



BERGEN COUNTY HEALTH CARE CENTER
A distinguished reputation for quality care.

February 5, 2021

Dear BCHCC family,

Winter Wonderland As predicted by the weatherman, a ferocious snowstorm arrived on Sunday and settled in for a while. All of us have stories to tell about its impact, as it disrupted travel. Here at BCHCC, care of residents continued as usual. Our Maintenance staff worked around the clock to keep our parking lots, roads and exit doors passable. Dietary and Housekeeping departments made it in and provided their regular services. Our nursing department was not deterred by the massive snowfall. The Bergen County Sherriff's Department became our heroes and provided transportation to our Nurses and C.N.A.'s. They picked them up at their homes and brought them here for the start of each shift. They returned at the end of each shift and brought our staff back home. Individually, each deputy displayed an appreciation for what the nurses do and were proud to transport them so that our resident care continued throughout the storm. We are grateful to them for their dedication and commitment. They are true heroes.

COVID-19 Testing continues for residents and staff. We currently test twice a week using PCR and rapid tests. Our last positive result was on January 19th. Testing will continue for 28 days, as prescribed by CDC guidelines. If any positive results are recorded, we will notify you promptly.

Our Second Vaccine Clinic took place here this past Sunday. CVS pharmacists were here to administer a second dose. (For twenty staff, this was their first dose. They will receive their second dose on February 21st). Residents and staff are being monitored for any reactions to the vaccine.

Family Circle virtual gatherings take place every Monday evening at 7pm. Harvey and staff bring you up to date about life here at BCHCC and answer your questions. Invitations are e-mailed to you weekly with information as to how to join us. Please be a part of this meaningful time together.

Activities department continues visiting residents on 1:1 basis. Activities offered to residents are based on residents cognition and interests. Residents who are able to do activities by themselves, receive daily activity pockets, individual bingo, arts & crafts pockets, intellectual games. Hallway exercise and refreshments provided daily. Residents with lower cognitive status receive visits that include aromatherapy, music, reading, visual stimulation by using a special projector or Sunny skyz site. Around holidays or special days a cart filled with goodies and music goes around the cottages.

Please remember that issues specific to a resident should be directed to the cottage staff or Harvey and Diane. They can be reached at 201-750-8310 or email us at hsilberstein@co.bergen.nj.us or Diane (acting DON) at dholzberg@co.bergen.nj.us. Please visit our website at <https://www.co.bergen.nj.us/health-care-center> and view our food menus, activity calendar and outbreak plan.

Sincerely,

Harvey Silberstein, Administrator Diane Holzberg, Acting DON

MISSION: Bergen County Health Care Center is committed to providing individualized, exceptional and compassionate services to our residents, nurturing mind, body and spirit to support optimum quality of life and independence.