Bergen County Executive

James J. Tedesco, III

Bergen County Board of Commissioners

Cordially invite you to the

Department of Human Services, Division of Senior Services/ADRC



# **CAREGIVERS CONFERENCE**

Do you provide care for a loved one or neighbor? Learn about services, support, and other helpful information.

### THURSDAY, APRIL 11, 2024 5:00PM-9:00PM

\*Registration will begin at 4:30PM

# BERGEN COUNTY ADMINISTRATION BUILDING Multi-Purpose Room (First Floor)

One Bergen County Plaza Hackensack, NJ 07601

## FEATURED SPEAKERS & PRESENTATIONS



Maureen Braen, Rise Dementia Care

"Empathy in Action: Understanding, Awareness, & Empowerment for Care Partners"



Michael Willis Esq., of the Willis Law Group "Legal Considerations for Caregivers"



Laura Huisking, Generations Counseling & Care Management, LLC. "The Ins and Outs of Home Care"



**Zoey Shepard,** CCC-SLP, Speech-Language Pathologist; Adler Aphasia Center "Stroke Awareness: Risk Factors, Signs of a Stroke, and Aphasia"

TO RSVP, please call (201) 336-7400 or email Seniors@co.bergen.nj.us

This presentation is brought to you in partnership with the Division of Senior Services Advisory Council Education & Outreach Committee and Caregiver Coalition of Bergen County.

**James J. Tedesco, III** *Bergen County Executive* 

#### **Bergen County Board of Commissioners**

Germaine M. Ortiz, *Chairwoman* • Mary J. Amoroso, *Vice Chairwoman* • Dr. Joan M. Voss, *Chair Pro Tempore* Rafael Marte • Thomas J. Sullivan • Steven A. Tanelli • Tracy Silna Zur



#### Caregivers Conference Thursday, April 11, 2024 5:00PM – 9:00PM

### Bergen County Administration Building Multi-Purpose Room One Bergen County Plaza, Hackensack, New Jersey

PROGRAM —

5:15PM - 5:30PM Welcome and introductions

Lorraine Joewono Director of Senior Services

Opening remarks

James J. Tedesco, III,Bergen County Executive

"Empathy in Action: Understanding, Awareness, & Empowerment for Care Partners"

Maureen Braen, Rise Dementia Care, Franklin Lakes

"Legal Considerations for Caregivers"

Michael Willis of the Willis Law Group, Hackensack

Intermission to visit the exhibit tables

"The Ins and Outs of Home Care"

Laura Huisking, Generations Counseling & Care Management, LLC., Rochelle Park

"Stroke Awareness: Risk Factors, Signs of a Stroke, and Aphasia" Zoey Shepard, CCC-SLP, Speech-Language Pathologist; Adler Aphasia Center

\*The following Agencies have representatives available throughout the Conference:

- Act Now Alzheimer's Resource Center
- BC Division of Senior Services

5:30PM - 6:00PM

6:00PM - 7:00PM

7:00PM - 7:15PM

7:15PM - 7:45PM

7:45PM - 8:15PM

- State Health Insurance Program (Medicare)
- BC Division of Senior Services Advisory Council Education & Outreach Committee/CCBC
- BC Division of Disability Services (statewide respite, post stroke support groups, in-home caregiver education & support)
- Heightened Independence and Progress
- BC Board of Social Services/Adult Protective Services
- Speakers table
- Pampering and/or stress relief activity station(s)