



COUNTY OF BERGEN
DEPARTMENT OF PUBLIC SAFETY
BERGEN COUNTY POLICE ACADEMY

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James J. Tedesco III
County Executive

Kenneth R. Ehrenberg, Esq.
Director of Police Academy
Deputy County Administrator

Lt. Jennifer Rueda
Officer in Charge, Police Academy
Bergen County Prosecutor's Office

In preparation for an upcoming physical assessment test for new candidates for Class 133 of the Bergen County Police Academy, we will be sponsoring a Pre-Entry Preparation Program (PEPP) on the following dates:

- Tuesday, April 30, 2024
- Thursday, May 2, 2024
- Tuesday, May 7, 2024
- Thursday, May 9, 2024
- Tuesday, May 14, 2024
- Thursday, May 16, 2024

The course runs between 0900 hours and 1000 hours at the Bergen County Police Academy.

This course is not mandatory; however, it affords potential recruits an understanding of the mechanics of their actual physical assessment test. A full mock assessment will be conducted on April 30 and on May 16.

All course attendees must fill out the attached waiver form prior to arrival and bring it with them on their first day, along with a medical clearance from a license physician.

Candidates should bring with them:

1. P.T gear (sneakers designed for running, t-shirt/sweatshirt, athletic shorts/sweatpants)
2. Water bottle
3. Notebook, pen(s)

If you have any questions, please contact Lieutenant Jennifer Rueda at 551-265-0911.

Sincerely,

Kenneth R. Ehrenberg
Kenneth R. Ehrenberg
Director