Ave • Lodi, NJ 07644

To register or request special accommodations

Contact Marla Klein • 201-634-2693 • mklein@co.bergen.nj.us

Classes taught by:

GYMGUYS®

James J. Tedesco III
Bergen County Executive

Board of Chosen Freeholders

Germaine M. Ortiz, *Chairwoman* • Mary J. Amoroso, *Vice Chairwoman* • Dr. Joan M. Voss, *Chair Pro Tempore*
David L. Ganz • Thomas J. Sullivan • Steven A. Tanelli • Tracy Silna Zur