

COUNTY OF BERGEN



Kathleen A. Donovan

County Executive

BOARD OF CHOSEN FREEHOLDERS

John D. Mitchell

Chairman

John A. Felice

Vice Chairman

Maura R. DeNicola

John Driscoll, Jr.

David L. Ganz

Robert G. Hermansen

Joan M. Voss

DEPARTMENT OF HUMAN SERVICES

Jane C. Linter

Director

DIVISION OF SENIOR SERVICES

BERGEN COUNTY HOME DELIVERED MEAL PROGRAMS



County of Bergen
Department of Human Services
Division of Senior Services
One Bergen County Plaza
2nd Floor
Hackensack, NJ 07601

Tel. 201-336-7420

Toll free: 1-877-222-3737

Fax: 201-336-7424

TTY: 1-800-852-7897

www.co.bergen.nj.us

Home Delivered Meal Programs

The goal of a home delivered meal program is to enable homebound adults to remain in their community with independence and dignity.

A nutritionally balanced meal is delivered to eligible individuals who are unable to prepare their own meals and/or cannot shop for food, and do not have anyone to prepare meals or shop for them.

There are a number of home delivered meal programs in Bergen County. Residents are served through government or non-profit agencies.

This brochure provides you with the information necessary to contact the program serving your community.

A copy of this brochure can be accessed at: www.co.bergen.nj.us

BERGEN COUNTY MEALS ON WHEELS PROGRAM

One Bergen County Plaza, 2nd Floor
Hackensack, NJ 07601-7076
(201) 336-7420

seniors@co.bergen.nj.us

Serves persons age 60 years and older, who are homebound, unable to prepare their own meals, and have no one to assist with meal preparation.

Hot Meal Plan

One meal a day delivered between 9:30 a.m. – 1:30 p.m.
Monday through Friday.

Frozen Meal Plan

One week supply of meals delivered on a scheduled day each week between 9:30 a.m. – 3:30 p.m.

Frozen meals are fully cooked and can be reheated in the microwave, or conventional oven.

Suggested donation is \$1.25 per meal.

Weekend meals available for nutritionally high-risk clients only.

Special diet meals are **not** available.

Serving:

Bergenfield	Garfield	Ridgefield
Bogota	Hackensack	Ridgefield Pk
Carlstadt	Hasbrouck Hgts	Rochelle Pk
Cliffside Pk	Leonia	Rutherford
E. Rutherford	Little Ferry	Saddle Brook
Edgewater	Lodi	S Hackensack
Elmwood Pk	Lyndhurst	Teaneck
Englewood	Maywood	Tenafly
Englewood Clfs	Moonachie	Teterboro
Fair Lawn	New Milford	Wallington
Fairview	No Arlington	Wood Ridge
Fort Lee	Palisades Pk	

BERGEN COUNTY
MEALS ON WHEELS
SERVING THE DISABLED

One Bergen County Plaza,
2ndFloor
Hackensack, NJ 07601
(201) 336-6501
bacosta@co.bergen.nj.us

Assists eligible homebound adults,
age 18 to 59, whether disabled
permanently or temporarily, either
through physical or mental illness who
are living alone and unable to prepare
their own meals.

Special diet meals are **not** available.

Serving: Same areas and options as
Bergen County Meals on Wheels
Program.

COMMUNITY MEALS

Christ Church
105 Cottage Place
Ridgewood, NJ 07450
Stacey Gilmartin, Exec. Dir.
Margaret Hughes, Assoc. Dir.
(201) 447-8295 Call between
11:30 a.m. -2:00 p.m.

communitymealsonwheels.org

Serving homebound persons who are
Ill or disabled and unable to prepare or
obtain meals for themselves.

Two meals per day
Monday – Friday
\$45.00 per week

Special diet meals are available.

Serving: Allendale, Glen Rock,
Ho Ho Kus, Midland Park,
Ridgewood, Saddle River, Waldwick

FAIR LAWN MEALS ON WHEELS

Fair Lawn Dept. of Human Services
8-01 Fair Lawn Avenue
Fair Lawn, NJ 07410
(201) 794-5333
hhs@fairlawn.org
Office hours: M-F 8:30 am - 4:00 pm

Serves homebound persons of all ages
who require a special diet only.

Two meals per day
Hot lunch & cold dinner
Monday - Friday, \$27.00 per week

Serving: Fair Lawn

FRANKLIN LAKES
MEALS ON WHEELS

Borough Hall, DeKorte Dr.
Franklin Lakes, NJ 07417
Gina Venner, RD (201) 677-1768
gvenner@optonline.net

Serves homebound persons of all ages,
Monday – Friday and holidays except
Thanksgiving, Christmas and New
Years Day.

Hot meal \$3.00 per day,
sandwich \$.50 per day.

Special diet meals are available.

Serving: Franklin Lakes

KOSHER MEALS ON WHEELS

Jewish Family & Children's Services
of North Jersey
17-10 River Road, Fair Lawn, NJ 07410
Francine Cuff (201) 796-5151

One hot meal a day, Mon-Saturday
\$5.00/day, sliding scale.
Regular Kosher meals available only.

Serving: Fair Lawn and Elmwood Park

KOSHER MEALS ON WHEELS

Jewish Family Service of Bergen County
1485 Teaneck Road
Teaneck, NJ 07666
(201) 837-9090
ira@jfsbergen.org

Serves elderly, homebound persons
and disabled persons of all ages.

One frozen meal for each day. .
Delivered once a week.
A donation of \$4.00 per meal is
suggested.

Low sodium kosher meals only.

Serving: Bergenfield, Cliffside Park,
Dumont, Edgewater, Englewood,
Englewood Cliffs, Fairview, Fort Lee,
Glen Rock, Hackensack, Lodi,
Maywood, Montvale, New Milford,
Palisades Park, Paramus, Park Ridge,
Ridgefield Park, Ridgewood, Saddle
Brook, South Hackensack, Teaneck,
Tenafly, Westwood.

Serves homebound persons of all ages.

OAKLAND MEALS ON WHEELS

168 Hiawatha Blvd.
Oakland, NJ 07436
Mindy Easton
(201) 651-0052
maeaston57@verizon.net

Serves homebound persons of all ages.

Monday – Friday. One hot meal a day
\$2.50 per meal.

Limited special diet meals are available.

Serving: Oakland

PASCACK VALLEY
MEALS ON WHEELS

PO Box 291
Westwood, NJ 07675
Jeanne Martin, (201) 358-0050
Call between 9:00 a.m. - 2:00 p.m.
director@pvmealsonwheels.org

Serves homebound persons of all ages.

Two meals a day -Hot lunch & cold dinner
Monday - Friday
\$7.10 per day, sliding scale

Special diet meals are available.

Serving: Alpine, Closter, Cresskill,
Demarest, Dumont, Emerson,
Harrington Park, Haworth, Hillsdale,
Mahwah, Montvale, New Milford,
Northvale, Norwood, Old Tappan,
Oradell, Paramus, Park Ridge,
Ramsey, River Edge, River Vale,
Rockleigh, Washington Township,
Westwood & Woodcliff Lake

WYCKOFF MEALS ON WHEELS

Town Hall, Franklin Avenue
Wyckoff, NJ 07481
Alma Mader (201) 891-4840
Leave message on machine.

Serves homebound persons of all ages.

Monday – Friday.
Hot meal, \$15.00 per week;
Hot meal & sandwich, \$17.50 per week,
sliding scale.

Special diet meals are available.

Serving: Wyckoff

