

HUMAN SERVICES INSTITUTE

SPRING/SUMMER 2010 WORKSHOPS

The cost of each session is \$35.00 per person unless otherwise specified.

Sessions will be held at:

One Bergen County Plaza, 4th Floor, Room 460, Hackensack, NJ.

For a registration form, please see below.

For more information call Gina Meyers at (201) 336-7455.

“Legal and Ethical Issues in Mental Health Part 1”

Thursday, April 15, 2010

9:30 a.m. – 12:30 p.m.

Presenter: Barbara Maurer, MA, LPC, CTS

3 Clinical Social Work CEU's pending

A six-hour (two part) workshop geared toward licensed mental health professionals practicing clinical work. The courses will address licensing standards and regulations as well as the ethical codes of professional associations. The role of Licensing Boards and more common disciplinary actions will be presented using current public orders. This workshop is designed to be interactive with mental health professionals prepared to discuss case presentations. Additional topics will include continuing education hours, record keeping, and emergency plans.

“Clinician Burnout: Signs, Symptoms, and Coping Strategies”

Wednesday, April 21, 2010

9:30 a.m. – 12:30 p.m.

Presenter: Michelle Bybel, LCSW-R, ACSW

3 Clinical Social Work CEU's pending

The issue of "burnout" is a growing problem and is particularly prevalent in the human service professions. This seminar will explore some of the specific areas of the field that are more prone to burnout including, but not limited to, crisis work, children's services, and mental health/addiction counseling. Identification of the signs, symptoms, and causes of burnout will be addressed along with techniques for managing the day-to-day stress associated with clinical work. The role of self-care, social support, health and wellness, and life balance will be discussed as it relates to the prevention and management of stress and burnout.

“Creating a Culturally Competent Environment”

Tuesday, May 4, 2010

9:30 a.m. – 12:30 p.m.

Presenter: Shelly Wimpfheimer, DSW

3 Clinical Social Work CEU's pending

As our country becomes more diverse it has become essential for social workers to increase their understanding about the various beliefs and practices of people from other cultural groups. The concern for this is so deep that “cultural competence” has become a requirement for social work licensing for each licensing period. This workshop will focus on strategies for ensuring that our work as clinicians, supervisors, and managers takes into consideration the cultural beliefs and practices of staff and clients and allows for open expression while also providing continued high quality services.

“Legal and Ethical Issues in Mental Health Part 2”

Wednesday, May 5, 2010

9:30 a.m. – 12:30 p.m.

Presenter: Barbara Maurer, MA, LPC, CTS

3 Clinical Social Work CEU's pending

See description for “Legal and Ethical Issues in Mental Health Part 1.”

“Crisis Intervention and De-Escalation”

Tuesday, May 11, 2010

9:30 a.m. – 12:30 p.m.

Presenter: Sharon Vogel, MA

3 Clinical Social Work CEU's approved

Crisis Intervention is a technique used to address behavior that may escalate into disruptive or even violent incidents. This workshop will address the issue in a way which provides for the care, welfare, safety, and security of all persons involved. It will focus on assisting staff to recognize the early warning signs that indicate that a person's behavior may escalate.

“Effective Tips to Improve Your Writing”

Thursday, May 13, 2010

9:30 a.m. - 12:30 p.m.

Presenter: Valerie Williams Dargan, Ph.D.

Do you want to write more clearly? Write e-mails, reports, and memoranda with style and confidence! Learn the basics of effective writing.

“Maximizing Employees’ Efficiency”

Thursday, June 17, 2010

9:30 a.m. – 12:30 p.m.

Presenter: Shelly Wimpfheimer, DSW

This workshop is geared toward staff at the supervisory and management levels, and will focus on providing staff with the guidance they need for doing their work well, including adopting a positive attitude toward their work, tips for organizing, and improving relationships with staff and supervisors. All of these will ultimately lead to the more efficient delivery of services in any work setting.

“Personality Disorders: Assessment, Diagnosis, and Treatment”

Wednesday, July 21, 2010

9:30 a.m. – 12:30 p.m.

Presenter: Michelle Bybel, LCSW-R, ACSW

3 Clinical Social Work CEU's pending

Personality disorders are very complex and treating those affected by the various disorders can be challenging. This seminar will explore the most commonly encountered personality disorders and the techniques that are most effective in working with this population. Although various treatment methods will be discussed, special attention will be given to Dialectical Behavior Therapy (DBT). In addition, assessment and evaluation will be explored including an overview of DSM-IV-TR diagnostic criteria. The role of self-awareness, countertransference, and "burnout" will also be addressed.

HUMAN SERVICES INSTITUTE – SPRING/SUMMER 2010 REGISTRATION FORM

Please print this page and mail with payment to:

Gina Meyers
Bergen County Department of Human Services
One Bergen County Plaza, 2nd Floor
Hackensack, NJ 07601

One Form Per Person Please!

Name _____

Agency _____

Address _____

Daytime Phone _____

Supervisor's Initials _____

Please check:

___ Legal and Ethical Issues in Mental Health Part 1 (4/15)

___ Clinician Burnout: Signs, Symptoms, and Coping Strategies (4/21)

___ Creating a Culturally Competent Environment (5/4)

___ Legal and Ethical Issues in Mental Health Part 2 (5/5)

___ Crisis Intervention and De-Escalation (5/11)

___ Effective Tips to Improve Your Writing (5/13)

___ Maximizing Employees' Efficiency (6/17)

___ Personality Disorders: Assessment, Diagnosis, and Treatment (7/21)

_____ workshop(s) x \$35.00

= _____ **(total enclosed)**

Workshop(s): \$35.00 each.

Make checks payable to "County of Bergen." No refunds available. To receive a certificate (for CEUs): participant must pay the fee, attend entire workshop, sign in, sign out, and complete an evaluation.