

**Bergen County ADRC
Key Services Guide
For
Older Adults and Caregivers**
(www.co.bergen.nj.us)



**Bergen County
Department of Human Services
Division of Senior Services
Aging and Disability Resource Connection**

**Bergen ADRC
One Bergen County Plaza, 2nd Floor
Hackensack, NJ 07601
201-336-7400
Toll-free #: 1-877-222-3737
Telephone Relay Service for TTY users: CALL: 711**

**County Executive
James J. Tedesco III**

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The Division of Senior Services has prepared this directory from Information provided by listed agencies. A listing in the Key Service Guide does not constitute an endorsement of an Agency or service by The Bergen County Division of Senior Service.

Help us keep this guide up-to-date and email changes to seniors@co.bergen.nj.us

GENERAL INFORMATION

County Agencies and Services

Bergen County Division of Senior Services - Bergen ADRC

One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601
Hours 8:30AM – 4:30 PM, Monday – Friday
Website: <http://www.co.bergen.nj.us/bcdhs/divisions/senior.htm>

201-336-7400
1-877-222-3737
Fax: 201-336-7424

Bergen County Division on Disability Services

Provides services for disabled adults. Call for information on eligibility.
One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601
Hours: 9:00 AM – 4:30 PM, Monday – Friday
Website: <http://www.co.bergen.nj.us/bcdhs/divisions/disability.htm>

201-336-6500

Community Resource Council (CRC)

387 Main Street, Hackensack, NJ 07601
Information and referral service of Bergen County services & programs.

Help Line: 201-343-6543
201-646-3676

Bergen County Board of Social Services

218 Route 17 North, Building A, Rochelle Park, NJ 07662
Website: www.bcbss.com

201-368-4200

Bergen County Department of Health Services

One Bergen County Plaza, 4th floor, Hackensack, NJ 07601
Coordinates and provides comprehensive health care and essential public health services (e.g., alcohol and drug dependency, animal shelter, dental health, environmental health, health promotion, intermediate and senior care, mental health, partnership for community health, public health nursing) through a county-wide partnership.

201-634-2600

Bergen County Department of Mental Health

If you or a family member are experiencing the signs or symptoms of mental illness.

Emergency/Crisis hotline: 201-262-help (4357)

201-634-2745

Bergen County Office of Consumer Affairs

Consumer Protection

1 Bergen County Plaza 3rd floor, Hackensack, NJ 07601
Responsible for enforcing the NJ State Consumer Fraud Act and dedicated to protecting the rights of Bergen County Citizens. Complaints about dishonest and unscrupulous business practices can be filed. Complaints will be investigated for violation of the Consumer Fraud Act.

201-336-6400

Bergen County Office of Emergency Management

285 Campgaw Road, Mahwah, NJ 07430

201-785-5757
201-336-7705

Statewide Agencies & Services

<u>NJ ADRC-New Jersey Aging & Disability Connection</u> Consumer focused, statewide system: access to information and services for older and disabled New Jersey Citizens. http://www.state.nj.us/humanservices/doas/home	877-222-3737
<u>N J Department of Human Services</u> <u>Division of Aging Services</u> PO Box 807, Trenton, NJ 08625 http://www.state.nj.us/humanservices/doas/home	800-792-8820
<u>Division of Deaf & Hard of Hearing (DDHH)</u> PO Box 704 Trenton, NJ 08635	800-792-8339 609-588-2648
<u>Division of Developmental Disability (DDD)</u> PO Box 726 Trenton, NJ 08625	800-832-9173
<u>Division of Disability Services (DDS)</u> 11A Quaker Bridge Plaza Mercerville, NJ 08619	888-285-3036 609-631-4366
<u>Division of Medical Assistance & Health Services (DMAHS)</u> PO Box 72 Trenton, NJ 08625	800-356-1561
<u>Division of Mental Health Services (DMHS)</u> PO Box 700 Trenton, NJ 08625	800-382-6717
<u>Office of Emergency Management</u> <u>Disaster & Terrorism Branch</u> <u>New Jersey State Police</u> PO Box 7068 West Trenton, NJ 08628	609-799-0110
<u>211</u> <u>Information about Health,</u> <u>Human Services, Community</u> Resources and government assistance people need every day as well as in time of crisis. Call 211 from your phone or search our database at: www.nj211.org	211 877-652-1148

NJ Area Agencies on Aging/NJ ADRC
21 Counties

Atlantic	609-645-7700 Ext. 4700
Bergen	201-336-7400
Burlington	609-265-5069
Camden	856-858-3220
Cape May	609-886-2784
Cumberland	856-453-2220
Essex	973-395-8375
Gloucester	856-384-6900
Hudson	201-369-4313
Hunterdon	908-788-1362
Mercer	609-989-6661
Middlesex	732- 745-3295
Monmouth	732-431-7450
Morris	973-285-6848
Ocean	732-929-2091
Passaic	973-569-4060
Salem	856-339-8622
Somerset	908-704-6346
Sussex	973-579-0555
Union	908-527-4858
Warren	908-475-6591

Bereavement Services

AARP Grief and Loss Program

800-687-2277

Offers a wide range of resources and information on grief and loss issues to adults who are bereaved. Family members welcome. Program includes one-to-one outreach support. (e.g. widowed person services), a grief course, support groups, interactive on line support group, information booklets and brochures.
www.aarp.org/griefandloss

Hackensack Community Nursing Services

201-342-7766

25 East Salem Street, 2nd Floor,
Hackensack, NJ 07601
(Group Counseling)

Bergen Community Health Care

201-359-2900

400 Old Hook Road
Westwood, NJ 07675

The Compassionate Friends

201-567-0089

301 Sicomac Avenue
Wyckoff, NJ 07481
Bereavement Support Group for Parents
Meets on the 4th Tuesday of the month 7:30pm

Holy Name Medical Center

**201-833-3000
ext. 7580**

Community Health Services Building
725 Teaneck Road, Teaneck, NJ 07666
Bereavement Groups for Adults
Three times a year
Contact Lenore Guido

Englewood Hospital Bereavement

201-894-3333

Support Group
15 Engle Street
Englewood, NJ 07631

Valley Home Care

201-291-6395

Bereavement services for adults and children are offered through Valley Home Care, both group and individual support are offered.
<http://www.valleyhealth.com/Support Programs>

Chronic Disease & Disability Health Issues

Alzheimer's Association

24-hour helpline

Caregiver Information Referral Line

For other details visit www.alz.org

800-272-3900

800-883-1180

COPSA Institute for Alzheimer's Disease & Related Disorders

(Alzheimer's Resource Center)

100 Metroplex Dr., Suite 200, Edison, NJ 08817

A statewide program that includes a dementia clinic and a resource center that provides education, information and support to the families and caregivers of people with dementia. Institute staff train and provide consultation to geriatric professionals throughout New Jersey.

800-424-2494

732-235-8400

Bergen County Sheriff's Office (Alzheimer Association)

10 Main Street, Hackensack, NJ 07601

The Bergen County Sheriff office is participating in project lifesaver international, which helps provide rapid response to save lives and reduce the potential for serious injury for adults and children who wander due to Alzheimer's, Dementia, Autism, Down syndrome and other related disorders. Contact the Community outreach unit at the Sheriff's department for more information.

www.bcsd.us

201-336-3540

Alzheimer Disease Education Center

Comprehensive Alzheimer disease information and resources including

Caregiver skills for behavioral problems and all other information

www.nia.nih.gov/alzheimers

800-438-4380

Alzheimer's New Jersey

The Respite Care and Wellness Program

400 Morris Avenue, Suite 251

Denville, NJ 07834

www.alznj.org

888-280-6055

973-586-4300

Holy Name Hospital Asian Dementia Center

718 Teaneck Road, Teaneck, NJ 07666

Screening, education programs, family support groups.

201-833-3000

Arthritis Foundation NJ State Office:

555 Route 1 South Suite 320, Iselin, NJ 08830

Mon- Fri 9:00am – 5:00pm

www.arthritis.org

888-467-3112

732-283-4300

Cancer

Information and referral, counseling for families, supplemental financial assistance possible.

<p><u>Cancer Care, Inc.</u> 141 Dayton Street, Suite 204, Ridgewood, NJ 07450 www.cancer.org</p>	<p>201-444-6630</p>
<p><u>American Cancer Society</u> 20 Mercer Street, Hackensack, NJ 07601 www.cancer.org</p>	<p>201-343-2222</p>
<p><u>Diabetes</u> <u>American Diabetes Association</u> A professional organization that provides diabetes research, comprehensive info & advocacy, support for caregivers www.diabetes.org</p>	<p>800-342-2383</p>
<p><u>Diabetes Program</u> Englewood Hospital/Home Care 350 Engle Street, 4th floor, Englewood, NJ 07631 In home service available for diabetes management-contact program for eligibility requirements.</p>	<p>201-894-3335</p>
<p><u>Heart & Stroke</u> <u>NJ Chapter American Heart Association</u> 1 Union Street, Trenton, NJ 08691 Information and referral; maintains a listing of groups for stroke survivors, their families, caregivers and interested professionals. www.heart.org</p>	<p>609-208-0020</p>
<p><u>American Heart Association</u> 7272 Greenville Avenue, Dallas, TX 75231-4596 Information and referral; maintains a listing of groups for stroke survivors, their families, caregivers and interested professionals. Publishes “Stroke Connection”, an informational newsletter that focuses on reducing stroke and/or heart disease risk. Call 1-888-MYHEART for further information. www.americanheart.org</p>	<p>800-242-8721</p>
<p><u>Adler Aphasia Center (Stroke)</u> 60 West Hunter Avenue, Maywood, NJ 07607 The Adler Center offers a variety of programs and activities to those living with Aphasia and their caregivers, and strives to expand awareness and knowledge of aphasia .. The center provides a therapeutic environment of innovative programs that give people ways to live successfully with aphasia, offers opportunities for social connection for anyone who wishes to join us, trains health care professionals to improve service delivery to people with aphasia, conducts influential research through and partners with aphasia researchers across the country, and strives to make aphasia universally understood. www.adleraphasiacenter.org</p>	<p>201-368-8585</p>

National Stroke Association

800-787-6537

9707 E. Easter Lane, Centennial, OH 80112
Stroke information and newsletter, Guidance for starting
stroke support clubs and groups.
www.stroke.org

Post Stroke Program

201-336-6502

Division of Disability Services
One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601
Offers several stroke support groups throughout Bergen County.

HIV/Aids

Buddies of New Jersey

800-508-7577 (NJ only)

201-489-2900

Franklin A. Smith Resource Center, 149 Hudson Street
Hackensack NJ 07601
A resource center serving Bergen and Passaic Counties, offering a
network of support for people infected and affected by HIV/AIDS.
Services include case management, substance abuse treatment and
counseling, housing assistance, dental services, support groups,
transportation, and a food bank.
mark@njbuddies.org
www.njbuddies.org

Multiple Sclerosis

National Multiple Sclerosis Society

201-967-5599

North Jersey Chapter
1 Kalisa Way, Suite 205, Paramus, NJ 07652
Services for those persons with Multiple Sclerosis, i.e. groups, newsletter,
medical and legislative updates, bulletin board/classified section of
equipment for sale, sponsors "THE MS-WALK", etc.
www.nationalmssociety.org

Parkinson Disease

American Parkinson Disease Assoc.

732-745-7520

100 Kirkpatrick, New Brunswick, NJ 08901
Apdanj.org

Sickle Cell Disease

Sickle Cell Disease New Jersey Chapter

973-482-9070

565 North 11th, Street, Newark, NJ 07107

Sickle Cell Disease Association of America, Inc.

800-421-8453

231 East Baltimore Street, suite 800, Baltimore, Md. 21202
Advocacy, support groups and direct services. (e.g., counseling, testing,
referrals, etc.)

Employment Opportunities

New Jersey State Employment Services

201-996-8940

60 State Street, Hackensack, NJ 07601

Offers services such as workshops, counseling, job search, skilled training, etc.

Vocational Rehabilitation Services for the Disabled

201-996-8970

Unemployment and disability Insurance

201-996-8940

Senior Community Service Employment Program (SCSEP)

855-215-4541

Easter Seals

201-845-8182

194 Route 17 North Suite 3, Rochelle Park, NJ

Easter Seals provides job training and employment opportunities for eligible individuals aged 55 and older.

Hospitals

<u>Bergen Regional Medical Center</u> 230 East Ridgewood Ave. Paramus, NJ 07652 www.bergenregional.com	201-967-4000
<u>Englewood Hospital and Medical Center</u> 350 Engle Street Englewood, NJ 07631 www.Englewoodhospital.com	201-894-3000
<u>Hackensack University Medical Center</u> 30 Prospect Street Hackensack, NJ 07601	201-996-2000
<u>Hackensack University Medical Center - Pascack Valley</u> 250 Old Hook Road, Westwood, NJ 07675 www.hackensackumcpv.com	201-383-1035
<u>Holy Name Medical Center</u> 718 Teaneck Road Teaneck, NJ 07666 www.holyname.org	201-833-3000
<u>Valley Hospital</u> 223 N. Van Dien Ave., Ridgewood, NJ 07450 www.valleyhealth.com	201-447-8000

LEGAL ASSISTANCE

<u>Bergen County Bar Association, Inc.</u> Lawyers Referral Plan 15 Bergen Street, Hackensack, NJ 07601 Monday through Thursday 10:00am - 3:00pm	201-488-0044
<u>Community Mental Health Law Project</u> Legal and Advocacy for the mentally ill 327 East Ridgewood Avenue, Paramus, NJ 07652 Monday through Friday 9:00am - 4:30pm, by appointment	201-634-2762
<u>Legal Services of New Jersey</u> Provides advice and brief service over phone & possibly referrals Monday through Friday 8:30am - 5:30pm	888-576-5529
<u>NJ Protection and Advocacy (NJP&A)</u> 210 South Broad Street, 3 rd Floor, Trenton, NJ 08608 Consumer organization serving New Jersey designated protection and advocacy system for disabilities with mental illness, social security beneficiary benefits, rehabilitation services, health care, and insurance matters	800-922-7233
<u>Northeast NJ Legal Services – BC Division</u> Senior Law Project 190 Moore Street, Suite 100, Hackensack, NJ 07601 Provides free legal service program for senior citizens 60 years of age and older targeting low income. Provides information on legal rights and entitlements, legal counseling, and education Monday through Friday 8:30am - 5:00pm	201-487-2166
<u>New Jersey State Bar Foundation</u> One Constitution Square New Brunswick, NJ 08901 Law Points for Senior Citizens www.njsbf.org	732-249-5000

LGBT RESOURCES

GLRAP

The Gay & Lesbian Association of Retiring Person, Inc. (GLARP) is a non-profit corporation that calls attention to the aging issues in the LGBT community.
<http://gaylesbianretiring.org>

310-722-1807
or
310-477-0707

Lambda Legal National LGBT Legal Help Center

120 Wall Street 19th floor, New York, NY 10005

212-809-8585

MS- Lambda Essential Group Support (MSLEGS)

Self directed by GLBT with MS
www.nationalmssociety.org/chapters/NJM/Groups-and-Discussions/Program/MS

201-788-3663

Prime Timers

PO Box 1073, Sparta, NJ 07871

Social organization whose purpose is to ensure that mature gay and bisexual men have a rich and pleasurable social life with other like-minded men
www.meetup.com/New-Jersey-Primetimers/

973-727-5174

Sage (Services and Advocacy for GLBT Elders)

<http://www.sageusa.org>

212-741-2247

Sage New Jersey

Hudson Pride Connection Center
32 Jones Street, Jersey City, NJ 07306
www.hudsonpride.org/

SAGE men's/women's group where people meet and enjoy each others company. There are discussions, guest speakers, video nights, and outings.
www.hudsonpride.org/programs-services/pride-connections/lgbt-seniors/
or call Gordon Sauer at 973-342-2360 (leave voicemail or text)

201-963-4779

SAGE LGBT Elder Hotline

A hotline for LGBT elders in need of peer counseling, information, and local resources.

888-234-SAGE

LGBT friendly Houses of Worship in Bergen County:

Trinity Episcopal Church - Allendale **201-327-3012**
55 George Street, Allendale, NJ 07401
The Rev. E. Michael Allen, info@trinitynbc.org
www.episcopalchurch.org/

Cresskill Congregational Church **201-568-0608**
85 Union Avenue, Cresskill NJ 07626
Pastor David C. Bocoock, bo@cresskillucc.org
Theresa Muti, office@cresskillucc.org
www.cresskillucc.org/

St Paul's Church - Englewood **201-568-3276**
113 Engle St, Englewood NJ 07631
Rev. William H. Allport II, revballport@stpaulsenglewood.org
Miss Safiyyah Godwin, office@stpaulsenglewood.org
www.welcome.stpaulsenglewood.org/

Unitarian Universalist Congregation of the Palisades - Englewood **201-568-5540**
228 Grand Ave., Englewood NJ 07631
Rev. Paul Dodenhoff, minister@uucpalisades.org, Staff@uucpalisades.org
www.uucpalisades.org

Trinity Evangelical Lutheran Church – Fairview **201-941-5755**
295 Hudson Place, Fairview NJ 07022
Bishop E. Roy Riley, support@trinityfairview.org
www.trinityfairview.org/

Church of the Good Shepherd - Fort Lee **201-461-7260**
1576 Palisade Ave, Fort Lee NJ 07024
Rev. Allison Moore, churchofthegs@verizon.net
Ms. Olga Derick, churchofthegs@verizon.net
https://www.facebook.com/pages/Church-of-the-Good-Shepherd/157746787634142?sk=info&tab=page_info

All Saints - Glen Rock **201-444-6874**
40 Central Ave, Glen Rock NJ 07452
Reverend Timothy Burger, m@allsaintsglenrock.org
Christine McGoey, gary@allsaintsglenrock.org
www.allsaintsglenrock.org/

St. Andrew's - Harrington Park **201-768-0819**
31 Lynn Street, Harrington Park NJ 07460
Rev. Diane L. Rhodes, standrewhp@gmail.com
Glenda deKruif, standrewhp@gmail.com
www.standrewsharringtonpark.org

<p><u>St John the Divine</u> – Hasbrouck Heights 229 Terrace Ave, Hasbrouck Heights NJ 07604 Rev Mark Beckwith, mbeckwith@dioceseofnewark.org, church@saintjohnthedivine.com www.saintjohnthedivine.com/#</p>	201-288-0002
<p><u>St. Luke's</u> - Haworth Massachusetts Ave & Grant Street, Haworth NJ 07641 Rev. Joseph S. Pickard, Office@StLukesHaworth.org www.stlukeshaworth.org/</p>	201-384-0706
<p><u>All Saints</u> – Leonia 150 Park Avenue, Leonia NJ 07605 Rev. Dean Weber, dean.allsaints@verizon.net Robin Kantowitz, parishadministrator@allsaintsleoniam.com www.episcopalchurch.org/parish/all-saints-episcopal-church-leonia-nj</p>	201-947-1233
<p><u>Leonia UMC</u> 396 Broad Avenue, Leonia NJ 07605 Rev David Wehrle, David@LeoniaChurch.org Yevgeniya Przhhebelskaya, Yevgeniya@Leonia.Church www.leoniachurch.com</p>	201-944-2970
<p><u>Presbyterian Church in Leonia</u> 181 Fort Lee Road, Leonia NJ 07605 JOEVDW@aol.com, secretaryleoniam@gmail.com www.leoniapres.org/</p>	201-944-1358
<p><u>Church of the Holy Communion</u> - Norwood 66 Summit Street, Norwood NJ 07648 Rev. James Petroccione, holycommunion.norwood@gmail.com www.holycommunionnj.com/</p>	201-768-0634
<p><u>Norwood Presbyterian</u> 701 Broadway, Norwood NJ 07648 Rev. Timothy Son, timothydson@gmail.com, pcinchurchoffice@gmail.com www.pcnorwood.org/</p>	201-768-2223
<p><u>Ponds Reformed Church</u> – Oakland 341 Ramapo Valley Road, Oakland NJ 07436 Rev. Nathan S. Busker, nathan@pondsnj.org Jane Casazza, jane@pondsnj.org www.pondsreformedchurch.org/</p>	201-337-6744
<p><u>St.Alban's Church</u> - Oakland 1 Church Lane, Oakland NJ 07436 Rev. Kathryn King Diane Firkins stalbandsOFL@optimum.net www.stalbansflow.org</p>	201-337-4909

- Prince of Peace** – Old Tappan **201-768-8691**
 106 Orangeburgh Road, Old Tappan NJ 07675
 Pastor Holliday, pastorholliday@princeofpeacenj.org
 Denise Pallatta, secretary@princeofpeacenj.org
www.princeofpeacenj.org/
- Central Unitarian Church Paramus** **201-262-6300**
 156 Forest Avenue, Paramus NJ 07652
 Rev. David M. Horst, revhorst@cucparamus.org
 Melody Villanueva-Arroyo, marroyo@cucparamus.org
www.cucparamus.com
- St John's** - Ramsey **201-327-0703**
 301 East Main Street, Ramsey NJ 07446
 Rev Julian R. Eibin
 Ellen Joyce, ellen.joyce@stjohnsramsey.org.
www.stjohnsramsey.org/
- Christ Episcopal Church** - Ridgewood **201-652-2350**
 105 Cottage Place, Ridgewood NJ 07450
 Father Daniel, rector@christchurchridgewood.org
 Ms. Mary Fezza, staff@christchurchridgewood.org
www.christchurchridgewood.org/
- Unitarian Society of Ridgewood** **201-444-6225**
 113 Cottage Place, Ridgewood NJ 07450
 Intern Minister, Carlos Martinez
 Chandrika Chowdhry usr.secretary@verizon.net
www.uuridgewood.org/
- WestSide Presbyterian Church** - Ridgewood **201-652-1966, ext. 7141**
 6 South Monroe Street, Ridgewood NJ 07450
 Rev. Marc A. Oehler, moehler@westside.org
 Deirdre DiMauro, DDiMauro@westside.org
www.westside.org/
- First Congregational Church of River Edge** **201-261-1712**
 109 Continental Ave, River Edge NJ 07661
 Rev. Dennis TeBeest,
 Theresa Wallace, office@fccriveredge.org
www.fccriveredge.org/
- Rutherford Congregational Church** **201-438-6324**
 251 Union Ave, Rutherford NJ 07070
 Rev Ronald (“Ron”) E. Verblauw
 Teresa (Terry) Bronico
www.rccucc.com/

- Rutherford UMC** 201-438-4486
 56 West Passaic Avenue, Rutherford NJ 07070
 Pastor BJ Kim, bjkurz@gmail.com
www.rutherfordumc.org/
- St Mark's Church** - Teaneck 201-836-7275
 118 Chadwick Road, Teaneck NJ 07666
 Rev. Robert Shearer, rshearer2077@gmail.com
 Themba Johnson, office@stmarksteaneck.org
www.stmarksteaneck.org
- St Paul's Lutheran** - Teaneck 201-702-6189
 61 Church Street, Teaneck NJ, 07666
 Pastor Rev. Dr. Gary LeCroy, pastorgary@stpaulsteaneck.com
 Sharla DeLawter, SharlaDel@aol.com
www.stpaulsteaneck.com/
- Church of the Attonement** - Tenafly 201-568-1763
 97 Highwood Ave, Tenafly NJ 07670
- Rev Lynne Bleich Weber, rector@atonement-tenafly.org
 Patricia D'Anna, parish.admin@atonement-tenafly.org
www.atonement-tenafly.org/
- Temple Beth Or** – Township of Washington 201-664-7422
 56 Ridgewood Rd # 1, Township of Washington NJ 07676
 Rabbi Ruth Zlotnick, info@templebethornj.org
www.templebethornj.org/

TRANSPORTATION

Bergen County Community Transportation

201-368-5955

178 Essex St., Lodi, NJ 07644

Provides a safe, trouble-free, scheduled transportation system for the elderly and frail residents of Bergen County (door to door service).

American Cancer Society

201-343-2222

Transportation for Cancer Patients only

201-457-3418

20 Mercer Street, Hackensack, NJ 07601

Website: www.cancer.org

Discount/Reduced Fare for NJ Transit Bus & Rail

201-336-7400

Seniors or people who have been determined disabled are eligible to pay no more than one-half the regular one-way fare on all interstate bus, rail routes, and most interstate bus and rail routes into adjacent states (NY and PA).

973-491-7112

Applications are available through the Division of Senior Services.

www.reducefare@njtransit.com

Access Link NJ Transit

800-955-2321

Provides curb to curb service for eligible people with disabilities.

Access Link service is comparable to the NJ TRANSIT local bus network. Transportation is provided during the same hours, days, and at the same fares as the local bus network. You must first apply in person. Arrangements for transportation for you to come and fill out the application can be made.

24 hours access 973-275-5555 Hearing impaired 1-800-772-2287

Uber Car service

On demand care service.

You will first have to sign up by downloading the app on your cell phone and set up an account with your credit card.

For more information go to: www.uber.com

EZ - Ride

201 -939-4243

144 Park Place East, Wood-Ridge, NJ 07075

Senior Transportation 5 days a week

Annual membership, pickup and mileage fee

www.info@ezride.org

ITN North Jersey

201-398-6885

205 Hillcrest Avenue, Wyckoff, NJ 07481

Senior transportation 7 days a week

annual membership, pickup and mileage fee

www.itnnorthjersey.org/contact-us

NJ FIND A RIDE

877-652-1148

WWW.NJFINDARIDE.ORG

VETERANS AFFAIRS

Veterans Services

Division of Veterans' Services

One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601

The mission of the office is to advise, guide, and assist Bergen County veterans and their dependents on the many veterans programs, services, and entitlements.

201-336-6325

Fax: 201-336-6327

Veterans Affairs Benefits Administration(Regional Office)

20 Washington Place, Newark, NJ 07102

Federal benefits for veterans and dependents.

Call to inquire about services/benefits.

800-827- 1000

United States Department of Veterans Affairs (Lyons)

151 Knollcroft Road, Lyons, NJ 07903

908-647-0180

Veterans Benefits

New Jersey Veterans Administration Health Care System

Must enroll in the VA Program. Call toll-free for information and application packet. The VA Hospital is located in East Orange.

800-315-7909

VA Healthcare Enrollment (New Jersey)

888-954-3553

Veterans Affairs Practice Hackensack Clinic

385 Prospect Avenue, Hackensack, NJ 07601

201-342-4536

Veterans Memorial Home Paramus

1 Veterans Drive

Paramus, NJ 07652

201-634-8200

Community Transportation for Veterans

Transportation services to VA hospitals and Veteran health care sites.

178 Essex Street, Hackensack, NJ 0760

201-368-5955

Veteran Employment Federal Positions

www.usajobs.gov

www.fedshirevets.gov

www.vaforvets.va.gov

Veterans Employment Initiative:

www.open.gov/policy-data-oversight/veterans-employment-initiative/vet-guide

Community Hope

959 Route 46 East, Suite 402, Parsipany, NJ 07054

855-483-8466**973-463-9600**

Supportive services for low-income single veterans or veteran families.

Social service and financial assistance such as housing counseling/housing search, securing utilities, mediation with property owners, financial budgeting, employment assistance, navigation of eligible benefits and services, temporary financial assistance with rent, utility payments, security payments, moving costs, childcare and transportation expenses.

www.communityhope-nj.org**Financial Assistance for Homebound Veterans****Aid and Attendance and Housebound Benefits****800-827-1000**

Newark Regional Office

20 Washington Place, Newark, NJ 07102

Visit following websites:

www.veteranaid.orgwww.veteranaidbenefit.orgwww.vba.va.gov**Senior Veterans Tax Freeze****800-882-6597**

You will need to apply with the State of New Jersey

Contact your Municipality for the following Programs:**Veterans Deduction:** Annual deduction of up to \$250 from taxes due on real or personal property paid to qualified war veterans and their unmarried surviving spouses.

Contact your municipality for this deduction.

Property Tax Exemption for Disabled Veteran

Full exemption from property taxes on a principal residence for certain totally and permanently disabled war veterans and their unmarried surviving spouses/surviving civil union partners/surviving domestic partners.

EMERGENCY SERVICES

Bergen County office of Emergency Management

285 Campgaw Road, Mahwah, NJ 07430

201-785-5757

201-336-7705

American Red Cross (will respond to natural disasters)

Englewood

201-588-8787

Hackensack

201-487-7470

Ridgewood

201-652-3210

Rutherford

201-939-2455

Adult Protective Services

Bergen County Board of Social Services

201-368-4300

For vulnerable adults who are being subjected to abuse,

800-624-0275 (after hours)

neglect or exploitation, and who cannot protect or care for themselves.

United Way Bergen County Compassion Fund

211 or 201-294-4050

6 Forest Avenue

Paramus, NJ 07652

www.nj211.org

The Compassion Fund provides help that is direct, concrete, vital and timely. Agency may assist with urgent financial needs from utility bills to medication and healthcare to help families remain in their home.

Housing, Health & Human Services Center

201-336-6475

120 South River Street,

Hackensack NJ 07601

Temporary Shelter, meals, and links to community services.

Family Promise of Bergen County

201-833-8009

100 Dayton Street Ridgewood, NJ

This program helps working families who are facing homelessness.

Monday-Friday 9:00am-5:00pm

Alternatives to Domestic Violence ADV

201-336-7575

One Bergen County Plaza, Hackensack, NJ 07601

ADV offers services including crisis intervention; counseling; legal assistance; individual, group and family counseling; etc.

Calls remain confidential.

Center for Hope and Safety

201-498-9247

548 Beverly Road, Teaneck, NJ 07666

201-944-9600 HOTLINE

Assists women and children who are victims of domestic violence, including emotional, economic, sexual and physical abuse. The agency provides emergency and transitional housing, emotional support, and a diversified continuum of services focused on safety, empowerment, and self-sufficiency.

www.hopeand safetynj.org

Healing Space

201-487-2227 24-hour Hotline

YWCA, 214 State Street, #207, Hackensack, NJ 07601

Provides a confidential 24/7 hotline to survivors of sexual assault and abuse, their families and friends. Support is available to anyone who has experienced sexual violence, whether it happened hours or years ago.

SeniorHaven for the Preventions of Elder Abuse

Program of the Jewish Home Family.

Shelter available for individuals over 65 who are victims of abuse. Abuse may be physical, sexual, financial, verbal, emotional, or psychological.

A referral from a professional must be made by calling **855-455-0555**

<http://jewishhomefamily.org/seniorhaven>

Bergen County Office of Consumer Affairs

201-336-6400

Consumer Protection

1 Bergen County Plaza 3rd floor, Hackensack, NJ 07601

Responsible for enforcing the NJ State Consumer Fraud Act and dedicated to protecting the rights of Bergen County Citizens. Complaints about dishonest and unscrupulous business practices can be filed. Complaints will be investigated for violation of the Consumer Fraud Act.

Salvation Army

201-342-6531

436 Union Street, Hackensack, NJ 07601

Provides emergency disaster services, clothing and furniture distribution, food program, etc.

<http://newjersey.salvationarmy.org/NewJersey/hackensack>

Center for Food Action

Center for Food Action

Main Office: 192A West Demarest Avenue
Englewood, NJ 07631
www.cfanj.org

201-569-1804

Fax 201-569-5619

Services provided:

Emergency food.

Rental assistance: CFA can pay one month's back rent for people who have received an eviction notice, or the first month's rent on a new, more affordable apartment, up to a capped limit.

Security deposits: are available to people who have received Section 8 vouchers, and need this assistance in order to move into the apartment. (Seniors are not required to have section 8 vouchers). Payments are made directly to the landlords. If the tenant vacates the apartment, the landlord must refund the security deposit to CFA.

Utility assistance: CFA can pay one month's utility bill to prevent shut-off of services, or can pay for heating oil. Payments are made directly to the utility or fuel oil company when available, NJ SHARES can provide assistance in addition to our government funds.

Eligibility: Anyone who has a source of income either from work, written promise of employment, or other guaranteed source of income (SSI, SSD, Social Security, Worker's Compensation, unemployment, pension, etc.) sufficient to meet their housing or utility expense once assistance brings their situation up to date.

***Note:** Rental or utility assistance cannot be provided to individuals who have no promise of financial resources to meet their housing or utility needs on a regular monthly basis, or to anyone who is currently receiving welfare.

Englewood Office (Main Office)

192A West Demarest Avenue, Englewood, NJ 07631

Mon., Wed., Thur., Fri., 9:00am–5:00pm. Tues. 9:00am to 6:30pm

Food, Rent and Utility Assistance Towns Served: Alpine, B Alpine, Bergenfield, Closter, Cresskill, Demarest, Dumont Emerson, Englewood, Englewood Cliffs, Fort Lee, Harrington Park, Haworth Hillsdale, Leonia, New Milford, Northvale, Norwood, Old Tappan, Palisades Park, Ridgefield, Ridgefield Park, River Vale, Teaneck, Tenafly

201-569-1804

Fax: 201-569-5619

Fairview Office

St. John Baptist Church

239 Anderson Ave., Fairview, NJ 07022

Mon., Tues. and Thurs.:9:00am– 4:30pm.

Towns Served for Food: Edgewater, Fairview and Cliffside Park

201-945-5831

Hackensack Office

201-883-9375

New Hope Baptist Church
3316 First Street (rear), Hackensack, NJ 07601
Mon.-Thur. 9:30am-3:30pm, Fri., 9:30am -2:30pm
Towns Served for Food: Bogota, Hackensack, Hasbrouck Heights, Little Ferry,
Moonachie. Oradell, River Edge, South Hackensack, Teterboro.

Mahwah Office:

201-529-5029

90 Ridge Road, Mahwah, NJ07430
Mon., 10:00am- 6:30pm, Tues., – Fri.10:00am– 2:00pm.
Food, Rent and Utility Assistance Towns Served: Allendale, Franklin Lakes, Glen
Rock, Ho-Ho-Kus, Mahwah, Midland Park, Montvale, Oakland, Park Ridge,
Ramsey, Ridgewood, Saddle River, Upper Saddle River, Waldwick, Washington
Township, Westwood, Woodcliff Lake, Wyckoff.

Saddle Brook Office:

201-703-9857

224 Midland Avenue, Saddle Brook, NJ 07663
Mon., Wed., Thurs., Fri., 9:30am–3:30pm
Tues. 12:00pm-6:00pm, 1st Sat. of month 10:00am-1:00pm
Food, Rent and Utility Assistance Towns Served: Carlstadt, East Rutherford,
Elmwood Park, Fairlawn, Garfield, Lodi, Lyndhurst, Maywood, North Arlington,
Paramus, Rochelle Park, Rutherford, Saddle Brook, Wallington, Wood-Ridge.

Bergen County Food Pantries

Town: Bergenfield

Pantry Name & Location: Bergenfield Borough Hall
Information Needed to Qualify: Proof of Bergenfield residence
Area Served: Bergenfield residents
Hours of Operation: Mon- Fri 8:30am- 4:00pm
Address: 198 N. Washington Avenue, Bergenfield
Phone: 201-387-4055

Town: Bergenfield

Pantry Name & Location: St. John the Evangelist
Information Needed to Qualify: Interview
Area Served: Bergenfield residents and/or members Parish
Hours of Operation: Last Monday of month 8:30am- 11:00am and 6:00pm – 7:00 pm
Address: 29 N. Washington Avenue, Bergenfield
Phone: 201-384-0101

Town: Bogota

Pantry Name & Location: St. Joseph’s Church
Information Needed to Qualify: Proof of residence
Area Served: Bogota and Teaneck residents
Hours of Operation: Tues 12:30pm-2:00pm, Wed 5:30pm-7:00pm, Thurs-Mon8:00am-4:30pm
Address: 115 E. Fort Lee Road, Bogota
Phone: 201-343-9150

Town: Cliffside Park

Pantry Name & Location: Church of the Epiphany Food Pantry

Information Needed to Qualify: ID

Area Served: anyone who needs assistance

Hours of Operation: Mon-Fri 9:00am-2:00pm

Address: 247 Knox Avenue, Cliffside Park

Phone: 201-943-7320

www.epiphanyfoodpantry.moonfruit.com

Town: Closter

Pantry Name & Location: Closter Borough Hall

Information Needed to Qualify: Proof of Residence

Area Served: Closter residents and neighboring communities without food pantries

Hours of Operation: 2nd Thursday of every month 9:00am-10:30am, 7:15pm-8:15pm

Address: 295 Closter Dock Road, Closter

Phone: 201-784-0600 ext:429

Town: Cresskill

Pantry Name & Location: St. Therese/Cresskill Food Pantry

Information Needed to Qualify: Proof of Residence

Area Served: Cresskill residents

Hours of Operation: Tues 6:00pm-7:30pm, Wed 10:00-11:00am, Sat 10:00am-Noon

Address: 65 B Madison Avenue, Cresskill

Phone: 201-569-5400

Town: Dumont

Pantry Name: Borough

Information Needed to Qualify: Proof of residence- call for appointment

Area Served: Dumont residents

Hours of Operation: Mon.-Fri. 1:00pm-4:30pm

Address: 39 Dumont Avenue, Dumont

Phone: 201-387-5022

Town: Edgewater

Pantry Name & Location: Holy Rosary Church Pantry

Information Needed to Qualify: ID

Area Served: anyone who needs assistance

Hours of Operation: 3rd Thurs 11:00am- Noon

Address: 56 Edgewater Place, Edgewater

Phone: 201-945-6329

Town: Englewood

Pantry Name & Location: CENTER FOR FOOD ACTION

Information Needed to Qualify: Call for appointment

Area Served: anyone who needs assistance

Hours of Operation: Mon-Friday 9:00am-5:00pm, Tues 9:00am-7:00pm, And first Saturday of every month: 10:00am-1:00pm

Address: 192 W. Demarest Avenue, Englewood

Phone: 201-569-1804

Town: Englewood

Pantry Name & Location: St. Cecilia Church/ Office of concern

Information Needed to Qualify: application to fill out

Area Served: anyone who needs assistance

Hours of Operation: Mon- Thurs 9:00am-1:00pm

Address: 85 Demarest Avenue, Englewood

Phone: 201-568-1465

Town: Fair Lawn

Pantry Name & Location: Fair Lawn Health Department

Information Needed to Qualify: Proof of Residence

Areas served: Fair Lawn residents

Hours of Operation: Mon-Fri 8:30am- 4:30pm

Address: 8-01 Fair Lawn Avenue, Fairlawn

Phone: 201-794-5327

Town: Fairview

Pantry Name & Location: CENTER FOR FOOD ACTION (In St. John the Baptist Church)

Information Needed to Qualify: ID

Area Served: anyone who needs assistance

Hours of Operation: Mon, Tues and Thurs 9:30am-5:00pm

Address: 239 Anderson Avenue, Fairview

Phone: 201-945-5831

Town: Garfield

Pantry Name & Location: Calvary Baptist Food and Clothing Pantry

Information Needed to Qualify: Appointment with Geraldine Scott

Area Served: anyone who needs assistance

Hours of Operation: Mon-Fri 10:00am-4:00pm, pickups are once a month on 3rd Saturday

Address: 217-245 Passaic Street, Garfield

Phone: 973-773-2444

Town: Hackensack

Pantry Name & Location: CENTER FOR FOOD ACTION

Information Needed to Qualify: ID

Area Served: anyone who needs assistance

Hours of Operation: Mon-Thurs 9:30am-3:30pm, Fri 9:30am-2:30pm

Address: 316 First Street, Hackensack

Phone: 201-883-9375

Town: Hackensack

Pantry Name & Location: Bergen County Housing, Health and Human Services Center

Information Needed to Qualify: ID

Area Served: Bergen County resident

Hours of Operation: Lunch 11:30am-12:30am, Dinner 5:00pm-6:00pm

Address: 120 South River Street, Hackensack

Phone: 201-336-6475

Town: Hackensack

Pantry Name & Location: Buddies of New Jersey, Inc.
Information Needed to Qualify: AIDS/ HIV positive clients
Area Served: Bergen and Passaic County
Hours of Operation: Mon 11:00am-2:00pm, Tues-Thurs 1:00pm-4:00pm
Address: 149 Hudson Street, Hackensack
Phone: 201-489-2900 or 800- 508-7577 (NJ only)
njbuddies.org

Town: Hasbrouck Heights

Pantry Name: Hasbrouck Heights Borough Hall
Information Needed to Qualify: copy of lease or utility bill
Area Served: Hasbrouck Heights residents
Hours of Operation: Mon 9:00am-11:00am
Address: 320 Boulevard, Hasbrouck Hts.
Phone: 201-288-0195

Town: Hillsdale

Pantry Name: Hillsdale Board of Health/ Helping Hands, Interfaith Food Pantry, United Methodist Church
Information Needed to Qualify: ID
Area Served: Hillsdale and neighboring residents
Hours of Operation: Mon 5:30pm-6:45pm, 1st Sat of month 9:00am- 10:30am
Address: 349 Hillsdale Avenue, Hillsdale
Phone: 201-664-0600

Town: Little Ferry

Pantry Name: St. Margaret of Cortona Food Pantry
Information Needed to Qualify: proof of residence
Area Served: Little Ferry and Moonachie residents
Hours of Operation: 3rd Wed 10:00-Noon
Address: 31 Chamberlain Avenue, Little Ferry
Phone: 201-641-2988

Town: Lyndhurst

Pantry Name & Location: Sacred Heart Church
Information Needed to Qualify: proof of residence
Area Served: Lyndhurst
Hours of Operation: Sat 9:30am -11:00am
Address: 324 Ridge Road, Lyndhurst
Phone: 201-483-1147

Town: Mahwah

Pantry Name: CENTER FOR FOOD ACTION
Information Needed to Qualify: ID
Area Served: anyone who needs assistance
Hours of Operation: Mon 10:00am-6:30pm, Tues-Fri 10:00am-2:00pm
Address: 90 Ridge Road, Mahwah
Phone: 201-529-2029

Town: Maywood/Rochelle Park

Pantry Name & Location: Maywood/Rochelle Park Welfare

Information Needed to Qualify: proof of residence

Area Served: Maywood and Rochelle Park residents

Hours of Operation: Mon- Fri 10:00am-4:00pm

Address: 151 W Passaic Street, Rm 160, Rochelle Park

Phone: 201-581-7730

Town: New Milford

Pantry Name: Church of the Ascension Food Pantry

Information Needed to Qualify: ID

Area Served: New Milford and Neighboring town residents

Hours of Operation: 3rd Mon 6:00pm-7:00pm, 3rd Tues 9:30am-10:00am

Address: 256 Azalea Drive, New Milford

Phone: 201-836-8961

Town: North Arlington

Pantry Name: Queen of Peace Church

Information Needed to Qualify: Proof of Residence

Area Served: North Arlington residence

Hours of Operation: Sat 9:00am

Address: 174 Ridge Road, North Arlington

Phone: 201-997-0700

Town: Old Tappan

Pantry Name: Old Tappan

Information Needed to Qualify: Proof of Residence

Area Served: Old Tappan residence

Hours of Operation: By appointment

Address: 224 Old Tappan Road, Old Tappan

Phone: 201-664-1849 ext. 25

Town: Paramus

Pantry Name: Paramus Dept. of Human Services

Information Needed to Qualify: Proof of Residence

Area Served: Paramus residence

Hours of Operation: Mon-Fri 9:00am-4:00pm

Address: 93 N. Farview Avenue, Paramus

Phone: 201-265-2100 ext:635

Town: Park Ridge

Pantry Name: Pascack Food Center

Information Needed to Qualify: ID

Area Served: Park Ridge and neighboring residents

Hours of Operation: Tues/Thurs 9:00am-11:00am

Address: 65 Pascack Road, Park Ridge

Phone: 201-573-9083

Town: Ridgefield

Pantry Name: Korean food pantry

Information Needed to Qualify: Proof of income & identification, call to register

Area Served: Ridgefield

Hours of Operation: Mon. & Fri. 10:00am-4:pm

Address: 1061 Slocum Avenue Bldg. A. Ridgefield

Phone: 201-242-0018, Soo, 201-956-7630 Cell

Town: Ridgefield Park

Pantry Name & Location: St. Francis Food for Friends

Information Needed to Qualify: Proof of residence

Area Served: Ridgefield Park residents

Hours of Operation: Mon-Fri 9:00am-4:30pm (pickups bi weekly)

Address: 114 Mt. Vernon St., Ridgefield Park

Phone: 201-641-6464

Town: Ridgewood

Pantry Name & Location: Social Services of Ridgewood

Information Needed to Qualify: Proof of residence and financial need

Area Served: Ridgewood, Wyckoff, Ho-Ho-Kus, Midland Park, Waldwick, Glen Rock

Hours of Operation: Mon-Fri 10:00am-3:00pm

Phone: 201-444-2980

Town: River Edge

Pantry : St Peter the Apostle Catholic Church

Information Needed to Qualify: ID

Area Served: River Edge, New Milford, Oradell

Hours of Operation Wed. 3:30pm-5:30pm

Address: 445 5th Avenue, River Edge

Phone: 201-261-3366

Town: River Vale

Pantry Name : River Vale

Information Needed to Qualify: Proof of Residence

Area Served: River Vale

Hours of Operation: Wed 6:00pm-7:30pm, Thur.10:00am to 2:00pm

Address: 334 River Vale Road, River Vale (Behind Police Station)

Phone: 201-280-0721

Town: Rutherford

Pantry Name & Location: Rutherford Community Food Pantry

Information Needed to Qualify: Proof of Residence

Area Served: Rutherford residents

Hours of Operation Mon/Thurs 2:00-4:00pm, Wed 5:00-7:00pm

Address: 176 Park Ave, Rutherford

Phone: 201-460-3628

Town: Saddle Brook

Pantry Name & Location: CENTER FOR FOOD ACTION

Information Needed to Qualify: Call for appointment

Area Served: Clifton, Carlstadt, East Rutherford, Elmwood Park, Fairlawn, Garfield, Lodi, Lyndhurst, Maywood, West Arlington, Paramus, Rochelle Park, Rutherford, Saddle Brook, Wallington, Woodridge

Hours of Operation: Mon/Wed/Thurs/Fri 10:00am-3:00pm, Tues 12:00-6:00pm

Address: 224 Midland Ave, Saddle Brook

Phone: 201-703-9857

Town: Teaneck

Pantry Name & Location: Faith and Hope Food Pantry

Information Needed to Qualify: ID

Area served: anyone who needs assistance

Hours of Operation: Sat 9:00am-11:00am

Address: 480 Warwick Ave, Teaneck

Phone: 201-833-4501

Town: Westwood

Pantry Name: St. Andrew's Church

Information Needed to Qualify: ID

Area Served: Westwood and neighboring town residents

Hours of Operation: Thurs 7:30pm

Address: 120 Washington Ave, Westwood

Phone: 201-666-1100

Contact houses of worship in your Municipality to see if they have a food Pantry.

EDUCATION

Adult Continuing Education

- Bergen Community College** 201-447-7488
400 Paramus Road, Paramus, NJ 07652
Continuing education program
www.bergen.cc.nj.us
- Senior Net Program at JCC on the Palisades** 201-569-7900
411 East Clinton Ave., Tenafly, NJ 07670
Computer classes in Microsoft Word, Graphics, Quicken,
Internet, etc.
- Farleigh Dickinson University** 201-692-6500
Teaneck, NJ 07666
Continuing education programs
www.fdu.edu
- Project Literacy of Greater Bergen county** 201- 489-7066
355 Main Street, Hackensack, NJ 07601
www.project-literacy.org
Free tutoring services by trained volunteers to adults in need of basic literacy
education (reading and writing), HSE (GED) preparation, math and ESL.
- The Southeast Senior Center for Independent Living (SESCIL)** 201-569-4080
228 Grand Avenue, Englewood, NJ 07631
www.Sescil.org
- Korean-American Senior Citizen Association** 201-945-2400
1061 Slocum Avenue, Ridgefield, NJ
ESL program will service the Korean Population 60 +
English instruction for communication in Health and Citizenship
- Institute of New Dimensions** 973-291-8220
PO Box 17, Butler NJ -07405
The institute offers a variety of courses in literature, computers, sociology,
history, economic, music, and more.
www.indbergen.org

English as Second Language and Basic Language Courses

<u>Project Literacy of Greater Bergen County</u> 355 Main Street, Hackensack, NJ 07601 www.project-literacy.org	201-489-7066
<u>Literacy Volunteers of America</u> Passaic County Literacy Program 195 Gregory Avenue, Passaic, NJ 07055 Recruits and trains volunteer tutors for the Basic Literacy (BL) and English as a Second Language (ESL) programs.	973-470-0039
<u>Bergen County Technical School</u> Education Building 200 Hackensack Avenue, Hackensack, NJ 07601 http://bcts.bergen.org	201 -343-6000
<u>Bergen Community College</u> Ciarco Learning Center 355 Main Street ,Hackensack, NJ 07601 www.bergen.edu/ciarcocenter	201-489-1551
<u>Greater Bergen Community Action</u> 263 Lafayette Avenue, Cliffside Park, NJ 07010 www.bergencap.org	201-366-1200
<u>Hispanic Institute</u> 17 Arcadian Avenue, Paramus, NJ 07652 www.hird.org	201-368-1414
<u>Korean American Senior Citizen Association of New Jersey</u> 1061 Slocum Avenue, #A, Ridgefield, NJ 07657	201-945-2400 201-945-2401
<u>Women's Rights Information Center</u> Classes open to both men and women 108 Palisade Avenue Englewood, NJ 07631 www.womensrights.org	201-568-1166
<u>Bergenfield Public Library</u> 50 West Clinton Avenue Bergenfield, NJ 07621 http://Bergenfield.bccls.org/esl.shtml Fee: Registration fee \$10.00	201-387-4040 ext.2837
<u>Englewood Public Library</u> 31 Engle Street Englewood, NJ 07631 http://www.englewoodlibrary.org/?page_id=173 Fee: Free	201-568-2215 ext. 236

Hillsdale Public Library

509 Hillsdale Avenue
Hillsdale, NJ 07642
<http://hillsdalelibrary.org/services/adult-literacy/>
Fee: Free of charge for Hillsdale residents

201-358-5072

Johnson Public Library

274 Main Street
Hackensack, NJ 07601
<http://johnsonlib.org/adults/classes/esl/>
Fee: Free of charge

201-343-4169 ext. 34

Park Ridge Public Library

51 Park Avenue
Park Ridge, NJ 07656
<http://parkridge.bccls.org/esl.html>
Fee: Free of charge

201-391-5151

Ridgewood Public Library

125 North Maple Avenue
Ridgewood, NJ 07450
<http://www.ridgewoodlibrary.org/esl.htm>
Fee: \$30.00 Ridgewood Residents - \$75.00 Non-Ridgewood Residents

201-670-5600 ext.141

RECREATION AND ACTIVITIES

Call local Senior Activity Centers and townships for information on outings and recreational activities.

Bergen County Department of Parks

201-336-7275

One Bergen County Plaza, 4th Floor, Hackensack, NJ07601

Boys and Girls Club of Lodi and Hackensack

973-473-7410

460 Passaic Ave., Lodi, NJ07644

Aquacize program for seniors. Call for schedule.

Elder Hostel (Road Scholar)

800-454-5768

Provides low-cost educational travel programs for seniors to over 1,600 colleges, universities, and other educational facilities in the United States and abroad.

www.elderhostel.org

JCC On The Palisades

201-569-7900

411 East Clinton Ave., Tenafly, NJ07670

A variety of health and fitness courses for seniors, including swimming.

Senior Source

201-342-0962

The Shops at Riverside, 310 Riverside Square Mall, Hackensack
Socialization and education for seniors.

www.seniorsourcellc.com

YMCA of Bergen County

201-487-6600

360 Main Street

Hackensack, NJ07601

Swimming, adult fitness, self-defense class; SMILE (Seniors Move in Light Exercise) is a program of stretching and strengthening designed to keep the older adult fit.

Call for schedules and cost of registration/membership)

YMCA/YWCA of Ridgewood

201-444-5600

112 Oak St., Ridgewood, NJ07451

Aqua Therapy – Swimming classes for seniors (Call for schedule)

Senior Activity Centers

Senior Citizens 60+ and their significant other, regardless of age, are eligible to participate in Activity Center programs. These Centers offer a full range of programs, services and activities. Social, health and legal counseling, group classes in painting, arts and crafts, ceramics, knitting/crocheting and exercise, as well as educational and cultural programs are available. Some transportation is also available. For information on transportation call the center.

NOTE: Bergen County Senior Lunch Program

A nutritious mid-day meal is available for Bergen County senior citizens at the centers marked with an asterisk (*) below. The goal of the nutrition program is to provide well-balanced meals, foster social interaction, and provide access to other supportive services available to Bergen County seniors. To be eligible, persons must be age 60 or older, or the significant other of a participant. Lunch is served Monday-Friday and are planned by a dietician to provide the recommended nutritional requirements.

Reservations for the meal must be made 1 day in advance.

Bergenfield* 201-387-7212
293 Murray Hill Terrace, 07621

Cliffside Park* 201-943-3768
Gerald A. Calabrese Complex
500A Gorge Road, 07010

Closter 201-784-0971
295 Closter Dock Road, 07624

Cresskill 201-503-9831
38 Spring St, 07626

Demarest Senior Center 201-767- 9785
31 Park Street, 07627
www.Demarest.nj.net

Dumont Senior Center 201-387-5040
39 Dumont Avenue, 07628

East Rutherford 201-933-3344
37 Vreeland Avenue, 07073

East Rutherford* 201-935-8920
Southwest Senior Center
147 Hackensack Street, 07073

Elmwood Park* 201-796-3342
500 Boulevard and Market Street, 07407

Emerson 201-599-6351
20 Palisades Avenue, 07630

<u>Englewood*</u> 44 Armory Street, 07631	201-568-0817
<u>Englewood</u> Southeast Center for Independent Living 228 Grand Avenue, 07631	201-569-4080
<u>Fair Lawn*</u> 11-05 Gardiner Road, 07410	201-796-1191
<u>Fairview Senior Center</u> 53 Grant Street, 07022	201-943-5522
<u>Fort Lee*</u> Richard & Catherine Nest Adult Activity Center 319 Main Street, 07024	201-592-3670
<u>Garfield*</u> 480 Midland Avenue, 07026	973-478-0502
<u>Garfield*</u> 225 Midland Avenue, 07026 (Open to building residents only)	973-340-4179
<u>Garfield*</u> 377 Midland Avenue, 07026 (Open to building residents only)	973-340-4177
<u>Hackensack*</u> Americas Unidas Multicultural Senior Center 101 Hudson Street, 07601	201-336-3320
<u>Hackensack</u> Martin Luther King, Jr. Senior Center 375 First Street, 07601	201-342-2654
<u>Hasbrouck Heights</u> 320 Boulevard, 07604	201-288-0195
<u>Korean American Senior Citizen Association of New Jersey</u> 1061 Slocum Avenue, #A, Ridgefield, NJ 07657	201-945-2400 201-945-2401
<u>Leonia</u> Leonia Recreation Center 370 Broad Avenue, 07605	201-302-9660
<u>Lyndhurst</u> 281 Stuyvesant Avenue, 07071	201-896-1629

<u>Mahwah</u> 475 Corporate Drive, P.O. Box 733 07430	201-529-5757 Ext. 213
<u>Maywood Senior Center</u> 145 West Magnolia Avenue, 07607	201-368-1522
<u>Midland Park*</u> Northwest Bergen Regional Senior Center 46-50 Center Street, 07432	201-445-5690
<u>New Milford*</u> 275 River Road, 07646	201-599-7565
<u>North Arlington*</u> St. Paul Episcopal Church 11 York Road 07031	201-998-5636
<u>Northvale*</u> James F. McGuire Center 116 Paris Avenue, 07647	201-767-6299
<u>Oakland</u> 20 Lawlor Drive, 07436	201-405-7731
<u>Palisades Park*</u> 300 Highland Avenue, 07650	201-944-5616
<u>Paramus</u> 93 North Farview Avenue, 07652	201-265-2100 Ext: 664
<u>Ramsey</u> 205 Church Street, 07446	201-825-1975
<u>Ridgefield Park*</u> 159 Park Street, 07660	201-641-1220
<u>Ridgewood</u> 131 North Maple Avenue, 07450	201-670-5500 Ext: 301
<u>Rutherford*</u> 55 Kip Senior Center 55 Kip Avenue, 07070	201-460-1600
<u>Saddle Brook</u> 8 Caldwell Avenue, 07662	201-845-4594
<u>Teaneck*</u> 250 Colonial Court, 07666	201-837-0171

<u>Teaneck AWCA *</u> Asian Women's Christian Association 9 Genesee Avenue 07666	201-862-1665
<u>Tenafly</u> 20 South Summit Street, 07670	201-569-2159
<u>Tenafly*</u> Kaplen JCC on the Palisades 411 East Clinton Avenue, 07670	201-569-7900 ext. 1450
<u>Tenafly</u> Friends of Grace Seniors, Korean Comm. Center 100 Grove Street, Tenafly 07670 Website:www.fgskcc.org	201-541-1200
<u>Wallington*</u> 24 Union Boulevard, 07055	973-777-5815
<u>Washington Township*(Kosher)</u> Temple Beth Or 56 Ridgewood Road Tue-Wed-Thurs only	201-221-5814
<u>Westwood*</u> T.J. Riley Multipurpose Senior Center 100 Madison Avenue, 07675	201-666-0840

HEALTH & WELLNESS PROGRAMS

Mental Health

Bergen County Mental Health Board 201-634-2745

One Bergen County Plaza, 4th Floor, Hackensack, NJ 07601

Information, referrals to treatment agencies, and advocacy for all Bergen County residents with mental illness or family members seeking assistance for their loved ones.

Care Plus, NJ (Serves Central Bergen County)

Paramus Office (admissions) 201-265-8200

610 Valley Health Plaza, Paramus, NJ 07652

Paramus Office (all other business and voicemail) 201-843-5218

40 Eisenhower Drive, Paramus, NJ 07652

Fairlawn Center (admissions) 201-797-2660

17-07 Romaine Street, Fair Lawn, NJ 07410

Care Plus Primary Screening Center for Bergen (Hot Line) 201-262-4357

Bergen Regional Medical Center

230 East Ridgewood Avenue, Paramus, NJ 07652

Care Plus Center for primary & Behavioral Health Service 201-265-8200

Partial Care-Geriatric, Supportive Housing, Outpatient Services, Residential Services, Supported Employment Services.

Care Plus intensive Outpatient treatment crossroad to wellness 201-986-5037

610 Valley Health Plaza, Paramus, NJ 07652

Care Plus Integrated Case Management Service 201-478-4162

& Jail Diversion Program 201-478-4166

Care Plus involuntary outpatient commitment 201-478-4183

611 Route 46 West, Suite 300, Hasbrouck Heights, NJ 07604

CBHCare Wellness & Support Center (Walk Ins) 201-957-1800

569 Broadway, Westwood, NJ 07675

Mon.-Fri. 8:00 am-8:00 pm.

Saturday & Sunday 9:00 am -5:00 pm

Telephone 24 Hours 7 days a week

Comprehensive Behavioral Health Care Inc. 201-646-0333

Hackensack Services

395 Main Street, Hackensack, NJ 07601

Acute care family services, homeless services, intensive family support services, outpatient services, partial care-geriatric, residential services, supportive housing.

<p><u>Comprehensive Behavioral Health Care Inc.</u> Lyndhurst Services 516 Valley Brook Avenue Lyndhurst NJ 07071 Outpatient Services, partial care-geriatric services</p>	<p>201-935-3322</p>
<p><u>Christian Health Care Center</u> 301 Sicomac Avenue, Wyckoff, NJ 07481 Inpatient/partial admissions, outpatient admissions</p>	<p>201-848-550 www.CHCCNJ.ORG 201-848-5800</p>
<p><u>Ramapo Ridge Psychiatric Hospital</u> 301 Sicomac Avenue, Wyckoff, NJ 07481</p>	<p>201-848-5276</p>
<p><u>Vantage Health System</u> Dumont Center 2 Park Avenue, Dumont, NJ 07628 Outpatient Services, partial care-geriatric services, supportive housing. Serves Northeastern Bergen County</p>	<p>201-385-4400</p>
<p><u>Vantage Health System</u> Englewood Center 93 W. Palisade Avenue, Englewood, NJ 07631 Outpatient Services, partial care-geriatric services, residential services.</p>	<p>201-567-0059</p>
<p><u>West Bergen Mental Healthcare</u> Ridgewood Services 120 Chestnut Street, Ridgewood, NJ 07450 Serves Northwestern Bergen. www.westbergen.org</p>	<p>201-444-3550</p>
<p><u>West Bergen Mental Health Care</u> Ramsey Office (Children and Youth) One Cherry Lane, Ramsey, NJ 07446 A Mental Health Program to assist with stress families and caregivers face through workshops and clinic counseling. www.westbergen.org</p>	<p>201-934-1160</p>
<p><u>West Bergen Mental Health Care</u> Ramsey Office Senior Program One Cherry Lane, Ramsey NJ 07446 A program designed to develop a healthy lifestyle and positive attitude to combat aging. Meets every Wednesday at 12:30 pm.</p>	<p>201-934-1160</p>

<u>Emotions Anonymous</u> 64 Passaic St., Hackensack Meetings are held: Tues & Thu: 7:15 PM First Presbyterian Church A twelve step program designed to help people achieve and maintain emotional health. Ages 18 and over are welcome to attend. For more information, Call Sam, at 551-804-3126	551-804-3126
<u>National Alliance for the Mentally Ill (NAMI)</u> Wood-Ridge - Provides information and support for adults with mental illness and their families; conducts monthly educational seminars.	201-635-9595
<u>Psychiatric Emergency Screening Program (PESP)</u> Bergen Regional Medical Center	201-262-HELP (4357)
<u>NJSHC in Care Morris</u> 1259 Route 46 East, Parsippany, NJ 07054 Maintains a database of information of over 4,000 self-help support groups in the U.S. and over 800 Organization: provides information and referral services: also trains people to find and form self-help groups. www.selfhelpgroups.org	800-367-6274

Referral to specialized mental health services is also available from these agencies:

<u>Office of Behavioral Health Services Director:</u>	201-634-2740
<u>County Mental Health Administrator:</u>	201-634-2751

Medical Care for the Uninsured

<u>Bergen Volunteer Medical Initiative – BVMI</u> 241 Moore Avenue Suite 101, Hackensack, NJ 07601 Provides free primary medical care and, where possible, referrals to free specialty care for working, low-income Bergen county residents who have no health insurance.	201-342-2478
<u>North Hudson Community Action Corporation (NHCAC)</u> 535 Midland Park ave, Garfield NJ 07026 25 East Salem street, Hackensack NJ 07601 197 South van Brunt street, Englewood, NJ 07631 Supports residents living in Hudson, Bergen, and Passaic Counties to receive high-quality primary health care services for OB/GYN, Pediatrics, Internal Medicine, and Dental. These programs are offered to underserved community members at little or no cost. http://nhcac.org/	201-210-0100 973- 340-1182 201- 464-7844 201- 537-4442

Dental Services

<u>Bergen Community College</u> Dental Hygiene Clinic 400 Paramus Road, Paramus, NJ 07652	201-447-7180
<u>Senior Dental</u> (State Division on Aging) New Jersey Dental Association One Dental Plaza, P. O. Box 6020 North Brunswick, NJ 08902 Eligible persons receive a minimum courtesy reduction of 15% on all dental services from participating dentists only. Must be on the PAAD program and must not be receiving dental insurance or Medicaid.	800-792-8820
<u>University Hospital – Dental Clinic</u> Dental School 8:00am-5:00pm Monday-Friday 150 Bergen Street, Newark, NJ 07103 Charity Work – Extractions Only 7:30am-9:30am Monday, Tuesday, Thursday & Friday Walk -ins Need photo ID and insurance card(s).	973-972-4242 973-972-5026
<u>NJ Dental Sector - Rutgers University</u> 110 Bergen Street, Newark, NJ07103 9am-12pm, 2pm-4:30pm Monday - Friday Initial Screening Fee- \$55	973-972-7370
<u>Visiting Dental Associates</u>	201-670-0097
<u>The Southeast Senior Center for Independent Living (SESCIL)</u> 228 Grand Avenue, Englewood, NJ 07631 The dental services are provided by licensed dentist and hygienist. at a rate approximately 50% lower than most dentists, clients are offered x-rays, teeth cleanings, extractions and more. www.SESCIL.org	201-569-4080
<u>Center for Dentistry at Hackensack University Medical Center</u> St. John Building 30 Prospect Avenue, Hackensack, NJ 07601	551-996-2111
<u>Center for Dentistry at Hackensack University Medical Center</u> Hillcrest Building 60 Second Street Hackensack, NJ 07601	551-996-3519

Services and Programs for People with Vision Loss

Adjustment to Vision Loss Project

201-996-9100

Heightened Independence & Progress (HIP)

131 Main Street, Suite 120, Hackensack, NJ 07601

Provides information and referral related to services and resources throughout New Jersey. Peer Support groups meet at several locations throughout Bergen County.

National Eye Care Project

800-222-3937

Eye Care America Program

Medical eye care for the nation's disadvantaged senior citizens. Provides referrals for U.S. citizens or legal residents who are 65 or older who do not have access to an ophthalmologist in their community. Qualified patients receive medical eye examinations and treatment at no out-of-pocket costs. Doctors accept insurance reimbursement as payment in full for their services. Uninsured patients are provided care at no charge.

* Those enrolled in HMO's or obtain care through a government care facility are not eligible. Note: Eyeglasses, prescriptions, hospital services and other medical services are not covered under the program.

New Eyes for the Needy, Inc.

973-376-4903

549 Millburn Avenue, P. O. Box 332, Short Hills, NJ 07078

Provides prescription eyeglasses to medically, indigent, visually impaired, older adults who are New Jersey residents. Referrals must be made in writing from social service agencies. While federal poverty guidelines are used, exceptions can be made for low income persons who exceed these guidelines.

*Note: New Eyes does not pay for eye examinations.

NJ State Library Talking Book & Braille Center (TBBC)

800-792-8322

2300 Stuyvesant Avenue, P. O. Box 501, Trenton, NJ 08618

609-530-3239

The Talking Book & Braille Center (TBBC) is a library that serves NJ residents of all ages who cannot read standard print or who cannot hold a book or turn the pages of a book due to a physical impairment, a reading disability, or a vision impairment. TBBC provides long-term loans of digital audiobook players and audiobooks and has audio news-reading services. All services are delivered to the home without cost.

<http://www.njsltbbc.org>

NJ Commission for the Blind & Visually Impaired

973-648-3333 (Newark)

Education, vocational rehabilitation, social work, health

Screenings; teaches rehabilitation & independent living skills.

Referral assistance

Assistive Technology Center - Johnson Public Library

201-343-4169 ext. 22

274 Main Street, Hackensack, NJ 07601

Catherine.folk-pushee@hackensack.bccls.org

Provides opportunities to learn to use adaptive technologies on iPads and desktop computers for people with visual impairments, age 55 and older.

Services and Programs for People with Hearing Loss

League for the Hard of Hearing

50 Broadway, 6th Floor, New York, NY 1004

Hearing aids, assistive listening and alerting devices, cochlear implant rehabilitation, otology, psychotherapy, speech reading program, tinnitus treatment, publications and videotapes, and other hearing loss related services.

www.lhh.org

917-305-7700 (Voice)

917-305-7999 (TTY)

Hackensack University Medical Center Audiology Department

30 Prospect Street, Hackensack, NJ 07601

201-996-5327

Hearing Loss Association of New Jersey (HLA-NJ)

Bergen County Chapter, Saddle River, NJ

Provides information about hearing aids, assistive technology, arts access, legal rights, and other topics. Inductive loop assistive listening system and CART (real-time captioning) available at meetings.

www.hearingloss-nj.org

201-995-9594 (Voice)

201-768-2552 (TTY)

Division of the Deaf & Hard of Hearing

Joseph Kohn Rehabilitation Center

PO BOX 074 Trenton, NJ 08625

Information and referral, interpreter and CART (real-time captioning) referral service, advocacy, workshops, assistive listening devices demonstration center.

Call for hours of operation, or to make an appointment to visit the assistive device center.

800-792-8339

(Voice and TTY)

609-984-7283

Assistive Technology Advocacy Center (ATAC)

New Jersey Protection and Advocacy, Inc.

210 South Broad Street, 3rd Floor, Trenton, NJ 08608

Information and referral; advocacy services and legal representation

Acts as a clearinghouse for items/assistive devices that are for sale (usually at a minimum cost) or offered for donation or loan.

609-292-9742

800-922-7233

800-342-5832

Assistive Listening Device Loan Program

NJ Division for the Blind and Handicapped, Deaf and Hard of Hearing Awareness Program.

Co-sponsored with the Division of the Deaf and Hard of Hearing.

PO Box 501, Trenton, NJ 08025

Provides loans of personal and wide area assistive listening devices through designated regional libraries throughout the state. **NOTE:** Bergen County residents may borrow the equipment.

www.NJbh@njstate

609-588-2648

800-882-5593 (TTY)

800-792-833

Hearing Aid Assistance to Aged & Disabled (HAAD)

A \$100 reimbursement to eligible persons who purchase

a hearing aid. Eligibility requirements are the same as

for the PAAD program. ***Need for hearing aid must be attested by a physician**

201-336-7400

800-792-9745

Utility & Telephone Assistance Programs

Low Income Home Energy Assistance Program (LIHEAP)

The Low Income Home Energy Assistance Program (LIHEAP) helps very low-income residents with their heating and cooling bills, and makes provisions for emergency heating system services and emergency fuel assistance within the Home Energy Assistance Program.

For more information or to locate your nearest application agency, please call the toll-free **Hotline at 1-800-510-3102 for further information.**

The True and Page Program-Energy Assistance Program

The Temporary Relief for Utility Expenses (TRUE) Program and the Payment Assistance for Gas & Electric (PAGE) Program were established by the Board of Public Utilities to provide relief on natural gas and electric bills for low to moderate income New Jersey households who are experiencing a temporary financial crisis. Eligible applicants cannot be receiving or be eligible for a Universal Service Fund (USF) benefits or a Low Income Home Energy Assistance Program (LIHEAP) benefit. TRUE and PAGE are administered by the Affordable Housing Alliance.

Call (732)982-8710 for further information or log onto <http://www.housingall.org> for a list of eligibility requirements for these programs, or to apply on line go to <http://www.njpoweron.com>.

How to Apply:

Call Greater Bergen Community Action or 201-968-0200 Ext 7008

Bergen County Division of Senior Services / ADRC 201-336-7400

*Apply Nov 1st thru March 31st You can

Apply for both **HEAP** (above) and **Cooling assistance.**

Cooling Assistance provides \$100 to help pay for cooling costs.

Eligibility Requirements: Must have a medical condition that requires use of any cooling device. Entire household income is counted.

www.bergencap.org/liheap.html

Heightened Independence and Progress (*hip*)

131 Main St., Hackensack, NJ 07601

Cooling Assistance: Air conditioners can be provided for Bergen County residents. Call for eligibility requirements. **201-996-9100 ext. 18**

Lifeline Utility Credit Program

What it does: Gives a \$225 credit per year on your Public Service bill. (This credit can be given any time during the year.)

Eligibility requirements are the same as for the PAAD program. If you receive SSI, Lifeline rebate is reflected in your monthly check.

How to Apply:

Call PAAD/Lifeline 800-792-9745

or

Bergen ADRC Division of Senior Services 201-336-7400

or

Greater Bergen Community Action 201-968-0200 Ext 7008

* Applications only for Lifeline are available.

If utilities are included in your rent, you may receive a direct payment.

Comfort Partners

What It Does: Assists to lower natural gas & electric bills through energy education and installation of energy saving home improvements.

Eligibility Requirements: At or below 175% of the Federal Poverty Guideline or participate in one of the following programs: USF, SSI, HEAP, Lifeline, PAAD

How to Apply:

Call Weatherization Program (Marlton, NJ)

888-773-8326

Program representatives will work with each household to evaluate level of energy efficiency.

Universal Service Fund (USF)

What It Does: Receive credit on utility bill for gas & electric.

Eligibility Requirements: and homeowners must meet the same income guidelines as LIHEAP AND pay more than 3% of its annual income for electric for electric & natural gas. Household with electric heat must spend more than 6% of annual income on electricity.

How to Apply:

Can apply for USF & LIHEAP with one application Between Nov 1st and March 31st.

Contact Greater Bergen Community Action

201-968-0200

Ext 7008

or

Bergen ADRC, Division Senior Services

201-336-7400

** USF accepts application all year.

Expenses for oil or propane are not eligible for USF benefits.

www.bergencap.org/liheap.html

Winter Termination Program

What It Does: Protection from having your gas and/or electric shut-off from Nov. 15 - March 15.

Eligibility Requirements: If you receive NJ Lifeline Credit, PAAD, LIHEAP, SSI, NJ SHARES, USF or if unable to pay because of circumstances beyond your control.

How to Apply:

Contact utility and make a “good faith” payment

800-357-2262

or

Negotiate affordable payment arrangements B. P. U.

800-624-0241

* Program may continue past March 15 if cold weather persists.

www.bergencap.org/liheap.html

NJ SHARES

What It Does: Assists individuals and families who need help paying energy bills due to a temporary financial crisis. Also has UW CARES water utility bill assistance

Eligibility Requirements: No income guidelines for this program. Applicants cannot be receiving LIHEAP or USF. Must demonstrate a temporary financial need. Assistance for those who made a “good faith” payment of \$100 or more within 90 days prior to applying.

How to Apply:

Call NJ SHARES to find out your local agency.

866-657-4273

** Maximum grant \$700 for natural gas. Maximum grant \$300 for electric. Maximum \$700 for those who heat with electric.

Once per calendar year, NJ SHARES available all year.

can apply at one of 96 agencies (needed)..

Weatherization Assistance

What It Does: Lower heating cost through home improvement for heat loss due to poor insulation or inefficient heating system.

Eligibility Requirements: Meet same income guidelines as LIHEAP.

Be a renter or homeowner. Not have received weatherization service within the last 10 years.

How to Apply:

Call the Weatherization services Office

973-546-1441

99 Passaic Street, Garfield, NJ 07026

www.GreaterBergen.org/home-energy

** Types of services include insulation, caulking and weather stripping, refrigerator replacement, heating system repair, etc.

Telephone Assistance (more carriers than only Verizon participate)

What It Does: Provides discounted local telephone service to low income residents and seniors. Three local service options (Flat rate, Moderate, Low Use). Link Up America: New customers receive a 50% discount on initial connection.

Eligibility Requirements: 65 or over and annual gross income is at or below 135% of the Federal Poverty income level, or receive benefits from Medicaid, Food Stamps, SSI, Lifeline Utility.

How to Apply:

If on PAAD and/or Lifeline, call

800-792-9745

If on SSI, Medicaid, Food Stamp, GA call BC Board of Social

201-368-

4200

Services

* For information call Bergen ADRC, Division of Senior Services or NJSHARES

201-336-7400

888-337-3339

Medicare Health Insurance

These programs pay or help pay for the cost of medical care for older adults and disabled persons.

MEDICARE (www.medicare.gov)

The official word on today's Medicare/The Medicare Handbook

1-800-MEDICARE

1-800-633-4227

MEDICARE PART A

Payment for inpatient or skilled nursing facility (SNF)/payment for outpatient services at a hospital or SNF/EOMB information.

800-633-4227

MEDICARE PART B

Empire Medicare Services/physician and outpatient billing / appealing a Part B payment determination

800-633-4227

MEDICARE PART D

Prescription Coverage

Extra Help with Medicare Prescription Drug Plan Cost. Help with monthly premiums and annual deductibles and lower co-payments. Income limited to \$15,600 for an individual or \$21,000 for a married couple, with resources limits.
www.socialsecurity.gov

800-633-4227

Durable Medical Equipment

800-633-4227

Health Care Quality Strategy Information Line

557 Cranbury Road, Suite 21
East Brunswick, NJ 08816

Quality Improvement Organization of NJ/health care improve mentor programs/Medicare patients' rights/quality of care complaints
info@hqi.org

800-624-4557

732-238-5570

State Health Insurance Program (SHIP)

Assistance in completing Medicare and other health insurance claim forms; information on supplemental health insurance policies; evaluation of specific health insurance claim forms; evaluation of specific health insurance needs; and information on prescription coverage and Medigap policies.

201-336-7413

Medicare Rights Center – Medicare Interactive

Website: www.MedicareInteractive.org

Website-based counseling tool to help people with Medicare, up to date benefits information and advice based on real-life experiences and best practices of Medicare counselors.

Medicaid

Bergen County Board of Social Services

218 Route 17 North, , Rochelle Park, NJ 07662

Provides information on special Medicaid programs: i.e. NJ Care, Medically Needy, etc., and institutional Medicaid for nursing homes.

www.bcbss.com

201-368-4200

201-368-4785

201-368-7693

Medicaid (Regional Office)

100 Hamilton Plaza, Suite 500, 5th Floor, Paterson, NJ 07505

973-977-4077

Funeral-Burial Support Program (Medicaid)

Bergen County Board of Social Services

218 Route 17 North, Rochelle Park, NJ 07662

201-368-4200

Social Security & SSI

Social Security (Medicare/Disability Insurance)

Hackensack Continental Plaza
401 Hackensack Avenue 2nd fl.

800-772-1213

Clifton, Social Security office

935 Allwood Road Clifton, NJ

800-772-1213

Paterson Social Security office

200 Federal Plaza
1st fl. Federal Plaza Building

800-772-1213

Supplemental Security Income (SSI)

Must be 65 years of age, blind, or have a disability.

There are income eligibility requirements – call to inquire.

800-772-1213 (TTY)

800-325-0778

Social Security how to apply on line

To set up your own Social Security account you need

A valid Email address

A Social Security Number

A US mailing address

www.socialsecurity.gov/myaccount

New Jersey Property Tax Relief Programs

New Jersey Division of Taxation

Information & Publication

PO Box 900

Trenton, NJ 08695

nj.taxation@treas.state.nj.us

Homestead Benefit

Homeowners who owned and occupied a home in NJ that was their principal residence of the previous year October 1st and property taxes must have been paid.

Homeowners will be mailed applications after the end of the income tax filing season.

Rebate application can be filed either online at www.state.nj.us/treasury/taxation/ or by phone at 1-877-658-2972.

Property Tax Reimbursement (Senior Tax Freeze)

Reimbursement of the difference between the amount of property taxes paid for the base year and the amount paid for the year you are applying.

Must be 65 years of age or older or on Social Security Disability; resident of NJ continuously for last 10 years as a homeowner or renter; owned and lived in NJ home for at least the last 3 years; property taxes should be paid in full for base year and succeeding years; meet income limits for base year and succeeding years. Form PTR-1 is for first time applicants and Form PTR-2 is a personalized application that is mailed to those who previously met eligibility requirements. 800-882-6597

*Tax relief information is a summary from online NJ taxation and the Bergen County Division of Senior Quick Guide.

For further information and update on income eligibility contact:

General Tax Information:

State of New Jersey
Dept. of the Treasury – Division of Taxation
PO Box 197
Trenton, NJ 08695-0197
www.state.nj.us/treasury/taxation
800-323-4400 or 609-826-4400

NJ TAXATION
22-08 Route 208 South
Fair Lawn, NJ 07410
201-791-0500

Property Tax Deduction/Credit

800-323-4400

Homeowners and tenants who pay property taxes, either directly or through rent, on their principal residence in New Jersey may qualify for either a deduction or a refundable credit on their New Jersey resident income tax return. The tax benefit varies depending on the amount of the taxpayer's taxable income, the amount of property taxes or rent paid, and filing status.

Other Tax Relief Programs

***Contact your Municipality for the following programs:**

Senior Citizens Annual Property Tax Deduction: Annual deduction of up to \$250 from property tax for homeowners age 65 or older or disabled who meet income (excluding Social Security income) and residency requirements.

Contact your municipality. If you have difficulty in getting enrolled, call Bergen Division of Senior Services / ADRC

201-336-7400

Reverse Mortgage

Reverse Mortgage Counseling

201- 336-7569

Home Equity Conversion Mortgages (HECM)

201-336-7400

Division of Senior Services / ADRC

One Bergen county Plaza, Hackensack NJ, 07601

The Division of Senior Services offers a program with a certified counselor trained by the Agency for Housing and Urban Development (HUD), advising seniors 62 and over on ways to access their home equity so they can remain at home and age-in-place.

AFFORDABLE HOUSING

Rental Assistance and Tenant Services

NJ State Rental Assistance Program

201-996-8990

100 First Street, Room 207, Hackensack, NJ 07601
Assistance with rent for eligible older adults.

Advance Housing Inc.

201-288-0545

100 Hollister Road, Teterboro, NJ 07608
Help meet housing needs of people with mental illness through direct services, education, information, and referrals.

Section 8 Housing Voucher Program

201-336-7600

Housing Authority of Bergen County
One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601
Provides rental assistance to eligible older adults and families. Preference is given to those who reside within Housing Authority member communities.
The waiting list is currently closed, however, we encourage calling the agency to check the wait list status.

Social Service Association/Ridgewood Area

201-444-2980

6 Station Plaza, Ridgewood, NJ 07450
Serves: Ridgewood, Glen Rock, Ho-Ho-Kus, Midland Park, Waldwick and Wyckoff
Services for low-income persons in need of rental assistance, food pantry, fuel, non-prescription medication and household counseling.

Greater Bergen Community Action

Bergen County Housing Coalition

201-488-6767

316 State Street, Hackensack, NJ 07601
(Tenant Outreach Program)

201-488-5100 ext 3

Provides outreach, legal guidance, information and referral, workshops, speakers.

Homeless Prevention Program

201-488-5100 x7041

Must be a Bergen County resident and meet eligibility criteria.
Depending on available funding, relief can come in the form of paying back utility payments or rent (arrear); security deposit or first month's rent payment in order to obtain new rental housing.

Northeast NJ Legal Services/Senior Law Project

201-487-2166

190 Moore Street, Suite 100, Hackensack, NJ 07601
Provides free legal service program for senior citizens 60 years of age and older targeting low income clients. Provides information about legal rights and entitlements, legal counseling, and education. Makes referrals to lawyers.
Monday –Friday 8:30 am-5 pm.

Urban League of Bergen County**201-568-4988**

12 Tenafly Road, Englewood, NJ 07631

Housing counseling, referrals, rental assistance and
Tenant/landlord disputes.**Fair Housing Council****201-489-3552**

131 Main Street, Hackensack, NJ 07601

201-489-4692HUD-comprehensive counseling agency for the home buyer or apartment seeker;
legal counseling in connection with discrimination complaints. First-time
homebuyers counseling, foreclosure counseling.**Home Improvement, Safety & Repairs*****NOTE:** Call local Fire or Police Departments to inquire if they offer home safety programs,
e.g., free smoke detectors, alarms, decals, or other safety precautions.**Home Improvement Loan**

Bergen County Community Development

201-336-7200One Bergen County Plaza, 4th Floor, Hackensack, NJ 07601

Provides resources to rehabilitate existing one and two-family houses.

Eligibility is based on income, family size and type of improvement.

The homeowner may be eligible for a 3% deferred loan for eligible
home improvements.**Home Modifications/Home Repair****201-996-9100**

Heightened Independence & Progress (HIP)

131 Main Street, Suite 120, Hackensack, NJ 07601

MAP (Modification Access Program) and SNAP (Special Needs Assistance
Program)

Provides assistance towards the acquisition of services and adaptive equipment.

Assists with barrier-free home renovation projects. (e.g., ramps, etc.)

Chore Program

Volunteer Center of Bergen County

201-489-7790

64 Passaic Street, Hackensack, NJ 07601

Minor household repairs without charge (except for materials).

Rebuilding Together North Jersey**201-447-8886**

PO Box 1389 Ridgewood, NJ 07451

Provides critical home repairs and accessibility modifications at no cost for low-income homeowners. Installs
smoke alarms and carbon monoxide detectors at no cost for low-income seniors and anyone with a disability.**Safely@Home – Home Improvements/Repairs****201-518-1175**

10 Link Drive, Rockleigh, NJ 07547 -

A program of the Jewish Home Family, Safely@Home is an on-a-need-bases and
subscription-bases service providing home modifications for seniors, as well as a
one-stop-shop hotline for trusted service providers for routine and emergency
maintenance.<http://jewishhomefamily.org/safely>

Affordable and Subsidized Housing Resources

NJ Housing Resource Center (NJHRC)

Free, online searchable registry for affordable and accessible housing units throughout the state of NJ including affordable rental housing, affordable for-sale housing, and housing with accessibility features.

<http://www.njhrc.gov/>

Housing Authority of Bergen County

One Bergen County, 2nd Floor, Hackensack, NJ 07601

201-336-7600

Housing Authorities Municipal

Cliffside Park, 500 Gorge Road

201-941-0655

Edgewater, 300 Undercliff Ave.

201-943-6000

Englewood, 111 West Street

201-871-3451

Fort Lee, 1403 Theresa Drive

201-947-7400

Garfield, 71 Daniel P. Conti Court

973-340-4170

Hackensack, 65 First Street

201-342-4280

Lodi, 50 Brookside Avenue

973-470-3653

Subsidized Housing (Non-Profit and For-Profit Sponsors):

Englewood, Greater Englewood Housing

201-871-0178

1 Rock Creek Terrace

Englewood, Garrett Apartment

201-569-8963

130 Grand Avenue

Fairview, Eastview Towers

201-567-0070

370 Fairview Avenue

Fort Lee, Malcolm Towers

201-944-5270

475 Main Street

Fort Lee, Mediterranean House

201-944-5015

505 North Avenue

Hasbrouck Heights, Hasbrouck Heights Senior Housing

201-592-8118

245 Hamilton Ave.

Hillsdale, Hillsdale House

201-666-5290

32 Piermont Avenue

Leonia, Leonia Retirement Housing Corps

201-947-9779

270 Glenwood Avenue

Maywood, Lydecker Manor

201-368-0926

150 East Passaic Street

Paramus, Paramus Senior Housing

201-845-8090

200 Garden State Blvd.

Ramsey, The Woodlands at Ramsey

201-818-0230

141 Prince Street

Ridgefield Park, Ryan Lombardi Apartments

201-440-9621

278 Main Street

Rutherford, Rutherford Senior Manor

201-438-7327

67 Kipp Avenue

Ridgewood, Ridgecrest Senior Housing

201-444-0722

7-11 Ridge Road Teaneck, Teaneck Senior Housing	201-833-1033
5 Dogwood Lane Tenafly, Tenafly House	201-569-7933
357 Tenafly Road Westwood, Westwood House	201-666-1778
100 Madison Avenue	

Other Housing Arrangements

Adult Retirement Communities

<u>Brookside Village</u> 20, 40 & 60 Blanch Avenue, Harrington Park, NJ 07640 (Adult Community)	201-768-0365
<u>Glen Courts Senior Citizens Apartments</u> 1 Glen Avenue, Glen Rock, NJ 07452 (Independent Living)	201-445-5276
<u>St. Peter the Apostle Senior Residence</u> 415 Fifth Avenue, River Edge, NJ 07661 www.stpetersresidence.org	201-225-0707

Licensed Boarding homes/Shared Living Arrangements

<u>Carner House</u> 280 Larch Avenue, Bogota, NJ 07603	201-342-8940
<u>SHARE Incorporated</u> The Cottage Place & Prospect Place 130 Prospect St., Ridgewood, NJ 07450	201-670-9605
<u>Hillcrest Residence at Christian Health Care</u> 301 Sicomac Ave., Wyckoff, NJ 07481	201-848-5200
<u>Shared Housing</u> Women's Rights Information Center 108 West Palisade Avenue, Englewood, NJ 07631	201-568-1166

IN-HOME SERVICES

Meals on Wheels

Bergen County Division of Senior Services

201-336-7420

Meals on Wheels Program

One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601

seniors@co.bergen.nj.us

Persons who meet the following criteria may be eligible for enrollment:

- Bergen County Resident
- Age 60 years and older
- Homebound and unable to shop and/or prepare a nutritious meal for oneself
- Receives in-home assistance for no greater than 4 hours per day
- Does not require a special diet

Weekday meals, Monday – Friday. Clients have a choice between the Hot Meal Plan or the Frozen Meal plan.

Hot Meal Plan:

One hot meal delivered each weekday Monday – Friday

Frozen Meal Plan:

Five fully cooked, flash frozen meals delivered once a week on a specified day.

Weekend meals are available for nutritionally high-risk clients only.

Community Meals, Inc.

201-447-8295

C/O Christ Church, 105 Cottage Place, Ridgewood, NJ 07450

www.communitymealsonwheels.org

Serving those of all ages that are ill or disabled. Special diet meals available. Two meals per day, Monday – Friday.

Serving: Allendale, Glen Rock, Ho Ho Kus, Midland Park, Ridgewood, parts of Saddle River and Waldwick.

Fair Lawn Meals on Wheels

201-794-5333

Fair Lawn dept. of Human Services, 8-01 Fair Lawn Avenue, Fair Lawn, NJ 07410

Homebound or disabled of all ages that require a special diet.

Two meals per day, Monday – Friday. Serving: Fair Lawn.

Jewish family & Children's Services of North Jersey (Kosher)

201-796-5151

17-10 River road, Fair Lawn, NJ 076410

One hot meal per day, weekdays & weekends, serving Fair Lawn and Elmwood Park.

Jewish Family Services of Bergen County (Kosher) **201-837-9090**
1485 Teaneck Road, Teaneck, NJ 07666
One meal per day, Monday – Friday. Serving Bergenfield, Cliffside Park, Dumont, Edgewater, Englewood, Englewood Cliffs, Fairview, Fort Lee, Glen Rock, Hackensack, Lodi, Maywood, New Milford, Paramus, Ridgefield Park, Ridgewood, Teaneck, Tenafly.

Pascack Valley Meals on Wheels **201-358-0050**
100 Madison Ave., Westwood, NJ 07676
Office hours: 9:00 am- 4:00 pm
Services homebound persons of all ages
Hot lunch and sandwich delivered, Monday – Friday,
For \$7.35 per day: or one hot meal for a donation based upon availability.
Special diet meals available.
Serving: Alpine, Closter, Cresskill, Demarest, Dumont, Emerson, Franklin Lakes, Harrington Park, Haworth, Hillsdale, Mahwah, Montvale, New Milford, Northvale, Norwood, Oakland, Old Tappan, Oradell, Paramus, Park Ridge, Ramsey, River Edge, River Vale, Rockleigh, Saddle River, Tenafly, Upper Saddle River, Washington Township, Westwood, Woodcliff Lake.
www.pvmealsonwheels.org

Wyckoff Meals on Wheels **201-891-4840**
Town Hall, Franklin Avenue, Wyckoff, NJ 07481
All ages, Monday – Friday, special diets available. Serving: Wyckoff.

Moms Meals **1-877-508-6667**
Fresh made meals delivered to clients. Special diet menus
www.momsmeals.com

In-Home Physician Services

Community House call Physicians **201-536-9000**
196 Jewett Avenue, Jersey City, NJ 07304
Provides medical care to patients who have difficulty getting out of their homes. Nurse practitioners make house calls under a physician’s supervision. Medicare covers 80% of the cost.
Serving Bergen, Hudson, Essex Counties.

Visiting Physician **732-571-1000 or 888-771-3338**
615 Hope Rd, Building 5 A Eatontown, NJ 07724
Provides medical care to patients who have difficulty getting out of their homes.

In-Home Emergency Response Systems

<u>Lifeline Device</u> (Administered through local hospitals)	800-543-3546
<u>Hackensack University Medical Center</u> 30 Prospect Avenue, Hackensack, NJ 07601	201-996-2050
<u>Holy Name Medical Center Home Care</u> 222 Cedar Lane, Teaneck, NJ 07666	201-833-3740
<u>Valley Home Care</u> 15 Essex Road, Paramus, NJ 007652	201-291-6233
<u>Bergen County Wellness Check Program</u> A daily electronic phone call will be made at a self-designated time. If the system cannot make contact, a call will be placed to designated family or friends. Available free of charge to Bergen County residents over the age of 60, homebound or disabled.	201-336-7400

Telephone Reassurance/ Friendly Visitors

<u>Kip Senior Center: Bridge Builders Program</u> 55 Kip Avenue Rutherford, NJ 07070 This program serves those in South Bergen County who are isolated seniors, adults with disabilities, or temporarily incapacitated and are in need of in-home support service and companionship.	201-460-1600
<u>CHEER CALLERS</u> Visiting Homemaker Service of Bergen County Inc. 298 Union Street, Hackensack, NJ 07601 Daily phone calls to homebound elderly adults.	201-488-0041
<u>Telephone Reassurance and Friendly Visitors Program</u> Jewish Family Service 1485 Teaneck Rd., Teaneck, NJ 07666	201-837-9090

Home Health Care Services

Commission on Accreditation for Home Care, Inc.

154 South Street, 2nd floor
New Providence, NJ 07974

CAHC lists Accredited Agencies in good standing that service Bergen County.

(e-mail:info@cahcnj.org)

908-508-1200

fax: 973-508-1205

Bridgebuilders HOME FRIENDS

Kip Center – 55 Kip Avenue, Rutherford, NJ 07070

In-Home support services e.g. companionship; escort for shopping, errands, transportation needs, medical appointments, senior center visits; telephone contact; modified respite care; light household chores; light meal preparation; arranging doctor appointments, etc.

201-460-1600

CHEER Program/ Visiting Homecare

Visiting Homemaker Service of Bergen County, Inc.

298 Union Street, Hackensack, NJ 07601

Help with shopping, errands, light housekeeping, etc.

(Not available in all towns)

201-488-0041

Grooming Services

The Traveling Barbers

PO Box 562, Trenton NJ 08603

In-home hair care by licensed barbers and hairstylists at the homes of those who have trouble making the trip to a conventional barbershop or hair salon.

<http://www.thetravelingbarbers.com/>

609-672-6579

CAREGIVERS SUPPORT SERVICES

Adler Aphasia Center Caregivers Support Group 201-368-8585
60 West Hunter Avenue, Maywood, NJ07607
Meets every second Monday of month 7:00pm-9:00pm
Contact Elissa Goldstein
egoldstein@adleraphasiacenter.org

Bergen Family Center 201-568-0817
44 Armory Street, Englewood, NJ 07631
A Caregiver Support Group for caregivers-group discussion
Information access to resources, etc.

Care2Caregivers 800-424-2494
151 Centennial Avenue, Piscataway, NJ 08854
Free, ongoing peer support for caregivers taking care of people with dementia
care@care2caregivers.com
www.care2caregivers.com/

Caregiver's Coalition 201-336-7427
**Division of Senior Services, Advisory Council's Education
Committee**
1 Bergen County Plaza 2nd floor, Hackensack, NJ 07601
Programs include the "Caregiver Chronicles (newsletter),
"The Challenge of Caregiving" (a panel to formal and informal
caregivers), and "Caregivers Corner"(a compassionate ear).

NJ Self-Help Group Clearinghouse 800-367-6274
www.njgroups.org 973-989-1122
Maintains a database of information of over 4,000 self-help support groups in
the U.S. and over 800 Organization: provides information and referral
services: also trains people to find and form self-help groups.
Go to www.njgroups.org to download the Self-Help Support Group directory.

National Organization for Empowering Caregivers 212-817-1204
(NOFEC)
425 West 23rd Street #9B, New York, NY 10011
Empowering caregivers with resources, private counseling
and healing circle.
www.care-givers.com.

Family Caregiver Alliance 800-445-8106
National center on caregiving provides education information
with fact sheets on caregiving & depression, dementia behavior
and caregiving planning, etc.

- The Gallen Center's Caregiver Support Group** **201-784-1414**
A program from the Jewish Home Family
 10 Link Drive, Rockleigh, NJ 07647
<http://JewishHomeFamily.org>
 In conjunction with the Alzheimer's Association, Greater New Jersey Chapter, Caregiver Support Groups are held once a month, free of charge and open to the public. Facilitated by the Gallen Adult Day Health Care Center's professional staff, the group addresses the emotional and practical issues of caring for a loved one in a supportive atmosphere.
- Holy Name Medical Center Caregiver Support Group** **201-833-3757**
Holy Name Medical Center Day Away Center
 725 Teaneck Road, Teaneck, NJ 07666
- Care One at the Cupola, Caregiver Support Group** **201-444-8200**
 W. 100 Ridgewood Avenue, Paramus, NJ 07652
 1st Wednesday of the Month at 5:30 pm
- Sunrise Assisted Living of Paramus, Caregiver Support Group** **201-493-9889**
 567 Paramus Road, Paramus, NJ 07652
 3rd Sunday of the Month at 4:00 pm
- Sunrise Assisted Living of Basking Ridge** **908-542-9000**
 404 King George Road, Basking Ridge, NJ 07920
 3rd Wednesday of the Month at 7:00 pm
- Vantage Health System, Inc., Caregiver Support Group** **201-385-4400**
 2 Park Avenue, Dumont, NJ 07629
 Spouse Caregivers Support Group: Meets twice-monthly. Spouse caregivers dine and discuss caregivers issues & spouse care recipients are supervised with therapeutic activities & dinner. Agency also has an Adult Child support group. Call for days and time.
- Kaplen JCC on the Palisades, Caregiver Support Group** **201-408-1450**
Kaplen Adult Reach Center **201-569-7900 ext. 439**
 411 East Clinton Avenue
 Tenafly, NJ 07670
 Caregiver's support group, meets twice a month, 2nd Monday at 7:00 pm and 4th Tuesday at 10:30am .
- The Caregiver Initiative** **1-855-764-4673**
 A website containing information and support for caregivers.
www.strengthforcaring.com
- The Family Support Center of NJ** **201-262-4621**
 205 Robin Road Suite 202
 Paramus, NJ 07652
- Parkinson's Support Group** **973-420-5716**
 of the Greater Ridgewood Area
 Cedar Hill Christian Reformed Church
 422 Cedar Hill Avenue, Wyckoff, NJ 07481

Dorot Caregivers' Connection

Informational workshops and support groups are conducted through telephone conference calls. Caregivers can share concerns, exchange suggestions, and get much needed information in the comfort of their home.
www.dorotusa.org

212-769-2850
1-877-819-9147

Caregivers Handling Crisis**Adult Protective Service**

Investigates reports of suspected abuse, neglect, and exploitation of vulnerable adults living in the community.

201-368-4300

Psychiatric Emergency Screening Program (PESP)

Care Plus NJ, Inc.
610 Valley Health Plaza, Paramus, NU 07652
A Division of Care Plus NJ, Inc. is the designated screening center for Bergen County. Services are available 24 hours per day, 365 days per year.

201-262-4357

Care 2 Caregivers

Peer Support Helpline for Dementia Caregivers
Provides peer support, guidance on coping with dementia in a loved one. Also provides counseling and education as well as call or. Email: care@care2caregivers.com

800-424-2494

Grandparents as Caregivers**HOTLINE: Kinship Navigator**

Information, referral and advocacy services for family caregivers.
Kinship Caregivers – P.O. Box 717, Trenton, NJ 08625
Request a copy of the brochure which lists services for grandparents raising grandchildren. Also, inquire about available services and benefits.

609-888-7400

Family Support Organization of Bergen County

0-108 29th St., Fair Lawn, NJ07410
A family-run, county-based nonprofit that provides education, advocacy, support groups, and workshops for families and caregivers.

201-796-6209

Family Support FSOBC Support Groups

201-796-6209 ext; 102

Bergen County Division of Family Guidance

1 Bergen County Plaza 2nd Floor
Hackensack, NJ 07601
Juvenile/Family Crisis Unit Hotline
All youth under 18 years old.

201-336-7350

Respite Care Services

Respite programs offer temporary relief for caregivers to help alleviate some of the physical and emotional demands associated with caregiving. Services available may include companions, homemaker, home health aides, medical/social adult day care, short-term inpatient care, skilled nursing, etc. Call individual programs to inquire about eligibility requirements and waiting lists.

Statewide Respite Care Program

201-336-6500

Bergen County Division on Disability Services
One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601
Provides relief services e.g. homemakers/home health aides, medical or social adult day care, short-term inpatient care, camp, assisted living, (skilled nursing) to caregivers.
Call to inquire about eligibility requirements.

Bergen Regional Medical Center

201-967-4073

Long-Term Care Division
230 East Ridgewood Avenue, Paramus, NJ 07652
Provides temporary residential care (beds) for a minimum of 3 days and up to 30 days. Meals are provided, as well as round the clock nursing care. Must complete application. Call to inquire about fees and/or to visit the facility. Medicaid and private pay.

Volunteer Social Respite Care Program

201-291-6246

Valley Home & Community Health Care, Inc.
15 Essex Rd., Paramus NJ, 07652
Volunteer program that is strictly “social” respite services; must be homebound and have a caregiver. Priority given to Valley Hospital patients. (*There is a waiting list; to apply and/or inquire about waiting list, call the above number.)

Alzheimer’s New Jersey

888-280-6055

The Respite Care and Wellness Program
400 Morris Avenue, Suite 251, Denville, NJ 07834
www.alznpj.org

973-586-4300

***NOTE:** Some home health agencies provide respite care services; call agencies to inquire about fees for service. Also, there are nursing homes that provide respite beds on a temporary basis; call individual nursing homes to inquire about respite beds.

LONG TERM CARE SERVICES

Care Management

One-stop service planning for older adults and people with a disability-comprehensive assessment of needs and assistance with linkage to programs and services.

Bergen Family Center

44 Armory Street
Englewood, NJ 07631
www.bergenfamilycenter.org

201-568-0817
ext. 127

Catholic Charities-Older Adult Services

57 Pink Street
Hackensack, NJ 07601
www.ccannj.org

201-265-3840

Friends of Grace Seniors, Korean Community Center

100 Grove Street
Tenafly, NJ 07670
www.kccus.org

201-541-1200

Heightened Independence & Progress (HIP)

131 Main Street, Suite 120
Hackensack, NJ 07601
www.ber@hipcil.org

201-996-9100

Jewish Home at Home

10 Link Drive, Rockleigh, NJ 07647
<http://jewishhomefamily.org/JHaH/>
Sliding scale for those people who are financially eligible.

201-784-1414

Jewish Family Services

1485 Teaneck Road
Teaneck, NJ 07666
www.jfsbergen.org

201-837-9090

Jewish Family Services of North Jersey

1 Pike Drive Wayne, NJ 07470
inf@jsfnorthjersey.org

973-595-0111

H.O.P.E. Individual and Family Services

259 Passaic Street, Hackensack NJ 07601
Monday- Friday 9:00am-4:00pm
Opportunity, prevention, and education for ex-offenders.
www.hopeforexoffendersinc.org

201-646-1995

Aging Care Association Care Management **521-881-8008**
National Organization
3275 West Ina Road Suite 130
Tuscan, Az. 85741
www.aginglifecare.org

Mental Health Service for Care Management **201-848-5200**
Christian Health Care, Ramapo Ridge
301 Sicomac Avenue, Wyckoff, NJ 07481
www.CHCCNJ.org

H.O.P.E. Individual and Family Services **201-646-1995**
259 Passaic Street, Hackensack NJ 07601
Monday- Friday 9:00am-4:00pm
Opportunity, prevention, and education for ex-offenders.
www.hopeforexoffendersinc.org

Adult Day Care Programs

The ever-increasing number of people who live to advanced years and whose functional levels are impaired has created a need for a broad range of community-based services to assist those older persons, younger disabled adults, and their families as caregivers. An adult day care program provides multiple health and social services in a congregative setting, enhancing the daily lives of the program's participants and enabling their continued involvement in the community. These facilities provide a segment of time during the day or evening for the family/caregivers to engage in activities suitable to their personal needs. Transportation may be available

Adult Medical Day Care **201-773-9090**
22-08 Route 208 , Fair Lawn, NJ 07410
Medical Day Care

Bergen Family Center **201-568-0817 ext. 121**
44 Armory Street, Englewood, NJ 07631
Social Day Care for the frail

Bergen Regional Medical Center Day Health Center **201-967-4000**
230 East Ridgewood Avenue, Paramus, NJ 07652
Medical Adult Day Care

Broadway Medical Adult Day Care **201-797-1177**
24-20 Broadway, Fair Lawn, NJ 07410
Medical Adult Day Care

Saint Peters the Apostle Day Care **201-261-3048**
415 5th Avenue, River Edge, NJ 07661
Alzheimer & Dementia

<u>Christian Health Care Center</u> 301 Sicomac Avenue, Wyckoff, NJ 07481 Medical/ Social Adult Day Care (Alzheimer)	201-848-5829
<u>Comprehensive Behavioral Healthcare Inc.</u> 516 Valley Brook Avenue, Lyndhurst, NJ 07071 Medical Adult Day Care Alzheimer & Dementia	201-935-3322
<u>Christian Health Care Center</u> 301 Sicomac Avenue, Wyckoff, NJ 07481 Medical/ Social Adult Day Care (Alzheimer)	201-848-5829
<u>Comprehensive Behavioral Healthcare Inc.</u> 516 Valley Brook Avenue, Lyndhurst, NJ 07071 Medical Adult Day Care	201-935-3322
<u>Day Away Holy Name Medical Center</u> 718 Teaneck Road, Teaneck, NJ 07666 Medical Adult Day Care	201-833-3740
<u>Gallen Day Center - Adult Day Care Programs</u> <u>Jewish Home at Rockleigh</u> 10 Link Drive, Rockleigh, NJ 07674 Medical Day Care	201-784-1414
<u>Good Shepard Adult Day Care</u> 725 Valley Brook Avenue, Lyndhurst, NJ 07071 Medical Day Care	201- 933-0711
<u>Independence Place Rochelle Park</u> 96 Parkway, Rochelle Park, NJ 07662 Social Day Care	201-368-7705
<u>Kaplen JCC on the Palisade ARC program</u> 411 E. Clinton Avenue, Tenafly, NJ 07670 Social Adult Day Care	201-569-7900
<u>Long Life Adult Day Care</u> 596 Anderson Avenue, Cliffside Park, NJ 07010 Medical Adult Day Care	201-943-7111
<u>My Home Adult Day Care Center Inc.</u> 217 Hergesell Avenue, Maywood, NJ 07607 Medical Adult Day Care	201-291-8811
<u>New Life Medical Day Care Center</u> 340 Evelyn Street, Paramus, NJ 07652	201-265-0606

<u>Peaceful Adult Day Care</u> 101 Industrial Road Suite C. Little Ferry NJ 07643 Medical (speak Korean)	201-870-6265
<u>Patriot Elder Care</u> 15 North Fifth Street Unit 101 Saddle Brook, NJ 07663	201-880-7755
<u>Regency Memory Daycare</u> 91 Route 4 East River Edge, NJ 07661 Alzheimer's & Dementia	201-525-2200
<u>Senior Connection Adult Day Care</u> 164 Franklin Turnpike, Waldwick, NJ 07463	201-857-3558
<u>Spectrum Adult Day Health Care Program</u> 1200 River Road, Teaneck, NJ 07666 Medical Adult Day Care	201-836-3721
<u>Sunshine Adult Day Care</u> 16 N. Washington Avenue, Bergenfield, NJ 07621 Medical Adult Day Care	201-387-8500
<u>Vantage Health System Adult Day Care</u> 2 Park Avenue, Dumont, NJ 07628 Medical Adult Day Care	201-385-4400

Hospice Service/End of life

<u>New Jersey Hospice & Palliative Care Organization (NJHPCO)</u> 175 Glenside Avenue, Scotch Plains, NJ 07076 Offers services and provides information for hospices serving any New Jersey community. www.thehospice.org	908-233-0060
<u>Compassionate Care Hospice</u> www.compassionate-care.com	201-796-5600
<u>Care Alternative Hospice</u> 70 Jackson Dr., Cranford, NJ07016 www.carealt.com	908-931-9080
<u>Holy Name Medical Center Home Care – Hospice Unit</u> 718 Teaneck Rd, Teaneck, NJ 07666	201-833-3740
<u>Hospice Care Of Hackensack</u> 25 East Salem Street, Hackensack, NJ 07601	201-342-7766
<u>Palliative Care</u>	888-865-5103
<u>Life source Services Hospice, LLC</u> 230 East Ridgewood Ave., Suite 307, Paramus, NJ 07652	201-967-4313
<u>Valley Homecare and Hospice</u> 15 Essex Road, Paramus, NJ 07652	201-291-6000
<u>Villa Marie Claire</u> 12 West Saddle River Road, Saddle River, NJ 07458	201-783-8870

NOTE: Some nursing homes provide hospice beds. Call individual nursing homes to inquire.

Assisted Living, Residential Health Care Facilities and Nursing Homes

Call the New Jersey Department of Health and Senior Services, Division of Long Term Care Systems Development & Quality at 1-800-367-6543 or www.state.nj.us/health to receive a free copy of: Selecting a Long-Term Care Setting – A Guide for New Jersey Consumers. This guide gives step-by-step advice in selecting nursing homes; descriptions of health care options; checklists of questions to ask; a directory of nursing homes, residential health care facilities and assisted living facilities throughout the state of New Jersey which are grouped by county. The directory also gives a profile on each nursing home, indicates size, Staff to patient ratio, and the number of valid complaints about the facility.

To check the quality of the nursing homes in Bergen County and throughout the State of New Jersey, log onto www.medicare.gov or www.state.nj.us/health

Quality of Care Issues / Ombudsman

NJ Department Of Health & Senior Services

877-582-6995

OFFICE OF ONBUDESMAN

P O Box 852, Trenton, NJ 08625

Promotes & protects the rights, health, safety and welfare of seniors, age 60+ and in certain healthcare facilities (e.g. nursing homes, residential healthcare facilities, etc.) investigates specific complaints/reports of abuse.

Nursing Home Volunteer Advocacy Program

201-568-0817

Bergen Family Center

Ext. 121

44 Armory Street, Englewood, NJ 07631

Trained volunteers advocate for residents of NH, providing socialization and help with any concerns about their personal situation and care.

Assisted Living

Actor's Fund Home

155-175 West Hudson Avenue, Englewood, NJ 07631
Retired Theatrical Persons/Multi-Level Facility/
Connected with a nursing home.

201-871-8882

Brandywine Senior Living

814 Wyckoff Avenue, Mahwah, NJ 07430

201-800-8070

Brighten Gardens of Saddle River

5 Brookline Road, Saddle River 07458

201-818-8680

Brightview

55 Hudson Avenue, Tenafly, NJ 07670

201-510-2060

Bright Side Manor

300 Teaneck Road, Teaneck, NJ 07666

Licensed Comprehensive Personal Care Home that provides assisted living services to people 60 and older. Serves older adults of all income levels. Accepts Medicaid without a private pay spend-down period.
www.brightsidemanor.org

201-692-1000

Bristol at Woodcliff Lake

364 Chestnut Ridge Road, Woodcliff Lake, NJ 07677

201-505-9500

Brookdale Senior Living Paramus

186 Paramus Road , Paramus, NJ 07652

201-251-9600

Brookdale Senior Living Emerson

590 Old Hook Road, Emerson, NJ 07630

201-986-9009

Chestnut Hill Residence

338 Chestnut Street, Passaic, NJ 07055

973-777-7800

Christian Health Care Center

301 Sicomac Avenue, Wyckoff, NJ 07481

201-848-5855

Care One at the Cupola

West 100 Ridgewood Avenue, Paramus, NJ 07652

(Residential Health Care Facility/Assisted Living retirement Residence)
Connected with a nursing home

201-444-8200

Evergreen Court Retirement Residence

65 Lafayette Street , Spring Valley, NY 10977
Affordable Assisted Living; SSI Accepted.

845-356-7700

<u>Heritage Point of Teaneck</u> 600 Frank W. Burr Blvd., Teaneck, NJ 07666	201-836-9260
<u>Jewish Home Assisted Living Kaplen Family Senior Living</u> 685 Westwood Ave., River Vale, NJ07675 Glatt Kosher community and is a non-sectarian community open to all seniors regardless of race, religion, and national origin. Connected with a nursing home	201-666-2370
<u>The Longview</u> 301 Sicomac Avenue, Wyckoff, NJ 07481	201-848-5200
<u>Mill Pond & Plaza Regency</u> 124 Noyes Drive, Park Ridge, NJ 07656	201-782-0440
<u>Mill Gardens at Midland Park</u> 36 Faner Road, Midland Park, NJ 07432	201-639-3797
<u>5 Star Premium Residence</u> 655 Pomander Walk Street A, Teaneck, NJ 07666	201-836-3634
<u>Sunrise Assisted Living</u> 3 Tenakill Park E., Cresskill, NJ 07626	201-871-0300
<u>Sunrise Assisted Living</u> 351 River Road, Edgewater, NJ 07020	201-941-6111
<u>Sunrise Assisted Living</u> 195 Old Tappan Road, Old Tappan, NJ 07675	201-750-1110
<u>Sunrise Assisted Living</u> 567 Paramus Road, Paramus, NJ 07652	201-493-9889
<u>Sunrise Assisted Living</u> 5 Boroline Road, Saddle River, NJ 07458	201-818-8680
<u>Sunrise Assisted Living</u> 430 Chestnut Ridge Road, Woodcliff Lake, NJ 07677	201-782-1888

Residential Care Homes for People with Alzheimer's/Dementia

<u>Memory Care Living at Cresskill</u> 248 Madison Avenue, Cresskill, NJ 07626	201-368-7070
<u>Memory Care Living at Hillsdale</u> 45 Pascack Road, Hillsdale, NJ 07642	201-722-9900
<u>Memory Care Living at Mahwah</u> 699 Wyckoff Avenue, Mahwah, NJ 07430	201-848-8088
<u>Memory Care Living at Paramus</u> 143 North Farview Avenue, Paramus, NJ 07652	201-634-0588
<u>Memory Care Living at Park Ridge</u> 103 Kinderkamack Road, Park Ridge, NJ 07656	201-391-4310
<u>Memory Care Living at Ramsey</u> 38 North Central, Ramsey, NJ07446	201-818-6855
<u>Memory Care Living at Woodcliff Lake</u> 290 Werimus Road, Woodcliff Lake, NJ 07675	201-476-0677

Residential Health Care Facilities

Residential Health Care Facilities are licensed by the State Department of Health and Senior Services. A licensed physician must certify that the resident does not have a medical or personal care needs which exceed the level of services provided in a residential health care facility.

The main purpose of this level of care is that it provides for many individuals (who are primarily elderly) and their families, a delivery system that allows for a home-like atmosphere, while maintaining continuous supervision of health care and daily activity needs.

Licensed Residential Health Care Facilities provide the following services:

(1) 24-hour supervision; (2) Provision of Assistance with personal hygiene, management of funds for clothing and other purchases and supervision of all medication; (3) Health Maintenance and Monitoring Services include assessment of medical, social, and health history needs and corresponding plans to meet those needs. (Registered Nurse);

(4) Dietary Services; (5) Arrangement for activity participation in and outside the facility.

The Atrium

201-825-0660

Allendale Community for Mature Living
Mailing: 85 Harreton Road, Allendale, NJ 07401
Visiting: 65 Route 17 South, Allendale, NJ 07401
(Residential Health Care and Multi-Level Facility)
* Connected with a nursing home

Buckingham at Norwood

201-768-6222

100 McClellan Street, Norwood, NJ 07648

Classic Residence by Hyatt

201-836-7474

655 Pomander Walk
Teaneck, NJ 07666

Hillcrest Residence

201-848-5856

301 Sicomac Avenue, Wyckoff, NJ 07481
(Residential Health Care Facility/Multi-Level Facility)
*Connected with a nursing home, Independent Living,
Psychiatric Hospital & Assisted Living

Home for Armenian Aged

201-261-6662

70 Main Street Emerson, NJ 07630
(Residential Health Care Facility/Multi-Level Facility –
Medicare/Medicaid certified)
*Connected with a nursing home

Waterfront Rest Home

201-391-2442

210 Broadway, Woodcliff Lake, NJ 07675

Nursing Homes

<u>The Actor's Fund Home</u> 155 West Hudson Avenue, Englewood, NJ 07631 For retired theatrical persons (Medicare/Medicaid/Private Pay)	201-871-8882
<u>Alaris Health Care Center</u> 96 Parkway, Rochelle Park, NJ 07662 (Medicare/Medicaid/Private)	201-845-0099
<u>Allendale Nursing Home</u> 85 Harreton Road, Allendale, NJ 07401 (Medicare/Medicaid/Private Pay)	201-825-0660
<u>Armenian Nursing & Rehabilitation Center</u> 70 Main Street, Emerson, NJ 07630 (Medicare/Medicaid/Private)	201-261-6662
<u>Bergen County Health Care Center</u> 35B Piermont Road, Rockleigh, NJ 07647 (Medicare/Medicaid/Private)	201-750-8310
<u>Bergen Regional Medical Center</u> 230 E. Ridgewood Avenue, Paramus, NJ 07652 (Medicare/Medicaid/Private)	201-967-4170
<u>Buckingham At Norwood</u> 100 McClellan Street, Norwood, NJ 07648 Buckingham has a dedicated unit for Korean patients (Medicare/Medicaid/Private Pay)	201-768-6222
<u>Care One At Cresskill</u> 221 County Road, Cresskill, NJ 07626 (Medicare/Private Pay) *Participates in the Statewide Respite Program	201-567-9310
<u>Care One At Ridgewood Avenue</u> 90 West Ridgewood Avenue, Paramus, NJ 07652 (Medicare/Private Pay)	201-652-1950
<u>Care One At Teaneck</u> 544 Teaneck Rd., Teaneck, NJ07666 (Medicare/Private Pay)	201-862-3300
<u>Care One At Valley</u> 300 Old Hook Road, Westwood, NJ 07675 (Medicare/Medicaid/Private)	201-664-8888

<u>Care One At Wellington</u> 301 Union Street, Hackensack, NJ 07601 (Medicare/Medicaid/Private)	201-487-4900
<u>Christian Health Care Center</u> 301 Sicomac Avenue, Wyckoff, NJ 07481 (Medicare/Medicaid/Private Pay)	201-848-5200
<u>County Manor Health Care & Rehabilitation</u> 133 County Road, Tenafly, NJ 07670 (Medicare/Medicaid/Private Pay)	201-567-7800
<u>Daughters Of Israel Geriatric Center</u> 1155 Pleasant Valley Way, West Orange, NJ 07052 (Located in Essex County) (Medicare/Medicaid/Private)	973-731-5100
<u>Daughters Of Miriam Center</u> 155 Hazel Street, Clifton, NJ 07015 (Located in Passaic County) (Medicare/Medicaid/Private)	973-772-3700
<u>Dellridge Health & Rehabilitation Center</u> 532North Fairview Avenue, Paramus, NJ 07652 (Medicare/Medicaid/Private)	201-265-5600
<u>Emerson Health Care Center</u> 100 Kinderkamack Road, Emerson, NJ 07630 (Medicare/Medicaid/Private)	201-265-3700
<u>Inglemoor Center</u> (Genesis Elder Care Facility) 333 Grand Avenue, Englewood, NJ 07631 (Medicare/ Medicaid/Private Pay)	201-568-0900
<u>Jewish Home at Rockleigh</u> Rehabilitation Center 10 Link Drive, Rockleigh, NJ 07647 (Medicare/Medicaid/Private)	201-784-1414
<u>Lincoln Park Care Center</u> 499-521 Pine Brook Road, Lincoln Park, NJ 07035 (Located in Morris County) (Medicare/Medicare Private) *Intermediate Care Center also.	973-696-3300
<u>Maple Glen Center Nursing & Rehabilitation</u> (Genesis Elder Care Facility) 12-15 Saddle River Road, Fair Lawn, NJ 07410 (Medicare/Medicaid/Private Pay)	201-797-9522

<u>Maywood Center For Health & Rehabilitation</u> 100 West Magnolia Ave., Maywood, NJ 07607 (Medicare, Medicaid, Private Pay)	201-843-8411
<u>Oakland Rehabilitation & Health Care Center</u> 20 Breakneck Road, Oakland, NJ 07436 (Medicare/Medicaid/Private)	201-337-3300
<u>Oradell Health Care Center</u> 600 Kinderkamack Road, Oradell, NJ 07649 (Medicare/Medicaid/Private)	201-967-0002
<u>Plaza Regency At Park Ridge</u> 120 Noyes Dr., Park Ridge, NJ07656 (Medicare/Medicaid/Private Pay)	201-505-1777
<u>Prospect Heights Care Center</u> 336 Prospect Ave., Hackensack, NJ07601 (Medicare/ Medicaid /Private Pay)	201-678-1800
<u>Regent Care Center</u> 50 Polifly Road, Hackensack, NJ 07601 (Medicare/Medicaid/Private)	201-646-1166
<u>Ridgewood Center</u> (Genesis Elder Care Facility) 330 Franklin Turnpike, Ridgewood, NJ 07450 (Medicare/Medicaid/Private)	201-447-1900
<u>Teaneck Nursing Home</u> 1104 Teaneck Road, Teaneck, NJ 07666 (Medicare/Medicaid/Private)	201-833-2400
<u>Van Dyk Nursing Home</u> 304 South Van Dien Avenue, Ridgewood, NJ 07450 (Medicare/Private)	201-445-8200
<u>Woodcliff Lake Health & Rehabilitation Center</u> 555 Chestnut Ridge Road, Woodcliff Lake, NJ 07677 (Medicare/Medicaid/Private)	201-391-0900
<u>Woodcrest Healthcare Center</u> 800 River Road, New Milford, NJ 07646 (Medicare/Medicaid/Private)	201-967-1700

NOTE: Some nursing homes provide respite beds/short stay services on a temporary basis. Call individual nursing homes to inquire.

MEDICAL & SURGICAL EQUIPMENT & SUPPLIES

Below is a partial list of vendors and the supplies they carry, sell and rent of bathroom safety equipment, canes, wheel chairs, walkers, hospital beds, oxygen, medical and diabetic supplies etc. call for more information.

NOTE: Medicare Part B (Medical Insurance) covers medically necessary durable medical equipment (DME) that is prescribed by your doctor for use in your home. Durable Medical Equipment (DME) prescribed must meet Medicare criteria. If the supplier accepts assignment, the cost is 20% of the Medicare-Approved amount, and part B deductible applies (however, some restrictions may apply). If you live in or visit certain areas, you may be affected by Medicare's Competitive Bidding Program. Contact suppliers in the bidding areas cannot charge more than the 20% coinsurance and any unmet yearly deductible for any equipment or supplies.

Check <https://medicare.gov/supplierdirectory> or call **1-800-MEDICARE (1-800-633-4227)** for further information.

Broadway Medical Supply Company **201-666-2112**
60 Washington Avenue, Westwood, NJ 07675
Medicare & Medicaid & Insurance
Mon-Fri 9:00am-5:30pm, Sat. 9:00am-3:00pm

Cornell Medical & Surgical Company **201-384-9000**
30 New Bridge Road, Bergenfield, NJ 07621 **800-267-6355**
Medicare & Medicaid & most Insurance
www.cornellsurgical.com
Mon.-Fri-9:00am-6:00pm
Closed Saturday; Sunday 9:00am-12:pm

G & D Surgical Company **201-567-0011**
225 North Dean Street, Englewood, NJ 07631
info@gdsurgical.com
Does not except insurance

Reliable Medical **201-883-1515**
238 High Street, Hackensack, NJ 07601
www.reliablemedical.org
Medicare & Medicaid
Mon-Fri. 8:00 am-5:00 pm

Stair Lifts

101 Mobility **973-947-6173**
5 Whipoorwill Lane , Rockaway, NJ

Alliance Mobility **201-507-8500**

SERVICES / KEY WORDS

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COUNTY OF BERGEN



James J. Tedesco III
County Executive

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