



January 29, 2021

Dear BCHCC Family,

Covid-19 Testing We are continuing our twice a week Covid -19 testing of residents and staff. We test early in the week using a PCR test, which is sent to a lab for processing. We also test later in the week using a Rapid test, which provides results in 15 minutes. Using both varieties of tests provides us with a comprehensive continuous picture of the positivity status in our building. We use this information to help us take all necessary actions to protect residents and staff. We share any positive results with you via-e mail. Hard copies are given to residents and staff.

Covid-19 Vaccine Clinic- Our second clinic is being held here this Sunday with CVS staff administering the vaccine to residents and staff. Please note that 15 additional staff will be receiving the vaccine this Sunday and their second vaccine dose February 21st. We will be monitoring everyone after this Sunday's vaccine for any reaction.

BCHCC Staff treat our residents as family. Above and beyond the regular care, they also provide a tender, personal and caring environment . They stimulate our residents with smiles, conversation and personal touches. They spend lots of informal time with them enriching their life everyday. They are proud of their residents and treat them with the same love and patience that their real families would.

Communication is an ongoing process at BCHCC. We distribute a weekly newsletter, meet virtually as a Family Circle every Monday night and send e-mails when needed. Invitations to attend our Family Circle meets go out Fridays via- e-mail.

Commit To Be Fit we all appreciate the outstanding job our staff is doing under very stressful conditions. To help them cope with this, we are beginning a Stretch/De-Stress Class this Thursday afternoon. It will be part exercise, part dance and all fun.

For General information, please call Harvey and Diane with any questions or concerns. You can reach us at 201-750-8310 or email us at hsilberstein@co.bergen.nj.us or Diane (acting DON) at dholzberg@co.bergen.nj.us .For detailed information about your loved one, please contact the cottage directly.

Sincerely,

Harvey Silberstein, Administrator Diane Holzberg, Acting DON