



BERGEN COUNTY NUTRITION PROGRAM

SENIOR LUNCH FOR ACTIVE SENIORS

MEALS ON WHEELS FOR HOMEBOUND SENIORS

BERGEN COUNTY SENIOR LUNCH

The goal of the nutrition program for active adults, Senior Lunch, is to provide well-balanced meals, foster social interaction, and provide access to other supportive services available to Bergen County seniors.

To be eligible, persons must be age 60 or older, or the spouse of a participant. Lunch is served Monday-Friday at the programs listed. Reservations must be made at least one day in advance. Transportation may be available.

Please call the location of your choice for information and reservations.

Bergenfield Senior Activity Center

Brookside Gardens
293 Murray Hill Terrace
201-387-7212

Cliffside Park Senior Activity Center

550 Gorge Road
201-943-3768

East Rutherford Southwest Senior Activity Center

147 Hackensack Street
201-935-8920

Elmwood Park Senior Activity Center

Boulevard & Market Street
201-796-3342

Englewood Family & Social Service Federation

44 Armory Street
201-568-0817

Fair Lawn Senior Center

1105 Gardiner Road
201-796-1191



Fairview Senior Center

53 Grant Street
201-943-5522

Fort Lee Senior Center

319 Main Street
201-592-3670

Garfield Senior Activity Center

480 Midland Avenue
973-478-0502

Garfield Housing Authority - Golden Age

225 Midland Avenue
973-340-4182

Garfield Housing Authority - Belmont Gardens

377 Midland Avenue
973-340-4182

Hackensack Americas Unidas Multicultural Ctr.

133 River Street
201-646-3567

Hackensack

Martin Luther King, Jr. Center

Varick Memorial AME Zion Church
120 Atlantic Street
201-343-0441

Lyndhurst Senior Activity Center

281 Stuyvesant Avenue
201-896-1629

Midland Park Senior Center

46-50 Center Street
201-445-5690

New Milford Senior Center

275 River Road
201-599-7565

North Arlington Senior Activity Center

St. Paul Episcopal Church
11 York Road
201-998-5636



Northvale Senior Center

James F. McGuire Center
116 Paris Avenue
201-767-6299

Palisades Park Senior Activity Center

300 Highland Avenue
201-944-5616

Ridgefield Senior Center

725 Slocum Avenue
201-943-4078

Ridgefield Park Senior Activity Center

159 Park Street
201-641-1220

Rutherford 55 Kip Senior Center

55 Kip Street
201-460-1600

Teaneck Senior Services Center

Richard Rodda Community Center
250 Colonial Court
201-837-0171

Teaneck Kosher Jewish Community Center

70 Sterling Place
201-837-1422

Wallington Senior Activity Center

24 Union Boulevard
973-777-5815

Westwood TJ Riley Multipurpose Senior Center

100 Madison Avenue
201-666-0840